



Federal government halts work on part of pipeline project

By Dave Kolpack and James MacPherson

NEAR THE STANDING ROCK SIOUX RESERVATION, N.D. (AP) — The federal government stepped into the fight over the Dakota Access oil pipeline Friday, ordering work to stop on one segment of the project in North Dakota and asking the Texas-based company building it to “voluntarily pause” action on a wider span that an American Indian tribe says holds sacred artifacts.

The government’s order came minutes after a judge rejected a request by the Standing Rock Sioux to halt construction of the \$3.8 billion, four-state pipeline.

The tribe, whose cause has drawn thousands to join their protest, has challenged the Army Corps of Engineers’ decision to grant permits for the pipeline at more than 200 water crossings. Tribal leaders allege that the project violates several federal laws and will harm water supplies. The tribe also says ancient sites have been disturbed during construction.

The tribe’s chairman, Dave Archambault II, spoke at the state Capitol in front of several hundred people, some carrying signs that read “Respect Our Water” and “Water Is Sacred.” He called the federal announcement “a beautiful start” and told reporters that the dispute is a long way from over.

“A public policy win is a lot stronger than a judicial win,” he said. “Our message is heard.”

A joint statement from the Army and the Departments of Justice and the Interior said construction bordering or under Lake Oahe would not go forward and asked the Texas-based pipeline builder, Energy Transfer Partners, to stop work 20 miles to the east and west of the lake while the government reconsiders “any of its previous decisions.”

The statement also said the case “highlighted the need for a serious discussion” about nationwide reforms “with respect to considering tribes’ views on these types of infrastructure

projects.”

Vicki Granado, a spokeswoman for the company, said it had no comment.

The president of the North Dakota Petroleum Council said he was disappointed with the government’s decision to intervene and called it “flagrant overreach” that will result in more oil being moved by trucks and trains.

The 1,172-mile project will carry nearly a half-million barrels of crude oil daily from North Dakota’s oil fields through South Dakota and Iowa to an existing pipeline in Patoka, Illinois.

In denying the tribe’s request for a temporary injunction, U.S.

District Judge James Boasberg in Washington said that the court “does not lightly countenance any depredation of lands that hold significance” to the tribe and that, given the federal government’s history with the tribe, the court scrutinized the permitting process “with particular care.”

Nonetheless, the judge wrote, the tribe “has not demonstrated that an in-

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Greenhouse project cultivates healthy living harvesting fresh vegetables

By Latoya Lonelodge, Staff Reporter

The Greenhouse Project located in Concho and Watonga is a project underway that is expected to grow, not only vegetables but in production as well.

What seems to have started as a little garden of vegetables has expanded tremendously since starting in 2013.

“The Greenhouse will be a program for nutritional education. We’re collaborating with Head Start, R.E.Sp.E.C.T., Diabetes Program and the Food Distribution Program. Our program really reaches out to the children of the Head Start. We do walking clubs with the R.E.Sp.E.C.T. Program and Diabetes, which we should be starting back up within the next month and we do nutrition education demos collaborating Food Distribution and food packages,” Keith Lime, greenhouse supervisor said.

Working with the greenhouse has proven to be a job worthy of patience and dedication. The garden located in Watonga serves as the primary site while another garden in Concho is still in its early stages of planting. Once the Concho greenhouse is planted, fencing will be built and the garden will be complete. The greenhouse has also employed workers of its own to experiment with new and exciting food recipes.

ally well and in fact a couple of weeks ago I made a food demo and ended up making jalapeno cornbread. This next one I’m fixing to do, it’s going to be homemade salsa, we’re only making jalapenos right now. We tilled this whole plot right here that’s in the Watonga site and we planted cucumbers, zucchini, pumpkins and the squash as well; they’re turning out really well. The turnover rate for those should be within the next month or so,” Greenhouse Aide Sunny Hutchinson said.

The importance of the greenhouse exemplifies the significance of growing a garden and producing healthy vegetables. Vegetables that will soon be apart of people’s everyday cooking recipes.

“Pumpkins should be done by the end of November or at least by Thanksgiving. The cucumbers, they have a 45-day turnover rate. The zucchini and the squash have about a 60-day. The reason you have to plant them in time is because once the frost gets here, it’ll just kill them. That’s what we have the greenhouse for, is for starter seeds, that way whenever you start them in the greenhouse the greenhouse is a controlled environment so if it is frozen outside the seeds will be safe inside the greenhouse,” Hutchinson said.

As the project is a learning experience for its workers, it also involves challenges that



Greenhouse Project workers Ruben Stevenstar, Brian Sevenstar, Steven Washee, Sunny Hutchinson and supervisor Keith Lime give extra care to each seed they plant, harvesting fresh vegetables, which in turn harvests healthy lives. (Photo by Latoya Lonelodge)

gardens endure on a daily basis. Working outside and carefully tending to the growing vegetables is a job for those who are skillful and passionately dedicated to their work.

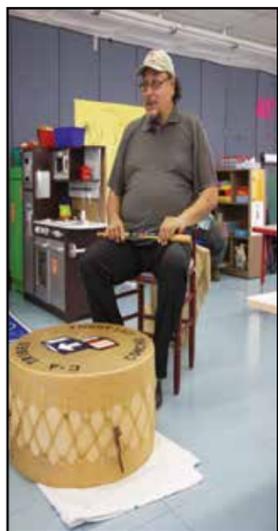
“I like the part where I get to work with my hands and actually be out here in the garden picking weeds and tending to the

plants themselves. It’s a good way to slow down and take everything in. It’s nice, peaceful and relaxing. That’s one of the points of the project is to get people involved that way they can recognize the peacefulness of

See Greenhouse project pg. 4

Native drum maker gifts drum to head start students

By Rosemary Stephens, Editor-in-Chief



Shawn Littlebear shares stories with the Concho Head Start students about the drum he dedicated to the center.

The sound of a Native drum is unmistakable. The deep resonating sound reaches into one's soul. Even children know the sound as their feet begin to move side to side, knees bending with every beat.

And it's the children Shawn Littlebear wanted to gift a powwow sized drum to at each of the three Cheyenne and Arapaho Head Start Centers.

"I wanted to make a drum for all you little boys and girls at head start, that you could touch, could feel, listen to its sound and even dance around," Littlebear told the students as they fixated on the drum sitting at his feet.

Littlebear played two songs for the children, explaining to them about each. The War Dance he told them

anyone could dance to, almost like an Inter-Tribal dance. The second, the Round Dance he explained was all about friendship.

"Does everyone know what a friend is?" he asked as hands shot in the air and little voices all shouted out yes. "When you Round Dance you ask your friends to join you and you dance around the drum."

Littlebear is one of a handful of traditional drum makers left in Oklahoma. He estimates he has made over 300 large sized powwow drums, some of which have been shipped all over the world including Europe and Japan.

"When I started out I was with my traditional people in Seiling and I asked them if I could make drums and they said 'nope, you don't have the right to. You have to earn that,' they told me," Littlebear said.

So for the next ten years Littlebear became an apprentice, learning the history of the drum, going through different men and learning what they used and their techniques. He learned how to take the flesh and fat off the animal, de-hair the animal, stretch the hide using nothing but river water, and he said he learned what layers were in the skin from the animal skin scrapings.

"After I did that, finally they said, 'we want you to make us a drum and bring it to us.' They told me the exact size and sent me off for three days. When I came back with the drum, the chiefs passed it around the tipi and said, 'it's a good one.' So they said when I went through the ceremonies that year they were going to take my drum and put it on the center pole



Violet RomanNose, 3, gets an opportunity to play the drum donated to the Cheyenne & Arapaho Concho Head Start Center by drum maker Shawn Littlebear. (Photos by Rosemary Stephens)

and I would be a traditional Cheyenne drum maker from that point on," Littlebear explained.

He said there are tricks to the trade that every drum maker knows and he would have to write an entire book to explain it all.

"A lot of chemistry we use comes from the ashes of wood fires. So when campfires would go out I would ask did your wood have bark on it or did it not? There is a certain chemistry in the ashes when it becomes powder that we can use to plump up the hide, make it supple and to release the hair," Littlebear said.

Littlebear said he just followed in the same footsteps as his grandfather who was also a drum maker, but the drums then were much smaller and easier to carry.

"We had drums around the house all the time and my grandfather knew how to go out, pick a tree, strip the wood all the way down the trunk and then he would patch the tree with mud so the tree wouldn't die. Then he would bring that wood in, steam it, bend it, punch holes in it, lace it with leather strips to make it round, dry it out and then take some Elk hide, tie it around the drum and shave the hair off," Littlebear said. "We didn't have big powwow drums until much later when it became time to put us on reservations so we couldn't move, they would have been too big to carry around. From around the mid-1800s you started seeing bigger and bigger drums."

One thing for sure, the Concho Head Start students really liked the big powwow drum Littlebear left for them. Each student had an opportunity to play, touch and dance all around the drum.

Littlebear hosts his own television program on CATV-47 entitled The Native Drum. He also continues to take orders for drums. He can be reached via Facebook at www.facebook.com/The-Native-Drum-309444385915795.

Oklahoma tribes collaborate to understand local prevention needs

By Aron Wahkinney
SPTHB Communications Specialist

Using Strengths to Address Alcohol Abuse and Suicide Among American Indian and Alaska Native Youth

With leadership from a local health board, four Oklahoma tribes work collaboratively to understand the substance use and misuse prevention needs within their communities. This collaboration shows other tribes that you don't have to do everything on your own.

Oklahoma is home to the second largest tribal population in the United States with nearly a third of its population identifying as American Indian or Alaska Native. When it comes to substance use and misuse, however, the needs of tribal citizens in the state have often remained hidden, due in large part to a lack of tribal-specific data

needed to understand and effectively address the region's health disparities.

To address this data gap and draw attention to the prevention needs of tribes in their region the Southern Plains Tribal Health Board (SPTHB), a non-profit organization serving 43 federally-recognized tribes in Kansas, Oklahoma and Texas, teamed up with four of its member tribes, the Absentee Shawnee tribe, the Cheyenne and Arapaho tribes, the Chickasaw Nation and the Comanche Nation. In 2009, the newly formed Oklahoma Area Inter-Tribal Consortium (OIC) were awarded a Strategic Prevention Frame-

work Tribal Incentive Grant (SPF TIG*) to support their data collection and prevention efforts.

"We knew we had substance abuse issues in Indian Country but there wasn't a lot of local data on our tribes," Tom Anderson, the health board's Oklahoma Tribal Epidemiology Center director said.

But while the OIC recognized the need for better data at the local level, collecting this data required that they first overcome internal challenges, including resistance from their member tribes to reporting tribe-specific data. Together, the consortium developed a new approach

to sharing and reporting tribal data that laid the foundation for eventual prevention activities on the ground.

In November 2015, the consortium presented on their collaborative data-gathering and reporting efforts at an American Public Health Association (APHA) meeting to a standing-room only crowd. Their work now serves as a model for other tribes and organizations in how to join together to secure funding and collect the data needed to inform strategic planning for prevention work in their communities.

Like all SPF incentive grantees, tribes receiving

See Tribes collaboration pg. 6

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September 27th | Clinton at the C&A Community Hall
September 30th | Concho at the C&A Community Hall

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Painting 6 p.m.—8 p.m.

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FROM THE OFFICE OF THE GOVERNOR

As many of you know, the annual Tribal Council meeting is scheduled for 10 a.m., Saturday, Oct. 1, 2016 at the Concho Community Center.

After reading over the proposed 14 resolutions to be presented at the Tribal Council meeting I would like to take this time to explain my position on each of the resolutions.

There will also be three meetings held in September for an open discussion regarding these proposed resolutions and my position on each. I

welcome your questions and value your comments during these meetings.

The meetings are scheduled for 6 p.m., Monday, Sept. 19 at the Watonga Community Center, 6 p.m., Wednesday, Sept. 21 at the Concho Community Center and 6 p.m., Thursday, Sept. 22 at the Clinton Community Center.

*Respectfully,
Governor Eddie Hamilton*

CONFORMING OF TRIBAL ROLLS TO ARTICLE IV, BLOOD QUANTUM REQUIREMENT

Governor's Position:

In this Proposed Resolution, Anthony Spotted Wolf urges the Tribal Council to remove Tribal Members that he says have mistakenly been put on the Tribal Rolls because they lack the Blood Quantum requirement of 1/4 Cheyenne or Arapaho blood to have been placed on the Tribal Rolls in the first place.

I oppose Mr. Spotted Wolf's Proposed Resolution and recommend the Tribal Council reject it, primarily for the following reasons:

Spotted Wolf mistakenly cites the Constitution, Article IV, Section 1(a) as granting the Tribal Council authority to remove members from the rolls. However, this provision states that individuals listed on the 1967 rolls are members, without reference to blood quantum. Accordingly, Spotted Wolf's resolution would require removal of members on the 1967 roll if they do not possess 1/4 blood quantum in

violation of the Constitution. Under Article IV, Section 1(a) of the Constitution, the rolls may be corrected, but those corrections are subject to the approval of the BIA.

Under Article IV, Section 4 of the Constitution, the Tribal Council's authority is limited to ordinances or resolutions "governing future membership and the adoption of new members." Spotted Wolf's proposal unlawfully attempts to affect past membership decisions. Also under Article IV, Section 4 of the Constitution, any resolution passed by the Tribal Council would have to be approved by the BIA, so even a lawful resolution would not take effect unless, and until approved.

I am not opposed to an audit of our membership records if the Tribal Council were to call for such an audit as part of the Tribal Council's authority to set policy in Article V, Section 2(a) of the Constitution. Nevertheless,

we need to carefully consider the manner in which we should address any errors we identify.

Disenrollment is a very sensitive topic and we should not automatically remove individuals from the membership rolls without first providing them an opportunity for a hearing, a chance to supply missing documentation or otherwise correct their records or appeal any determination that they have been improperly enrolled. Spotted Wolf's proposal provides no such due process protection.

Additionally, we need to consider the potential hardships we may create if we disenroll individuals who may have been eligible for membership in other tribes, but who may no longer be eligible because they received per capita payments from us.

We should also consider whether we should treat individuals improperly enrolled as the result of clerical errors

the same as those who may have intentionally misled the Tribes.

Spotted Wolf's proposal is unconstitutional as written. It also touches upon an important issue that requires careful thought and deliberation moving forward so that our Tribes are not torn apart, as others have been, by enrollment controversies, at the same time we make every effort to ensure that we are maintaining proper Tribal Rolls.

Accordingly, I oppose the Proposed Resolution to the extent it calls for immediate removal of individuals from the rolls and fails to provide for an appeal process. The Proposed Resolution should further note that it would not become effective until approved by the BIA. Finally, any resolution on this subject should provide a variety of remedies for the various circumstances that may give rise to potential enrollment errors.

A TRIBAL COUNCIL RESOLUTION TO REMOVE THE TRIBAL COUNCIL COORDINATOR

Governor's Position:

Jessina Mott submitted the Proposed Resolution to remove the sitting Tribal Council Coordinator, Jennifer Wilkinson. I support Ms. Mott's proposal for the following reasons:

I respect the Tribal Council's Constitutional authority to choose its own Tribal Coordinator from time to time, and it is extremely important that the person selected is capable of abiding by his or her Constitutional duties. The inability to understand and operate within those responsibilities can have a devastating impact on the ability of the Tribes' various branches to carry out their respective governmental functions properly, increasing the potential for internal disputes, wasted resources and ineffective government.

The Tribes' Supreme Court made clear in, In Re Invalidity of special Tribal Council Meeting set for November 22, 2008, No. SC-2009-01, that the Tribal Council Coordinator's failure to fulfill the duties of that office stripped the Tribal Council meeting of its legitimacy. Unfortunately, Wilkinson, as the current Coordinator, has habitually failed to fulfill the duties of her office, leading to questions about the legality of actions taken by the Tribal

Council.

Below is a timeline capturing several of Wilkinson's failures:

Oct. 28, 2015—A tribal member sued the Tribal Council Coordinator to prevent an unconstitutionally called Tribal Council meeting from taking place. Yellowman v. Wilkinson – CIV 2015-101.

The Court found the Tribal Council Coordinator did not properly notice the meeting.

The meeting was also based on an invalid petition turned in late with only 139 signatures instead of 150.

The Court ordered "that the Tribal Council meeting shall be called in accordance with the requirements as set forth in the CATO Constitution, statutes and rules." (Nov. 5, 2015)

May 7, 2016 Special Tribal Council meeting.

All resolutions were published after the minimum 30-day deadline, thus invalidating all actions taken at this meeting.

The resolutions were published April 15, 2016; passed May 7, 2016—only 22 days later.

We have been unable to confirm whether the resolutions were published in all required area newspapers.

Further, the published proposed Tribal Council

resolution to increase the Elder Care monthly food payments was substantively different than the resolution approved at the meeting, thus depriving Tribal Council members of due process in passing the resolution.

The published resolution states that it intends to grant tribal elders bi-annual payments of \$2,500 each.

At the meeting, Coordinator "Jennifer Wilkerson [sic] made a motion to RESCIND RESOLUTION BI-ANNUAL PAYMENT OF \$2,500 DISTRIBUTED TO EACH ELDER. . ." Resolution 050716STC-06.

In the end, the approved resolution stated the intention to increase the tribal elder's food assistance payments from the Elder Care Program from \$150 to \$300 per month.

July 30, 2016 Meeting
The Tribal Council Coordinator failed to follow proper procedures for calling a special meeting and passing resolutions, which is part of her constitutional duties. As a result, the actions taken at the meeting were invalid.

Among the items on the agenda for the July 30, 2016, meeting was a resolution to repeal the Legislature's approval of the RESPECT Gym Resolution 6L-SS_2016-0428-002.

The Legislature

passed the resolution on May 14, 2016.

The Governor signed the resolution on May 20, 2016.

Under the Constitution, the resolution became law 30 days later, on June 19, 2016

The petition to repeal the gymnasium resolution was due on June 18, 2016, but was not submitted until June 20, 2016, and was, therefore, submitted too late.

Aside from being untimely, the Enrollment Department identified several discrepancies in the signatures on the petition.

Neither the proposed resolutions nor the meeting notice were properly posted or published as required.

The Tribal Tribune only published a notice of the meeting with no proposed resolutions. This occurred in the July 15, 2016 edition of the paper.

The Watonga Republican did not publish the notice of meeting at least 15 days before the meeting as required because the Coordinator did not provide a purchase order.

The proposed resolutions were not published in the papers in Elk City, Seiling, Canton, Geary or Kingfisher.

See **Governor** pg. 5

PUBLIC NOTICE & AGENDA
TO: ALL CHEYENNE AND ARAPAHO TRIBAL MEMBERS
(18 YEARS AND OLDER ON OR BEFORE OCTOBER 1st, 2016)
Annual Tribal Council Meeting
Saturday October 1st @ 10:00 am
Concho Community Hall - Concho, OK

In accordance with the Cheyenne & Arapaho Tribes' Constitution, pursuant to Article V, Sec. 3 (a) An Annual Meeting of the Tribal Council shall be held on the first Saturday in October. No other meetings of the Tribes shall be held on the first Saturday in October including a Special Tribal Council meeting or a meeting of the Legislature. The Annual Meeting of the Tribal Council shall be held in Concho. The Tribes shall provide bus transportation for members of the Tribes to attend the Annual Meeting.

The Annual Tribal Council Meeting is being held on Saturday, October 1st, at 10:00 am. The Annual Tribal Council meeting shall be held at the Concho Community Building, Concho, OK. The agenda of the Annual Tribal Council Meeting is listed below.

The purpose of this meeting shall be to vote on the following resolutions:

1. Resolution authorizing Governor to Contract with the Secretary of the Interior to Conduct 2017 primary and general elections
2. Resolution to Remove the Tribal Council Coordinator
3. Resolution for Revision of the Gaming Revenue Allocation Plan
4. Resolution for Forensic Audit
5. Resolution for Housing Authority Policy
6. Resolution for a Selection of CEO/General Manager
7. Resolution for Tribal Legislature to initiate hearing on Governor
8. Resolution conforming of Tribal Rolls to Article IV, Blood Quantum Requirement
9. Resolution for Retention of Tribal members pursuant to the October 31st, 1967 Tribal Rolls
10. Resolution to establish an Emergency Operations Plan for the Cheyenne and Arapaho Tribes
11. Tribal Council Resolution to set a Drug Policy for the Cheyenne and Arapaho Government
12. Tribal Council Resolution to Approve the Cheyenne and Arapaho Tribes Drug Policy Alcohol Policy
13. Tribal Council Resolution to Adopt Cheyenne and Arapaho Tribes Procurement Policy
14. Tribal Council Resolution to Approve the Personnel Policies for the Cheyenne and Arapaho Tribes
15. Tribal Council Resolution to Approve the Property and Supply Policy

Any resolution is available to the public.

Office of the Tribal Council: Submitted Sept. 12, 2016

**Cheyenne & Arapaho
Governor's
Informational Meetings**

Open Discussion on submitted Resolutions for Oct. 1, 2016
annual Tribal Council Meeting and prior
Special Tribal Council meetings

All Meetings Begin at 6 p.m.
Meal Will Be Served

Monday, Sept. 19
Watonga Community Center
Watonga, Okla.

Wednesday, Sept. 21
Concho Community Center
Concho, Okla.

Thursday, Sept. 22
Clinton Community Center
Clinton, Okla.

**SCHOOL CLOTHING
VOUCHERS\$**

For 2016-17 School Year the School Clothing Program (SCP) provides 1-time supplemental funds to all approved Cheyenne-Arapaho Enrolled children between the ages 3 and 17 (DOB between 8/15/1998-8/1/2013) who are enrolled in Pre-K/ Head Start through High School.
** CDB-2 Children are not eligible** Pending enrollment not eligible**

- PARENTS & GUARDIANS- If there is a change in address or child custody please contact Enrollment (495) 422-7600. Guardian must match CDB or check will be denied or delayed.
- Please complete the application in entirety to avoid delays
- Please submit CDB's indicating updates or custody changes to avoid delays
- All Pre-Head Start or 1st time applicants must submit CDB

Applications are available in Education Department room 122, by email, or mail. Please allow 10-14 Business Days for Applications to be processed

Funding Amounts:

| | |
|---|-------|
| PreK-5 th grade= | \$150 |
| 6 th -8 th grade= | \$175 |
| 9 th -17 yrs old= | \$200 |

SCHOOL CLOTHING PROGRAM:
SCP Coordinator: Willow Akohamam MSW
SCP Clerk: Evana Wilson

Email: schoolclothing@ca-tribes.org
Fax: 495-422-8276
Phone: 495-422-7445 or 422-7475
Mail: PO Box 170 Concho, OK 73022

Applications accepted until October 28, 2016

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Greenhouse project

continued from pg. 1



growing your own garden and food. Only complication I've faced is small creatures, ants, grasshoppers, beetles and weeds. It's a daily battle," Steven Washee, another greenhouse aide said.

A few of the workers came to the greenhouse with little to no experience of gardening, ultimately justifying that growing a garden successfully is achievable.

Health is a factor associated with growing a garden as the vegetables are expected to be a part of a healthy diet. There is hope that in the future the greenhouse will produce vegetables that will also be included in peoples' diets.

"I hope to get us on a larger scale for more gardens and getting out to the communities more. We want more people to know how to grow their own food and eat healthy," Brian Sevenstar, greenhouse aide said.

Learning the importance of healthy diets and growing vegetables are vital components affiliated with the Greenhouse Project. Not only is the greenhouse a learning experience but it also serves as an attribute for culture in its hope for the future.

"I always think mostly of culture. A lot of Indians used to eat corn a long time ago and it should be back in our diet," Ruben Sevenstar said.

C-A Language Program receives grant for third year

(CONCHO, OK) The Cheyenne and Arapaho Language Program was awarded their third Administration for Native Americans (ANA) grant. ANA is a competitive funding agency, making the award even more special.

The Language Program just completed their previous grant that produced two levels of curriculum for both the Cheyenne language and Arapaho Language, and eight language teachers.

The new awarded project is a three year grant for Native Languages Preservation and Maintenance. This is a Master-Apprentice project entitled, "Communicating Together, Speaking Bravely." A 'master' is a fluent speaker and an 'apprentice' is the student. The goal of the "Communicating Together, Speaking Bravely" project is to create functionally fluent young speakers and to create a positive cultural environment for language learning to occur. The project has

two main objectives, a Master-Apprentice component, and an Apprentice-Community component. Master speakers will immerse four Cheyenne and four Arapaho apprentices. The apprentices will apply what they are learning by teaching the community language classes that are held every two weeks throughout our communities.

In its first year, the Language Program was awarded \$284,351, their second year they were awarded \$296,841, and this year's grant award is \$284,351.

"We are very excited to be awarded a back-to-back ANA grant. This is a very competitive grant and for us to receive another one is almost unheard of," Rebecca Risenhoover, Language Program director said.

For more information contact Risenhoover at 405-422-7422 or email risenhoover@c-a-tribes.org.

EATING healthy for DIABETES

What You Need to Know About Food Portions

Tara Conway, MS, RD, LD, CDE
C&A Diabetes Wellness Program

To control your weight, you need to do more than just choose a healthy mix of foods. You need to look at the kind of foods you eat and the amount you eat at one time.

How much should you eat? To keep a healthy weight you should eat as many calories as you burn, calories in vs calories out for a healthy weight. Being more active will help offset the calories you eat, however no set number of calories or amount will help you lose weight or keep weight off. Calories are set according to your age, sex, height/weight, genes and level of physical activity.

Do you know the difference between a serving and a portion? A serving size is the amount of food listed on a products food label and it varies from product to product. A portion is how much

food you choose to eat a tone time and sometimes the serving size and portion are the same and sometimes there not.

For example, a serving size of pasta or rice may be 1 cup and the appropriate portion of pasta or rice is 1/3 cup. If you want to know what you are truly eating measure it then measure what the portion actually should be and you will begin to see how much you are eating. Use 9-inch plates to help you eat the right portion of food.

Some tips to help you eat less can include placing half in a to go box before eating, share an appetizer with your mate and have a salad (with dressing on side), split an entrée with your companion, skip the mayonnaise and sauces (1calorie per tsp), say no to cheese, on salads have

your dressing served on the side and dip your fork in dressing before eating salad, you will eat about 1/4 of the calories, cook more meals at home and eat leftovers for lunch the next day.

Top sources of calories today include alcohol at 82 calories per drink, pizza 98 calories per small slice, sweetened beverages 114 calories, chicken 121 calories, breads 129 calories and grain based desserts 138 calories.

Everyone is different what works for one may not work for someone else. Everyone should have their own individualized plan!

For more information on nutrition or help in making healthy changes contact the Tara Conway, MS, RD, LD, CDE, Diabetes Wellness Program at 405-422-7685.

Pipeline

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junction is warranted here."

Attorney Jan Hasselman with the environmental group Earthjustice, who filed the lawsuit on the tribe's behalf, said earlier this week any such decision would be challenged. "We will have to pursue our options with an appeal and hope that construction isn't completed while that (appeal) process is going forward," he said.

Tribal historian LaDonna Brave Bull Allard said Boasberg's ruling gave her "a great amount of grief. My heart is hurting, but we will continue to stand, and we will look for other legal recourses."

Earlier in the day, thousands of protesters, many from tribes around the country, gathered near the reservation that straddles the North and South Dakota border.

"There's never been a coming together of tribes like this," according to Judith LeBlanc, a member of the Caddo Nation in Oklahoma and director of the New York-based Native Organiz-

ers Alliance. People came from as far as New York and Alaska, some bringing their families and children, and hundreds of tribal flags dotted the camp, along with American flags flown upside-down in protest.

The judge's order was announced over a loudspeaker there. John Nelson of Portland, Oregon, came to the camp to support his grandson, Archambault. The 82-year-old says he was not surprised by the ruling, "but it still hurts."

State authorities announced this week that law enforcement officers from across the state were being mobilized at the protest site. They said some National Guard members will work security at traffic checkpoints and another 100 would be on standby. The Great Plains Tribal Chairman's Association asked the Justice Department to send monitors to the site because it said racial profiling is occurring.

Nearly 40 people have been arrested since the protest began in April, including



Archambault.

A week ago, protesters and construction workers were injured when, according to tribal officials, workers bulldozed sites on private land that the tribe says in court documents are "of great historic and cultural significance." Energy Transfer Partners denied the allegations.

The state's Private Investigation and Security Board received complaints about the use of dogs and will look into whether the private security teams at the site are properly registered and licensed, board attorney Monte Rogneby said Friday, adding that he would not name the firms.

On Thursday, North Dakota's archaeologist said a piece of private land that was not previously surveyed by the state would be surveyed for artifacts next week.

The company plans to complete the pipeline this year, and said in court papers that stopping the project would cost \$1.4 billion the first year, mostly due to lost revenue in hauling crude.

A status conference in the tribe's lawsuit is scheduled for Sept. 16.

Kolpack reported from Fargo, North Dakota. Associated Press writers Blake Nicholson in Bismarck, North Dakota, and Doug Glass in Minneapolis contributed to this report.

CHEYENNE & ARAPAHO TRIBES

Department of Social Services

LIHEAP COMMUNITY OUTREACH

The Department of Social Services would like to invite you to the LIHEAP Community Outreach Event. Food Assistance, LIHEAP Assistance, Floor Heaters & Floor Fans, will be provided to those who qualify for services.

When and Where:

- September 20: Hammon Community Hall 11am-1pm
- September 22: Clinton Community Hall 11am-1pm
- September 27: Canton Community Hall 11am-1pm
- September 29: Watonga Community Hall 11am-1pm
- October 3, Geary Community Hall 11am - 1pm
- October 5: Kingfisher Community Hall 11am-1pm






Documentation Required:

1. Proof of Income - All household members 18 years of age and older
2. Current Utility Bill - Electric, Gas, or Propane
3. CDIB - At least one (1) per household

Please call the Social Services Office at 405-422-7476 for any questions.

BRIEFS AT A GLANCE

Excellence in Journalism 2016

Sept. 18-20, 2016 at the Sheraton in New Orleans, LA. Hosted by the Society of Professional Journalist, Native American Journalists Association and Radio, Television, Digital News Association. For more information or to register visit www.excellenceinjournalism.org.

2016 Fall Finance and Tribal Economies Conference

Sept. 18-20, 2016 at the Sheraton/Le Meridien in

Charlotte, N.C. For more information or to register visit www.nafoa.org.

Introduction to Tribal Grants Management

Sept. 20-22, 2016 in Las Vegas, Nev. Definition of grant management, basic purposes and more. For more information or to register visit www.falmouthinstitute.com.

Conducting Credible Tribal Elections

Sept. 22-23, 2016 in Las Vegas, Nev. Tribal elections

do not have to be controversial. For more information or to register visit www.falmouthinstitute.com.

The first annual conference on Native American Nutrition

Sept. 26-27, 2016 at the University of Minnesota's Healthy Foods Healthy Lives Institute. Registration fee covers attendance at all sessions and meals during the two-day event.

Lodging is arranged through Mystic Lake. For more information or to reg-

ister visit www.eventbrite.com/e/first-annual-conference-on-native-american-nutrition-tickets-24912577189.

First Nation's 21st annual L.E.A.D. Institute Conference

Sept. 27-29, 2016 at the Hard Rock Hotel & Casino in Tulsa, Okla.

Learning tracks include Nourishing Native Foods & Health, Investing in Native Youth and Strengthening Tribal & Community Institutions.

For more information or

to register visit www.firstnations.org or to register go to www.regonline.com/builder/site/?eventid=1823021.

Budgeting for Tribal Office Managers and Administrative Assistants

Sept. 29-30, 2016 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Developing Tribal Youth Summer Camps and Programs

Oct. 19-20, 2016 at the Flamingo Hotel & Resort in

Las Vegas, Nev. Strategies for engaging the community, involving elders, hiring cultural experts and involving tribal councils and youth councils. For more information or to register visit www.falmouthinstitute.com.

Robert's Rules of Order for the Tribal Recording Secretary

Oct. 19-21 at the Flamingo Hotel & Resort in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Governor

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HOUSING AUTHORITY POLICY

Governor's Position:

In the Proposed Tribal Council Resolution titled "Housing Authority Policy," Marlin Hawk proposes that the Tribal Council dissolve the Department of Housing, currently under the Executive Branch in accordance with the Constitution Article VII Section 1(c), and divest the Tribes of authority to oversee the Tribes' Housing Authority program. In its place, Mr. Hawk proposes that a state-chartered corporation be recreated to oversee this program, which would be under state jurisdiction instead of tribal jurisdiction. This Proposed Resolution would repeal the Legislature's previously enacted Resolution No. 5L-SS-2014-0304-004, passed on March 4, 2014, and Resolution No. 5L-SS-2015-1229-007, passed on December 31, 2015, which establish the Department of Housing, even though these Resolutions have already been enacted into law and are well beyond the Tribal Council's 30-day repeal window.

Under Article VII, Section 1(a) of the Constitution, the Department of Housing is placed in the Executive Branch. Therefore, Mr. Hawk's proposal to remove the Executive Branch's authority over the Department of Housing is unconstitutional.

The resolution makes vague allegations of unspecified "interference or influence from the Tribal Administration."

For those who may be unaware, last year the Legislature approved a plan under which the Housing Authority was brought under more direct tribal control.

Before last year, the Housing Authority was actually a corporation organized under the laws of the State of Oklahoma.

As sovereign nations, many other tribes long ago dissolved their

state-chartered housing authorities and assumed greater control over their housing programs. The Cheyenne and Arapaho Tribes were lagging behind.

Therefore, the Legislature approved dissolving the state-chartered Housing Authority and transferring all of its assets to the Tribes' Department of Housing. Doing so gives the Tribes greater flexibility and frees the housing program of much of the administrative baggage and overhead previously required for the state-chartered corporation.

Funding programs are unaffected, and the reorganized housing program is now more transparent and more accountable to the membership than it was as a standalone corporation.

The goal is to utilize the resultant cost savings to fund additional housing needs, rather than administrative overhead.

The Proposed Resolution is unclear, but it appears to attempt to

override the Legislature's approval of the reorganization of the Housing Authority and the establishment of the Department of Housing, even though the Constitutional time frame to do so expired long ago.

The Tribal Council has a definitive time frame to petition to repeal legislation. "Repeal petitions must be submitted the day before the Legislative Bill takes effect as law." Resolution 1000408ATC-002 (Tribal Council Rules of Order and Procedure) § 10(b) (emphasis added). Any repeal petition which does not meet this requirement is invalid. The Tribal Council Coordinator has "an absolute, nondiscretionary duty" to place any repeal action up for a vote upon receiving a valid repeal petition, but must do so at the next Tribal Council meeting. Tall Bear v. Flyingman, 11 Okla Trib. 760, at *9 (SC-2008-10) (Dec. 3, 2009). The Tribal Council does not have power to repeal laws or resolutions indefinitely though;

it should do so in accord with the constitutional mandates and Tribal Council procedures previously set. See id.

The time to repeal the first Department of Housing bill would have been after it was passed on March 4, 2014, but before it was enacted on April 3, 2014.

The time to repeal the second Department of Housing bill would have been after it was passed on December 31, 2015, but before it was enacted on January 30, 2016.

It would now be extremely difficult – if not impossible – to go through the steps necessary to re-establish a state-chartered housing authority and transfer the assets and funding away from the Tribes to the state corporation.

Mr. Hawk's proposal that the Tribes take a step backwards by returning control and tribal jurisdiction to a state-chartered corporation violates our Constitution and our tribal sovereignty.

TRIBAL LEGISLATURE TO INITIATE HEARING ON GOVERNOR

Governor's Position:

In the Resolution titled "Tribal Legislature to initiate hearing on Governor," Marlin Hawk requests that the Tribal Council (1) tell the Legislature to initiate investigations and hearings into the Governor's conduct; (2) require the Legislature to conduct comprehensive audits for the calendar years of 2015 and 2016; and (3) require federal agencies be contacted regarding "findings that are in violation of the Tribal Constitution." While the Resolution contains broad allegations indicating that Mr. Hawk believes the Tribes' government has acted improperly, no examples or reasons beyond these generic statements are given to justify the allegations themselves, the expense of investigations, hearings, or conducting additional "comprehensive" audits of the Tribes' funds beyond the annual audit already conducted, nor are there any justifications explaining why the Tribes should refer what appears to be tribal issues to the federal government.

Mr. Hawk incorrectly claims that audits of the Tribes' finances have not been conducted.

The 2014 audit was distributed openly to members, and the 2015 audit is underway, consistent with all federal deadlines. The 2016 audit cannot begin until after the end of the calendar year.

Federal law requires the Tribes to conduct audits, and federal funding agencies review those audits annually. Therefore, any "findings" that could be reported to federal agencies have already been "found" and reported.

If the Tribes were not in compliance with federal standards, federal agencies could – and would – have revoked funding for those programs out of compliance.

The resolution alleges that I have not

nominated tribal members for the Judicial Commission.

No tribal members have agreed to serve on the Commission.

I have published notices of vacancies for the Judicial Commission numerous times in the Tribal Tribune but have never received any responses.

I, too, want to ensure proper oversight of our court system and would like nothing more than to have a fully functional Judicial Commission, but I do not have the power to draft tribal members to serve on boards and commissions against their will.

The resolution incorrectly states that I have not published all income received by the Tribes as required by the Constitution.

This information is published in the first-of-the-month edition of the Tribal Tribune on a monthly basis, along with the gaming distribution and comparisons to previous years.

I have presented financial information to members at all Shareholder meetings, as has the Tax Commission. These presentations have been published in the Tribal Tribune as well.

Additionally, I meet regularly with the Legislature to discuss the Tribes' finances, and the Legislature has access to the Tribes' financial information as part of its responsibility regarding the Tribes' budget.

The information sought by the resolution is freely available.

The resolution incorrectly states that the Administration has spent funds not authorized by the approved budgets.

No branch of the government has exceeded its budget so far this year, nor did they exceed their budgets last year.

Although it appears that members of the

Legislature exceeded their individual budgets during the previous fiscal year, the Legislative Branch as a whole did not go over budget, and we have corrected the oversights that allowed individual legislators to do so.

The resolution incorrectly claims that I have failed to protect employees' rights.

The resolution does not specify in what way I have failed to protect employees' rights.

To the contrary, I am a firm believer that our employees' rights should be respected, but those rights are defined by our Constitution, our laws and our personnel policies, none of which guarantee permanent employment.

Gaming revenue has declined throughout Oklahoma, though we have fared better than most. Nevertheless, in order to remain profitable and provide money for tribal operations and per capita payments, the casinos have endeavored to operate more efficiently.

The Tribes and the casinos have personnel policies, and this is nothing new. These policies clearly provide for employee discipline, outline how and why employees can be terminated, and provide a grievance process under most conditions.

The resolution incorrectly states that I have failed to comply with Tribal Council resolutions.

Again, there is nothing specific in the resolution about what I have supposedly failed to do.

Some of the actions taken by the Tribal Council were rendered invalid because the Coordinator failed to follow tribal law.

Under Article VII, Section 4(a) of the Constitution, the Governor's responsibility is to enforce the Tribes' laws.

Under Article V, Section 2(a) of the Constitution, the Tribal Council is authorized to set policy for the Tribes.

Under Article VI, Section 5(a) of the Constitution, the Legislature, not the Tribal Council, makes the laws.

The Constitution does not give the Tribal Council the authority to make laws, but this does not mean that tribal members do not have a say in the government's operation. Instead, tribal members are able to help in the development of the Tribes' laws through their elected legislators.

The proposal violates the separation of powers clause of our Constitution by attempting to pass and enforce laws – the functions of the Legislature and the Executive Branch.

Tribal Council has authority to "set policy" of Tribes—not to order that either Legislature or Governor take some action.

Because of the Separation of Powers Clause found within Article II, Section 3 of the Constitution, the Tribal Council lacks authority to utilize powers dedicated to the Legislative or Executive Branches under the guise of setting policy. Hoffman v. Flyingman 11 Okla Trib. 299, at *3-4 (SC-2008-10) (June 16, 2009). "[P]olicy setting' necessarily denotes 'policy' at a high level of generality, not at a micromanaging level of detail." Id.

In order to have legal force, the Tribal Council's "set policy" powers must be exercised at a relatively high level of generality, and cannot be used to micromanage the actions of the Legislative, Executive, or Judicial Branches. Tall Bear v. Flyingman, 11 Okla Trib. 760, at *5 (SC-2008-10) (Dec. 3, 2009).

REVISION OF GAMING REVENUE ALLOCATION PLAN (GRAP)

Governor's Position:

Bobbie Hamilton has proposed a Resolution titled "Revision of Gaming Revenue Allocation Plan." The Resolution wrongly indicates that the Tribes currently do not have a fully implemented Gaming Revenue Allocation Plan, and states that the Tribal Council Resolution No. 011704STC002 establishing the Gaming Revenue Allocation Plan has never been rescinded or amended. Further, the proposed Resolution attempts to violate the Tribes' Constitution by divesting the Tribes' Legislature of authority to enact laws and resolutions to amend the Gaming Revenue Allocation Plan.

Contrary to the Resolution's assertion, the Tribes do currently have a Gaming Revenue Allocation Plan, that was first established under Tribal Council Resolution No. 100601RTC-004 (Oct. 6, 2001), then amended by Tribal Council Resolution 011704STC002 (Jan. 17, 2004), Tribal Council Resolution 100105ATC057 (Oct. 1, 2005), and Legislative Resolution 3L-2010-RS-09-04. The Gaming Revenue Allocation Plan was approved in its current form by the U.S. Department of the Interior on February 1, 2011. Furthermore, the Proposed Resolution, if passed, would violate the Constitution's Separation of Powers Clause found in Article II, Section 3. For these reasons, and the reasons below, I oppose this Resolution.

The resolution demands that the Tribes violate federal law by directing that "no indirect costs or duplicative administrative expenses shall be deducted from the tribal gaming funds."

As noted in my objections to the resolution requiring all elected officials to follow Tribal Council resolutions without question, the Tribal Council does not have the constitutional authority to make laws.

Even if the Tribal Council could make laws, those laws would still have to give way to federal law.

In this case, federal law clearly dictates the accounting principles the Tribes must follow; how the Tribes account for and spend gaming revenue; and what the Tribes must do to remain in compliance with their federal program funds.

Neither I, nor the Legislature, could comply with this resolution because it would place all tribal programs in jeopardy.

The Resolution fails to meet the federal mandates for revenue allocation plans found within 25 CFR Part 290, specifically 290.12, by:

Allocating funds for a "contingency," which is not one of the permissible uses of gaming funds (290.12(b)(1));

Failing to provide required "detailed information to allow the ABO [appropriate BIA official] to determine that it complies" with federal law (290.12(b)(2));

Failing to ensure eligible minors/incompetents receive per capita payments and

Failing to establish criteria for withdrawing funds and dispute resolution (290.12(b)(3));

Failing to describe how tribal members will be notified of tax liability (290.12(b)(4)); and

Failing to contain other specified requirements regarding eligibility for per

capita payments and dispute resolution provisions (290.12(b)(5)).

Moreover, the Proposed Resolution expressly disavows the authority of the Legislature to pass laws and resolutions amending or modifying the Gaming Revenue Allocation Plan.

This violates the Separation of Powers Clause of the Constitution (Art. II sec. 3), that grants the Legislature authority to enact laws on behalf of the Tribes (see also Constitution, art. VI sec. 5(a) (Legislative authority over enacting legislation); art. VI sec. 5(e) (Legislative authority over per capita payments)).

This provision also conflicts with the last "be it further resolved" provision of the Proposed Resolution, that directs the Legislature to "adopt by ordinance the guidelines and allowable uses for each program and category [of Gaming Revenue Allocation Plan funding]."

The Proposed Resolution creates a further problem by attempting to micromanage the activities of both the Legislative and Executive Branches.

The Tribal Council's "set policy" powers are limited to just that—setting policy. Because of the Separation of Powers Clause found within Article II, Section 3 of the Constitution, each branch lacks authority to utilize powers dedicated to the other, so the Tribal Council may not exercise powers of the Legislative or Executive Branches under the guise of setting policy. Hoffman v. Flyingman, 11 Okla Trib. 299, at *3-4 (SC-2008-10) (June 16, 2009). "[P]olicy setting' necessarily de-

notes 'policy' at a high level of generality, not at a micromanaging level of detail."

Id. In order to have legal force, the Tribal Council's "set policy" powers must be exercised at a relatively high level of generality, and cannot be used to micromanage the actions of the Legislative, Executive, or Judicial Branches. Tall Bear v. Flyingman, 11 Okla Trib. 760, at *5 (SC-2008-10) (Dec. 3, 2009).

The Proposed Resolution violates this restraint by (1) directing the Executive Branch as to how gaming funds will be distributed (including in what manner payments are to be made to individual programs and departments; directing which accounting procedures must be used; and directing into which accounts monies must be deposited) and (2) directing the Legislature to "adopt by ordinance the guidelines and allowable uses for each program and category [of Gaming Revenue Allocation Plan funding]."

If passed, the higher per capita amount in the proposed Gaming Revenue Allocation Plan would reduce funding for tribal programs and services for tribal members.

If the Tribal Council wishes to revise the existing Gaming Revenue Allocation Plan, I recommend that it instead ask the Legislature and the Executive Branch to study the matter and report back regarding possible revisions along with the impact those revisions might have on programs and services.

Tribes collaboration

continued from pg. 2

federal funds for prevention work are required to collect data about the nature, scope and severity of substance use and misuse issues in their communities. In order to collect these data however, the OIC first needed to overcome deep-seated fears among their member tribes. Tribal partners were concerned that such data might reveal problems in their communities and present the Native community unfavorably, a concern that stemmed far beyond the efforts of the OIC. "Tribes in the past have had people come in and 'study them,' and then report their data," Carlos Martinez, a prevention specialist who advised the OIC on the data gathering and analysis said. "Sometimes those reports have been negative and have had terrible effects on the tribes."

To address this concern, the OIC agreed to pool data from all four tribes and report it only in aggregate form as a tribal organization. This approach eliminated the possibility of linking any "negative" findings to a specific tribal entity. With guidance from the SPTHB, the OIC executed data-sharing agreements to formalize this approach and worked with SAMHSA to communicate the importance of reporting data in this way (i.e., as a tribal organization rather than as individual tribes). With SAMHSA's approval, this approach allowed the OIC to move forward with their data collection efforts.

Agreeing to pool and

report their data as a tribal organization facilitated a shift in perception among OIC partners, from identifying as individual tribes to seeing themselves as a group, with a shared responsibility to address the substance-related issues facing their communities.

"Everybody agreed that, instead of serving Natives of one tribe or another, we needed to serve all Natives, regardless of what jurisdiction they lived in," Martinez explained.

In fact, after collecting and analyzing new data (made possible through their data-sharing agreements), the tribal partners now recognized that they shared significant problems with underage drinking and prescription drug misuse which they collectively adopted as strategic priorities.

But the OIC's shared vision extended beyond just these strategic priorities. Consortium members also embraced the tenet of "Culture as Prevention," calling upon the strengths of their shared traditions and the uniqueness of American Indian identity to guide their prevention work.

"American Indians can feel left out of society, particularly here in Oklahoma where we don't have reservations and tribal members are spread out across the state," Anderson said. "People opt out of society by abusing drugs and alcohol. Our message in our prevention work is learn about your culture. Be part of your culture. Because what you do im-

pacts not only yourself, but it impacts your family, your community and most importantly, it impacts the generations to come."

Coming to the table, the OIC partners had varying levels of experience with substance use and misuse prevention, particularly with regard to data collection and reporting. While some had virtually no prevention experience, the consortium's largest tribal partner, the Comanche Nation, had already been working on its own prevention efforts and was ready to hit the ground running. To get everyone on the same page and ensure the success of the collaboration, the OIC leveraged both the internal and external resources at its disposal.

Internally, the Comanche Nation took a lead role in mobilizing their tribal partners.

"The Comanche tribe already had the fire in their belly to implement substance use prevention efforts," Martinez said. The SPTHB also provided key guidance throughout the process, advising on the type of personnel that tribes would need to fulfill the grant requirements, what data they would need to collect, and how they should approach the process of selecting appropriate prevention strategies for their communities.

Externally, the OIC leveraged the support of SAMHSA's Center for the Application of Prevention Technologies (CAPT),

which provided tailored training to meet the needs of each tribal partner.

"I can't say enough good things about the CAPT," Melanie Johnson, the health board's SPF-TIG grants lead project manager said. "They have gone out of their way, above and beyond the call of duty to provide cultural sensitivity for American Indians. The CAPT also helped the OIC overcome challenges related to high staff turnover. When you're working with tribal organizations, people come and go. The CAPT was instrumental in helping us rebuild that capacity within our organization."

The Oklahoma Area Inter-Tribal Consortium serves as a model for how other tribes can work together to better understand and address their communities' substance use problems.

"This collaboration shows other tribes that you don't have to do everything on your own," Aron Wahkinney, the health board's communications specialist and member of the Comanche Nation said. "Smaller tribes can work together, and with each other and with larger tribes, to pool prevention resources, and to share information to get the data needed to take advantage of funding opportunities."

The OIC model is "a win-win for tribes and funding agencies." Smaller tribes, the presenters explained, tend to be at a disadvantage when it comes to grant funding. Funding

agencies want to maximize their dollars by having the greatest effect, and funding individual tribes with low membership may not achieve this. Funding a consortium of tribes to address a common problem not only increases the population affected but also strengthens efforts of consortium members.

Nowhere are the strengths of the OIC's collaboration more apparent than in their prevention activities on the ground. Informed by a clear understanding of the substance misuse issues affecting their communities, the four tribal partners have each embarked on prevention activities, tailored to local needs.

The Absentee Shawnee tribe initiated a partnership with tribal and county law enforcement on using Naloxone to prevent opioid deaths, leading the way for other tribes to adopt similar initiatives.

The Cheyenne and Arapaho tribes have implemented the 'Tradition Not Addiction' campaign, designed to teach tribal youth traditional ways of respect, honor, and integrity.

The Chickasaw Nation worked with their Division of Aging to educate seniors about safe storage and proper disposal of prescription drugs and to provide drop-off medication lock boxes at Senior Sites.;

The Comanche Nation has developed a popular prevention program, IAMNDN (pronounced I Am Indian), dedicated to

empowering Native youth to live drug free.

Members have presented at multiple national conferences, including the National Indian Education Association annual conference and the 2016 National Rx Drug Abuse & Heroin Summit. They were also congratulated on their prevention efforts by U.S. Surgeon General Vivek H. Murthy, M.D., who visited with the tribes in May 2016 at what is heralded as the first-ever meeting between a U.S. Surgeon General and tribal leaders.

"There's a lot of interest in what we're doing," Anderson said. "Tribes can work together effectively. We've shown how it can be done."

According to Johnson, the collaboration is still a work in progress, "We're still coming to that 'Aha!' moment where everyone says, 'Okay, now we get it,'" Johnson said. "But we're paving the way for what it could look like for other tribes to work together."

Her advice to other tribes seeking to join forces and collaborate for prevention?

"Things can get a little chaotic. But stay grounded, stay focused, stay committed."

**Strategic Prevention Framework Tribal Incentive Grants are infrastructure grants provided to federally recognized tribes and tribal organizations to implement SAMHSA's Strategic Prevention Framework.*

C&A End of Summer Employee Bash



Photos by Gordon Yellowman



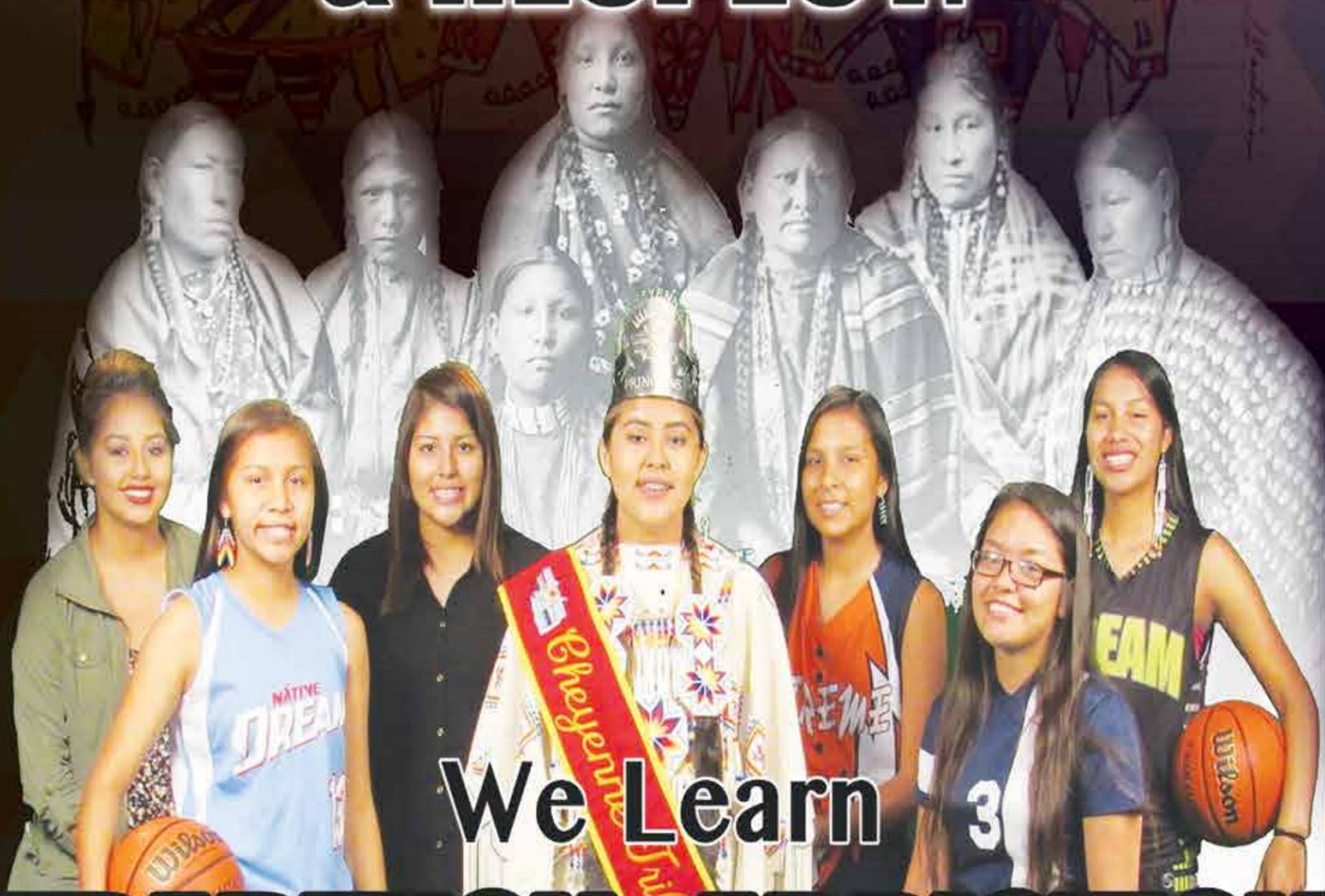
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The "Tradition Not Addiction" prevention is funded by SAMHSA (Substance Abuse and Mental Health Services Administration), SPTHB (Southern Plains Tribal Health Board)

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Reflecting on Colony powwow throughout the years

By Latoya Lonelodge, Staff Reporter

Remembering the traditional ways most grew up on during earlier powwows has an everlasting affect. What is most memorable are the elders that still reflect on those traditions today.

The 74th annual Cheyenne and Arapaho Labor Day Powwow was held Sept 2-5 in Colony, Okla. The powwow was a time to cherish with family, friends and relatives. The four-day event was filled with smiling faces and laughter, on and off the powwow grounds. There were specials, gourd dances, special feedings, contests, giveaways, ticket raffles, as well as grand entries held each day. It was another year for Colony to be remembered for its mark in history for each generation to cherish.

A lot of elders who partook in the Colony powwow throughout the years are no longer present. But the very few who are, still hold on to the memories that have long been apart of their tradition. Elders still remember the Colony powwow as more traditional being filled with camps and teepees. They have the most to reflect back on when remembering the powwow in the early years.

"We've been coming down here to Colony for about 20 years. We really enjoy it, we feel like we're home. I sit under a great big grandmother oak tree and its like she's welcoming me every year when I come back. But when we first started coming, we couldn't find a camp anywhere here, I mean they would come out weeks and weeks in advance and mark them off and now it just seems like the vendors are the ones that come out weeks ahead of time to mark their spots off," Deborah Manystars Smith, Lakota Sioux, said.

She said it seemed the campers had gone to air conditioning, hotel rooms, motel rooms and traveling coaches that can be rented instead of, "living on the ground like we were originally supposed to."

Each year the powwow is filled with new and old faces alike, returning for another great outcome to an unforgettable powwow. Although the numbers of campers have ceased in size over the years, there is always something to look forward



to at Colony; whether it's greeting new faces or reuniting with relatives.

"But the people are still good, the hearts are still good, they don't mind feeding everybody. They'll come around and get everybody when they feed, you don't ever have to worry about people going hungry or going without something cold to drink or a good shade and a good conversation. It's been a blessing to be here," Smith said.

There is a lot to reflect on from the changes that have taken course over the years but what is most unforgettable are the times enjoyed by many. As time passes, tribal elders are still making their way to the powwow with the hopes of continuing years of earlier family traditions.

"It used to be real big. There were camps all over, no motels, it seems like it's gotten smaller. There were a lot of teepees. It just kind of dwindled down since then. There used to be games, tournaments and they'd always have something going for the kids. I can't even say how long I've been coming to Colony. I used to come with my husband before he passed away in 1996, and we came every year. Ever since then I've been slacking off coming here. I'm from Hammon, Okla. I come with my family and I have to get me rooms in Weatherford... I can't do the camping like I want to, I'm getting older. But I'm having a good time and enjoying myself," said Margie Pewo, 79 said.

The Cheyenne and Arapaho Colony Powwow is held yearly on Labor Day weekend.

Cheyenne & Arapaho Radio



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email: radio@c-a-tribes.org

4TH ANNUAL WASHITA MEMORIAL MOTORCYCLE RUN

OCT 6TH, 2016

We ride to honor those who were massacred on Nov. 27, 1868. Through prayer, song, and education, we come to pay our respects for the children, the women, the elders who died that day.



Everyone welcome:
bikes, cars, trucks

50/50

Registration 8AM \$10.00 per Bike/ Vehicle

Ride Starts: 930am - Lucky Star Casino Concho, OK

Ends: Washita Battlefield - Cheyenne, OK

Disclaimers:

Rider ride at their own risk.
Organizers are not responsible for lost or stolen items during the run.
This is a alcohol and Drug free run.

Breakfast will be served

Meal will be provided after run



Contacts:
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thebownguy@cox.net
Henry Sleeper 4054067265
henrysleeper@yahoo.com



Adam Youngbear, CATV



Dakota Wahkinney, Outreach Caseworker



Sunshine Klinekole, Account Payable Tech



Elsie Sage, Events Coordinator

Employees of the Month



Norma Black, Research Specialist



Charlotte Hudson, Domestic Violence Advocate



Francisco Matanane, Customer Care Speciality



Marissa Martinez, Adult Ed.



Jeff Elizondo



Zachary Blackowl



Randy Burleson

Biggest Loser Contest Winners

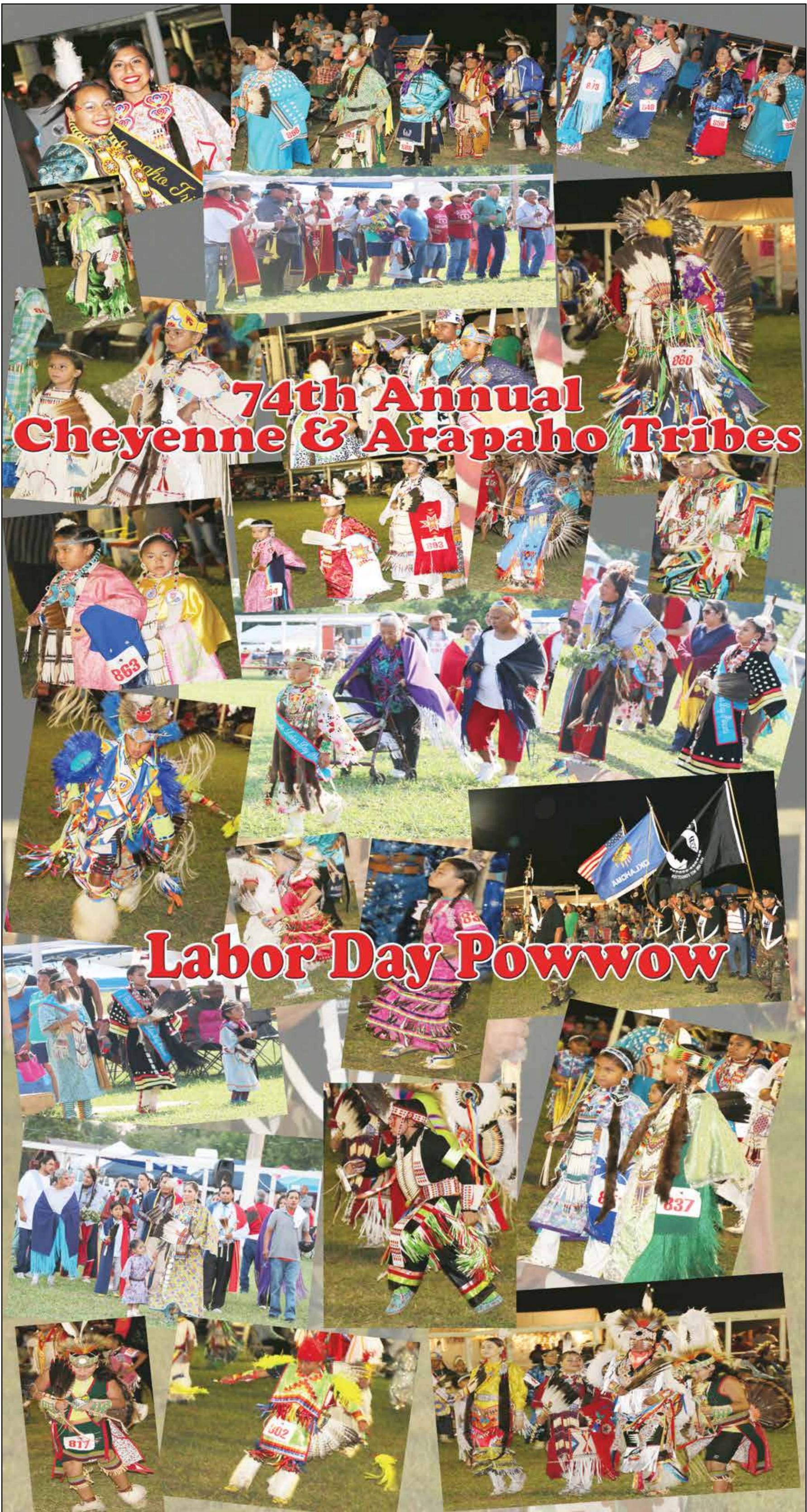


Sunshine Klinekole



Judith Garcia

Photos by Gordon Yellowman



74th Annual Cheyenne & Arapaho Tribes

Labor Day Powwow

Barefoot Powwow Sept. 16-18

Honor Flag - Friday, Sept. 16

Garland 'Bill' Wesley Gould USMC / PFC Korean War
Gourd Dance / Give Away / Special Feed
For all those who knew and respected Bill Gould, are invited to join.



Honor Flag - Saturday, Sept. 17

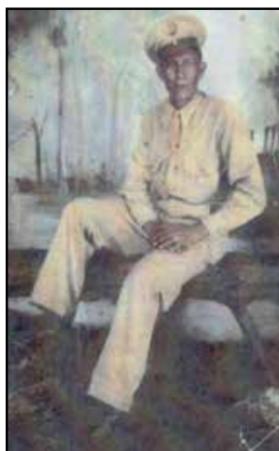
Cheyenne Chief Roy Bullcoming, U.S. Army WWII

Roy Bullcoming was born Dec. 4, 1914 in Fonda, Okla., where he was raised. He married Kathryn Nibbs on March 5, 1933 at Fonda. They had eight children; Vernon, George, Ida Mae, Donald, Tom, twins; Maurine & Norene and Roy Dean Bullcoming.

Roy joined the Army on March 22, 1944 and took his basic training at Ft. Still, Okla. He served in the 115th Infantry Division. Before departing for combat duty in Europe on Sept. 10, 1944 he was given a Chief Peyote that he carried with him the entire time he was overseas. He was wounded on Feb. 26, 1945 in Germany. His decorations include The Purple Heart, Automatic Rifle Man, Good Conduct Metal, 710 Ribbon and Battle Star. He was honorably discharged at Borden General Hospital in Chickasha, Okla. on Oct. 16, 1945.

After being discharged from the military Roy was made a Cheyenne Chief by his un-

cle John Hill, a respected S u n d a n c e priest. Roy took part in the Cheyenne ceremonies; he danced with the lizard paint nine times and kept the medicine bundle until his death. He was instrumental in the songs that had to be sung in the Sundance and Arrow worship. He worked in the Arrow tipi, and he was an Arrow Priest. He was also active in the Native American Church. He departed this life on April 22, 1984.



Honor Flag - Sunday, Sept. 18

Cheyenne Chief Alfrich Heap of Birds, USMC WWII

Alfrich Heap of Birds was born May 12, 1923 at the family home south of Thomas, Oklahoma commonly known as Deer Creek. His parents were John and Nora (Antelope) Heap of Birds.

After attending Mulberry Grade School and Thomas High School he attended Haskell Junior College in Lawrence, Kansas.

On May 12, 1943 Alfrich was inducted into the United States Marine Corps. He was a radio operator and saw action in Okinawa, Ryukyu Islands.

He was Honorably Dis-

charged in June 1946. Upon returning home a ceremony was performed to help him come home. With this ceremony his name was changed to Nok nee he vaz which means Charging Bear.

He married Joyce Standing Water July 1948 in Flagstaff, Arizona. They had 6 children. All are surviving now except 1 baby died at 3 days old.

Alfrich was a traditional Cheyenne Chief and arrow keeper. He renewed the arrows 4 times.

Alfrich gave his service to his country, the United States



of America. He gave his life in service to the Cheyenne People.

We the family feel very humbled at the honor of Barefoot Pow Wow asking to fly his flag.

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TSET
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SOUTHERN PLAINS
TREATMENT BOARD

84th Annual Barefoot Pow-wow
Barefoot Park Canton, Ok.
Sept. 16-18

MUST MAKE TWO GRAND ENTRIES TO RECEIVE PRIZE MONEY TINY TOT CONTEST EACH NIGHT

Honored Flags
FRIDAY
BILL GOULD
U.S.M.C.
SATURDAY
CHEYENNE CHIEF ROY BULLCOMING
U.S. Army WWII
SUNDAY
CHEYENNE CHIEF ALFRICH HEAP OF BIRDS
U.S.M.C. WWII
Sat.-Honored flag's family will feed and Princess Mya's family will feed
Sun.- Barefoot Committee will feed breakfast.

SPECIAL FEEDS
Friday- Bill Gould family will serve supper 6 p.m.
Saturday- Breakfast fed by Arapaho Chief Elvin Kendrick and Arapaho Chief Allen Sutton Jr. Princess Mya Guzman will serve supper Roy Bullcoming Sr. family will serve supper also
Sunday- Barefoot Powwow to feed breakfast

SPECIAL CONTEST
Saturday
Special contest honor Aila & Alfred Reyes Women's Buckskin & Cloth (ages combined-18 & older) Sponsored by Danny Reyes & brothers, \$300, \$200 & \$100
Sunday
\$1500 Men's Fancy Dance Special in Honor of Joe Bounenty Sponsored by A-4 Legislator
Buckskin Contest: In Memory of Katherine Hoffman 1st-\$500, 2nd-\$300, 3rd-\$200

Princesses 2016-2017
Sr. Princess- NELSIE RED BIRD
Jr. Princess- MYA GUZMAN

Head Staff
MCs- Eugene Black Bear
Edmond Nevaquaya
HSs- Richard Deer
Michael White Cloud
HM- Joe Bointy
HMG- Henry Hunter
HLB- Keaton Tartsah
HLG- Aleigha Little Thunder
Honored Vets Sheldon Sankey U.S.M.C. & Sidney Jackson U.S. Army
AD James Daukei

CONTEST
Friday- Jr. Division Boys-n-Girls Fancy, Straight, Tradition & Grass Buckskin, Cloth, Fancy Shawl & Jingle PRIZE MONEY 1st-\$100 2nd-\$75 3rd-\$50
Saturday- Sr. Division Woman's Buckskin, Cloth, Fancy Shawl & Jingle PRIZE MONEY 1st-\$300 2nd-\$200 3rd-\$100
Sunday- Sr. Division Men's Fancy, Straight, Tradition & Grass PRIZE MONEY

Not Responsible For Accidents Or Theft

POWWOWS & EVENTS CALENDAR

84th annual Barefoot Powwow
Sept. 16-18, 2016 at the Barefoot Park in Canton, Okla.
MCs Eugene Blackbear and Edmond Nevaquaya, HSs Richard Deer and Michael WhiteCloud, HM Joe Bointy, HMGD Henry Hunter, HLB Keaton Tartsah, HLG Aleigha Little Thunder, Honored Veterans Sheldon Sankey, U.S.M.C. and Sidney Jackson, U.S. Army and AD James Daukei.

Diabetes Wellness Program's eighth annual Buffalo Chili Cook-Off
10 a.m. - 2 p.m., Sept. 17, 2016 at the Canton Community Center in Canton, Okla.
Buffalo meat will be provided and issued upon registration. First place \$200, second place \$100 and third place \$75.
All Nations Baptist Church Revivals
Sept. 18-21, 2016, 6 p.m. nightly at 600 E. Broadway

in Kingfisher, Okla.
Defensive Driving Course
10 a.m., Sept. 28, 2016 at the El Reno Public Safety Center (new fire station) in El Reno, Okla. Call 405-422-7596 to sign up.
El Reno Indian Baptist Church Revival
Sept. 30 - Oct. 2, 2016 at the El Reno
7 p.m., Sept. 30, 7 p.m., Oct. 1 and 11 a.m. Oct. 2

at the El Reno Indian Baptist Church, 109 E. Arapaho Street in El Reno, Okla. Evangelist Steve Campbell of Stillwell, Okla., and music led by Dylan Mateo of Glorieta Baptist Church. For more information call 405-262-6929.
The fourth annual Washita Memorial Motorcycle Run
Oct. 8, 2016 beginning 8 a.m. registration at Lucky Star Casino in Concho, Okla.,

ending at the Washita Battlefield in Cheyenne, Okla. Breakfast will be served and meal provided after run.
For more information contact Amos Tallbear at 405-6257968 or Henry Sleeper at 405-4067265.
Ft. Sill Indian School annual Reunion
Oct. 14-15, 2016 at the Comanche Nation College, 1608 S.W. 9th Street in Lawton, Okla. Registration begins at 6 p.m., Friday,

Oct. 14. For more information contact Darlene DeFoe at 828-736-0851 or Phyllis Hunter at 405-247-1558.
H.O.P.E. Program's Community Outreach
12:30 p.m. - 3:30 p.m., Sept. 21 at the Seiling Community Center in Seiling, Okla.
1 p.m. - 4 p.m., Sept. 28 at the Watonga Community Center in Watonga, Okla. For more information call 405-422-7580.

Governor

continued from pg. 5

FORENSIC AUDIT

Governor's Position:

The Proposed Tribal Council Resolution titled "Forensic Audit," introduced by Marlin Hawk, requests that the Tribal Council take action to order the Tribes to undergo a forensic audit, which is an in-depth audit conducted by a forensic accounting expert used for litigation purposes, for the years 2010-2016. Mr. Hawk's mistaken justification is that a forensic audit is needed to fulfill the Constitution's requirement that an annual audit (or a routine audit conducted by an accounting office or certified public accountant on behalf of a corporation or government for routine business purposes) be conducted on a yearly basis.

Mr. Hawk's Proposed Resolution indicates that he believes the Tribes have not conducted any audits during this six-year timeframe, which is false. The Proposed Resolution also badly misreads the Constitution's requirement for an annual audit as an obligation for a forensic audit, which is more

costly and meant to fulfill legal requirements for litigation needs, not for ordinary business purposes. For those reasons, and the reasons below, I oppose this Proposed Resolution.

The Constitution requires that the Governor ensure an annual audit is conducted by a reputable accounting firm or certified public accountant. I have complied with this provision, and annual audits are already being conducted on a yearly basis.

Financial and compliance audits are performed yearly and made publicly available to the Tribes' members. The audits comply with all federal auditing and accounting standards, and the 2015 audit is currently in progress.

Mr. Hawk's attempt to require a forensic audit of all the Tribes' revenue is not consistent with the Constitution's annual audit requirement.

A forensic audit is much different from the annual audits required by federal law – and much more expensive.

A forensic audit is designed to thoroughly investigate each individual transaction and expenditure during a given period.

A forensic audit will be very time consuming and disruptive for tribal staff and the day-to-day administration of tribal programs.

Because forensic audits are heavily detailed and require the use of experts in both the preparation of the audit and the interpretation of the audit, they are also much more expensive than a regular, annual audit. A forensic audit will be very costly, likely in the neighborhood of \$1 million per year under investigation because auditors charge by the hour, and conducting a forensic audit of gaming and federal funds is extremely complex.

To put this in perspective, it is likely that the proposed six-year forensic audit could exceed the amount the Tribes expect to receive from the ultimate settlement of the Nez Perce litigation.

Before demanding that the Tribes incur such an expense, the Tribal Council needs to

be aware of the cost and consider which tribal program funds should be cut in order for this multi-million dollar project to be funded.

If the Tribal Council agrees with Mr. Hawk that a forensic audit is desirable, the more prudent intermediate step would be to ask the Executive Branch and the Legislature to study the issue and report back regarding the estimated project cost and the proposed method of funding.

Funding would need to comply with both federal law and with the Gaming Revenue Allocation Plan.

A possible funding source would be the funds from the Nez Perce settlement; however, because that settlement is not final, I am unable to predict when the funds will be paid to the Tribes and available to fund the project.

This would allow the Tribal Council to make an informed decision regarding the cost to the Tribes and the cuts to tribal programs and per capita payments that will be required to fund the project.

TRIBAL COUNCIL RESOLUTION TO SET A DRUG POLICY FOR THE CHEYENNE AND ARAPAHO TRIBAL GOVERNMENT

Governor's Position:

Albert Old Crow has proposed a Tribal Council Resolution titled "A Tribal Council Resolution to Set a Drug Policy for the Cheyenne and Arapaho Tribal Government." Mr. Old Crow would like to grant the Tribal Council Coordinator authority to establish a committee to determine what the Tribes' Alcohol and Drug policy will be, and is requesting the Tribal Council go ahead and approve that policy, making it effective on January 1,

2017, even though the policy has not yet been created.

This Proposed Resolution would have the Tribal Council Coordinator exceed her constitutional authority by establishing a committee to prepare drug and alcohol policies.

Pursuant to the Constitution as well as Resolution No. 100408ATC-001 and Resolution No. 111806STC-001, the Tribal Council Coordinator's job duties are extremely limited in scope, and consist of ministerial tasks,

such as posting and publishing notices and resolutions.

Although the Tribal Council is authorized to set policies for the Tribes, the preparation of actual policies for day-to-day use and implementation falls to the Executive Branch, often in coordination with the Legislature.

The Office of Personnel has recently submitted a proposed drug and alcohol policy for review, and the process is not complete.

Currently, in connection with both gam-

ing and with programs operated with federal funds, the Tribes must adhere to certain drug and alcohol testing and related requirements.

Thus, although the Tribes do not have an up-to-date policy, the Tribes are generally following federal guidelines.

Moreover, this Proposed Resolution attempts to appropriate funds for the project, but only the Legislature can appropriate funds. For these reasons, I oppose this Resolution.

SELECTION OF CEO/GENERAL MANAGER OF CASINO

Governor's Position:

In this Proposed Resolution, Alo Rednose urges the Tribal Council to violate the Constitution to replace the current General Manager for the casinos and assume the responsibility for hiring and managing the General Manager.

I oppose this Resolution for the following reasons:

This resolution attempts to move a key personnel position out of the Executive Branch in violation of the Constitution.

Under Article VII, Section 4 of the Constitution, all executive and administrative authority rests in the Executive Branch.

The authority to appoint and remove key personnel is essential to the Governor's con-

stitutional duties to enforce the laws.

The Constitution does not give the Tribal Council authority over tribal employees or personnel decisions.

Moreover, if the Proposed Resolution passes and the casinos' General Manager were to do something warranting immediate termination, the Tribal Council would not be able to react immediately.

The Tribal Council would have to satisfy all procedural requirements for holding a meeting, which means the Council could not take action for more than 30 days.

The cost of convening a special Tribal Council meeting solely for the purpose of making a single personnel decision would be unreasonably expensive.

The resolution fails to specify any standards or minimum experience and education for the General Manager.

The Executive Branch is charged with the responsibility for key personnel and is equipped to seek, vet, appoint, and supervise them as part of its every day administration of the government, while the Tribal Council is neither granted that authority, nor equipped to carry it out.

Were the General Manager position relegated to the whims of the Tribal Council, the impact on our gaming operations, revenues, and long-term objectives would be devastating.

The resolution implies that the General Manager is not subject to background checks,

but this is incorrect. Federal law requires that the General Manager pass an extensive background check and be licensed, which the current General Manager has done.

The Executive Branch already publishes information monthly regarding gaming revenues in the Tribal Tribune and provides this information at Shareholder meetings and to the Legislature. We are happy to consider additional ways in which we can provide information concerning our gaming operations; however, asking the General Manager to personally report at community meetings is redundant.

RESOLUTION AUTHORIZING THE GOVERNOR OF THE TRIBES TO CONTRACT WITH THE SECRETARY OF THE INTERIOR TO CONDUCT THE 2017 PRIMARY AND GENERAL ELECTIONS

Governor's Position:

Bobbie Hamilton has submitted a proposed Tribal Council Resolution titled "A Resolution authorizing the Governor of the Tribes to contract with the Secretary of the Interior or its Representatives to conduct the 2017 primary and general elections." Ms. Hamilton proposes that the Tribal Council relinquish the Tribes' sovereign authority over its own elections to the federal government for the 2017 election cycle. She also purports to authorize the Governor to enter into a contract with the federal government "to conduct and oversee the 2013 General and Primary Elections." She further proposes that the Tribes give tribal money to the federal government to conduct the "2013" elections "in any amount that is deemed reasonably necessary by the Bureau of Indian Affairs and/or the U.S. Department of Interior."

I oppose the Resolution for the following reasons:

This proposal urges the Tribal Council to

surrender one of its most precious and vital rights as a sovereign tribal government exercising tribal self-determination – the right to conduct its own elections.

This proposal recommends that the Tribes give an unspecified and unlimited amount of tribal funds to the federal government as part of giving up its sovereign authority over its elections, making it impossible to develop a budget for this.

The Proposed Resolution tries to perpetuate the myth that there is some question about the Tribes' leadership.

The United States and its various agencies have consistently dealt with me directly as the Governor of the Tribes and continue to do so.

The Proposed Resolution cites matters that were taken to the Interior Board of Indian Appeals, but those matters concerned Darryl Flyingman and myself.

Mr. Flyingman has subjected himself to the authority of our tribal court and me as

Governor on a number of occasions and ran unsuccessfully for legislative office last year – something he could not have done if he still claimed to be the Tribes' Governor.

The continued suggestion that the Tribes are in political disarray, even though by small dissident factions, serves only to harm the Tribes and make our dealings with the United States and with others (such as banks, construction contractors, and gaming vendors) more complicated and more expensive than necessary.

The wording of the Cheyenne and Arapaho Constitution requires that the Tribal Election Commission "shall . . . conduct all elections."

It would be a violation of the Constitution for the Secretary of the Interior to conduct the Tribes' elections and would represent a tremendous step backward for the Tribes.

For the last 50 years, tribes have fought to take control of tribal government operations. Tribes rejected the federal Termination

Policy that said tribal governments must end. Tribes fought for Self-Determination. Tribes said they can govern themselves. Tribes are governing themselves – including our Tribes.

The idea that we need the BIA or Department of the Interior to tell us what is best for us as Cheyenne and Arapaho tribal members is offensive to our sovereignty.

Our tribal members serve on the Election Commission. If there is a dispute, we have a tribal court to resolve it.

We do not need another episode of the BIA stepping in to create turmoil and strife, which paralyzes our tribal government's ability to serve our tribal members.

Under the Constitution, the Election Commission members are elected from each of the eight voting districts. In other words, tribal members elect other tribal members to serve on the Election Commission. This is how it should be – tribal members running Tribal government, rather than farming these critical functions out to the BIA.

TRIBAL COUNCIL RESOLUTION TO ADOPT THE CHEYENNE AND ARAPAHO TRIBES' PROCUREMENT POLICIES

Governor's Position:

The Proposed "Tribal Council Resolution to Adopt the Cheyenne and Arapaho Tribes' Procurement Policies," submitted by the Tribes' Department of Administration, requests that the Tribal Council take action to direct that procurement policies are updated annually by August 1; that the Office of Procurement, Grants and Contracts be appointed to update the procurement policies; and that

the Department of Administration's Director be appointed as the official to review revisions to the procurement policies.

Under Article VII, Section 1(c) of the Constitution, the Executive Branch includes the Office of Personnel, a Property and Supply Office, a Procurement, Grants, and Contracts Office, and a Planning and Development Office within the Department of Administration, with an Executive Director appointed by the Governor, subjected to the

approval of the Legislature.

I welcome suggestions on policy revisions, and, as this Resolution recognizes, it is the responsibility of the Executive Branch to develop policies governing these departments. In some cases, the policies will need to conform to federal requirements and must be carefully drafted.

Occasionally, the Executive Branch works with the Legislature to incorporate some policy aspects into tribal law

As the Proposed Resolution recognizes, our current procurement policies are out of date, and should be updated to meet today's standards.

The Proposed Resolution proposes to set a policy for the Tribes requiring that our procurement policies be updated annually, so that these policies will not become outdated again.

For these reasons I support the proposal.

TRIBAL COUNCIL RESOLUTION TO APPROVE PERSONNEL POLICIES FOR THE CHEYENNE AND ARAPAHO TRIBES

Governor's Position:

The Department of Administration has submitted the proposed Tribal Council Resolution, titled "A Tribal Council Resolution to approve Personnel Policies for the Cheyenne and Arapaho Tribes." This proposed

Resolution requests that the Tribal Council take action to direct that personnel policies are updated annually by August 1, which conform to federal law; that the Personnel Director be appointed to update the personnel policies; and that the Department

of Administration's Executive Director be appointed as the official to review revisions to the personnel policies.

Under Article VII, Section 1(c) of the Constitution, the Executive Branch includes the Office of Personnel, a Property and Supply

Office, a Procurement, Grants, and Contracts Office, and a Planning and Development Office within the Department of Administration, with an Executive Director appointed by the Governor, subjected to the approval of the

Governor

continued from pg. 11

CONTINUED / TRIBAL COUNCIL RESOLUTION TO APPROVE PERSONNEL POLICIES FOR THE CHEYENNE AND ARAPAHO TRIBES

Legislature. I welcome suggestions on policy revisions, and, as this Resolution recognizes, it is the responsibility of the Executive Branch to develop policies governing these depart-

ments. In some cases, the policies will need to conform to federal requirements and must be carefully drafted. Occasionally, the Executive Branch works

with the Legislature to incorporate some policy aspects into tribal law. As the Resolution recognizes, our current personnel policies are out of date, and should be updated to meet today's standards.

The Resolution proposes to set a policy for the Tribes requiring that our personnel policies are updated annually, so that these policies will not become outdated again. For these reasons, I support the proposal.

TRIBAL COUNCIL RESOLUTION TO APPROVE THE CHEYENNE AND ARAPAHO TRIBES' DRUG AND ALCOHOL POLICY

Governor's Position:

The Department of Administration has submitted the proposed Tribal Council Resolution, titled "A Tribal Council Resolution to approve the Cheyenne and Arapaho Tribes Drug and Alcohol Policy." This proposed Resolution requests that the Tribal Council take action to direct that drug and alcohol policies are updated annually by August 1, which conform to federal law; that the Office

of Personnel be appointed to update the drug and alcohol policies; and that the Department of Administration's Executive Director be appointed as the official to review revisions to the drug and alcohol policies.

Under Article VII, Section 1(c) of the Constitution, the Executive Branch includes the Office of Personnel within the Department of Administration, which is overseen by an Executive Director appointed by the Governor,

subjected to the approval of the Legislature. I welcome suggestions on policy revisions, and, as this Resolution recognizes, it is the responsibility of the Executive Branch to develop policies governing these departments.

In some cases, the policies will need to conform to federal requirements and must be carefully drafted.

Occasionally, the Executive Branch works

with the Legislature to incorporate some policy aspects into tribal law.

As the Resolution recognizes, our current personnel policies are out of date, and should be updated to meet today's standards.

The Resolution proposes to set a policy for the Tribes requiring that our drug and alcohol policies are updated annually, so that these policies will not become outdated again.

For these reasons, I support the proposal.

TRIBAL COUNCIL RESOLUTION TO APPROVE THE CHEYENNE AND ARAPAHO PROPERTY SUPPLY POLICIES

Governor's Position:

The Department of Administration has submitted the proposed Tribal Council Resolution, titled "A Tribal Council Resolution to Approve the Cheyenne and Arapaho Tribes' Property and Supply Policies." This Proposed Resolution requests that the Tribal Council take action to direct that property and supply policies are updated annually by August 1, which conforms to federal law; that the Property and Supply Program be ap-

pointed to update the property and supply policies; and that the Department of Administration's Executive Director be appointed as the official to review revisions to the property and supply policies.

Under Article VII, Section 1(c) of the Constitution, the Executive Branch includes the Office of Personnel, a Property and Supply Office, a Procurement, Grants, and Contracts Office, and a Planning and Development Office within the Department of Administration, with an Executive Director appointed

by the Governor, subject to the approval of the Legislature.

I welcome suggestions on policy revisions, and, as this Proposed Resolution recognizes, it is the responsibility of the Executive Branch to develop policies governing these departments.

In some cases, the policies will need to conform to federal requirements and must be carefully drafted.

Occasionally, the Executive Branch works with the Legislature to incorporate some pol-

icy aspects into tribal law.

As the Proposed Resolution recognizes, our current property and supply policies are out of date, and should be updated to meet today's standards.

The Proposed Resolution proposes to set a policy for the Tribes requiring that our property and supply policies are updated annually, so that these policies will not become outdated again.

For these reasons, I support the proposal.

RETENTION OF TRIBAL MEMBERS PURSUANT TO THE OCTOBER 31, 1967 TRIBAL ROLLS

Governor's Position:

In this Proposed Resolution, Terry Cornell urges the Tribal Council to reaffirm that Tribal Members that are enrolled by virtue of their inclusion on the October 31, 1967, Tribal Rolls, in accordance with the Constitution, Article IV, Section 1(a), retain their position as Tribal Members until death, regardless of blood quantum.

I support Mr. Cornell's Proposed Resolution and recommend the Tribal Council pass it, primarily for the following reasons:

The Resolution cites the Constitution, Article IV, Section 1(a) as granting the individuals listed on the 1967 rolls the right to tribal membership, without reference to blood quantum. The Resolution reaffirms that these individuals will remain members of the Tribes, in accordance with the Constitution.

Under Article IV, Section 1(a) of the Constitution, the rolls may be corrected, but those corrections are subject to the approval of the BIA.

Under Article IV, Section 4 of the Constitution, the Tribal Council's authority is limited to ordinances or resolutions "governing future membership and the adoption of new members."

This Proposed Resolution does not affect the current status of any Tribal Members, but rather reaffirms that the individuals who are Tribal Members by virtue of Article IV, Section 1(a) will remain Tribal Members in perpetuity until those individuals are divested of membership due to death.

There are a finite number of individuals who are Tribal Members by virtue of Article IV, Section 1(a), and new individuals not pre-

viously listed on the October 31, 1967 Roll cannot become Tribal Members under this provision. All individuals who are not listed on the October 31, 1967 Roll must have 1/4 degree or more blood quantum in accordance with the remaining membership provisions found within Article IV, Section 1(a), until such time as the Tribal Council chooses to amend these provisions for future membership, and the BIA approves those future membership provisions.

This Proposed Resolution does not attempt to make any changes to our current membership laws or the Constitution. Similarly, it does not attempt to make any changes to our current Tribal Membership. Rather, this Resolution seeks to reinforce the membership clause found within the Constitution, Article IV, Section 1(a). It touches upon an

important issue that requires careful thought and deliberation moving forward so that our Tribes are not torn apart, as others have been, by enrollment controversies. By reiterating the rights of those individuals who are Tribal Members by virtue of the Constitution, Article IV, Section 1(a), the Proposed Resolution further promotes and protects the due process rights of our Tribal Members to retain their membership unless properly divested, either by their own request or through a notice and hearing procedure. Further, this Proposed Resolution reaffirms those Tribal Member's equal protection rights found within the Constitution's Bill of Rights, Article I, Section 1(k), by preventing them from being divested of tribal membership without due process.

Accordingly, I support the Proposed Resolution.

Legislative News

August Regular Session. The Regular Session for August was held on Saturday, August 13, 2016. The following bills were passed:

A Resolution Addressing Overspent Budgets, vetoed by Gov. Hamilton Aug. 24, 2016.

A Resolution Requiring Financial Disclosure, vetoed by Gov. Hamilton Aug. 24, 2016.

A Resolution to Repeal 6L-SS-2016-0428-002, vetoed by Gov. Hamilton Aug. 24, 2016.

A Resolution to change Name and Address for Scott Grabeal Farming and Grazing Lease, signed by Gov. Hamilton on Aug. 16, 2016.

A Resolution to approve a contract with Texoma Power, signed by Gov. Hamilton on Aug. 16, 2016.

A Resolution to approve a Pasture/Grazing Lease with Chris Barton, signed by Gov. Hamilton on Aug. 16, 2016.

A Resolution to approve a contract with Total Radio, Inc., signed by Gov. Hamilton on Aug. 16, 2016.

A Resolution to approve a contract with Storm Sirens, Inc., signed by Gov. Hamilton on Aug.

16, 2016.

A Resolution to Authorize Elder Food Assistance, vetoed by Gov. Hamilton Aug. 24, 2016.

A Resolution to Apply for the 2016 Herd Development Grant from the Intertribal Buffalo Council, signed by Gov. Hamilton on Aug. 16, 2016.

A Resolution to Amend the 2016 Annual Budget-Tribal Council, vetoed by Gov. Hamilton on Aug. 24, 2016.

According to the Constitution, the Governor may call Special Sessions of the Legislature. There were Special Sessions held on Aug. 10, 16, 18, and 25 during the month of August. The following bills were passed:

A Resolution to Authorize the Allocation of Tax Funds for the School Clothing Program, signed by Gov. Hamilton on Aug. 10, 2016.

A Resolution to Approve a Mixed Martial Arts Site Agreement Between Ringside Ticket Inc. and Lucky Star Casino, signed by Gov. Hamilton on Aug. 10, 2016.

A Resolution to Approve the Contract for Marianne's Rentals for Special Events, signed by Gov. Hamilton on Aug.

| Hearing | Desc | C1 | C2 | C3 | C4 | A1 | A2 | A3 | A4 |
|---------|------------------------|----|----|----|----|----|----|----|----|
| Aug 3 | Hearing/Concho | | | * | | | | * | |
| Aug 4 | Hearing/Concho | * | | * | | | | * | |
| Aug 9 | Hearing/Concho | * | | * | | * | | * | |
| Aug 10 | Hearing/Concho | * | | * | | * | | * | |
| Aug 10 | Special Session/Concho | * | * | * | * | * | * | * | * |
| Aug 11 | Hearing/Concho | * | * | * | | * | * | * | |
| Aug 13 | Regular Session/Concho | * | * | * | * | * | * | * | * |
| Aug 16 | Hearing/Concho | * | | * | | * | * | * | |
| Aug 16 | Special Session/Concho | * | * | * | * | * | * | * | * |
| Aug 18 | Special Session/Concho | * | * | * | | * | * | * | * |
| Aug 25 | Hearing/Concho | * | * | * | * | * | * | * | * |
| Aug 25 | Special Session/Concho | * | * | * | * | * | * | * | * |

*PRESENT

17, 2016.

A Resolution to Approve the Contract for The Lawn Crew, signed by Gov. Hamilton on Aug. 17, 2016.

A Resolution to Authorize Budget Modification #6 to Ms. Carolyn Washee's Contract, signed by Gov. Hamilton on Aug. 17, 2016.

A Resolution to Approve the Application for the FDPRI Grant, signed by Gov. Hamilton on Aug. 19, 2016.

A Resolution to Approve the Insurance Proposal for the Storage Tank Liability Insurance, signed by Gov. Hamilton on Aug. 29, 2016.

A Resolution to Approve the Community Service Block Grant, signed by Gov. Hamilton on Aug.

29, 2016.

A Resolution to Approve the Low Income Home Energy Assistance Program, signed by Gov. Hamilton on Aug. 29, 2016.

According to the Legislative Pay Act passed November 2015 any legislator who doesn't attend a legislative session, either special or regular, does not get paid for one week. In the month of August 2016, no legislator forfeited pay.

Please contact your legislator or the legislative clerk for additional information. The Legislative Clerk Assistant Andrea De Leon can be reached at 405-422-7777 or email her at amain@c-a-tribes.org.

Cheyenne District 3 News

Submitted article

The Cheyenne District 3 welcomes every community to voice their issues, concerns and/or comments. The C3 employees are currently working towards building a stronger communication relationship with Tribal programs that offer services in our area. The community services specialist is available to refer individuals to resources that will assist your needs. These resources may be on a Tribal, local, state or federal level. You are welcomed to direct all inquiries to the community services specialist. The C3 office does not have emergency funds available. Tribal programs assist in these areas.

C3 is not set-up to process any request after hours or on weekends. Should your request be an emergency our office can assist in directing you to the appropriate department that handles emergency situations. When making any request please allow a minimum of two weeks to process payment. All requests must have a written letter outlining:

Type of assistance i.e. materials, snacks, door prizes, donations/contributions.

Outline amount requested such as number of prizes or donation amount.

Group/Organization name w/contact person, phone number & mailing address.

Items considered by the

National Indian Gaming Commission (NIGC) as "disallowed costs" are strictly prohibited. I.E. Payments made directly to individuals, rent payments/ rental deposits, housing payments, utility cut-offs/reconnects/ monthly bill, vehicle payments and fuel and/or cash assistance. Only tribal programs can give assistance to individuals. Elder Care, Social Services, R.E.Sp.E.C.T. programs are a few examples. The community services specialist can assist you in finding which Tribal services you may be eligible for. Any group/organization request will be considered and approval will be based on funding availability. All requests are subject to final approval from the Accounts Payable/Finance Dept.

The upcoming holiday months are quickly approaching and the District 3 office will be looking forward to planning events in our community. All events will be posted. Should you have any suggestions you would like to see in our area please do not hesitate to contact any District 3 employee.

To contact Cheyenne District 3/Speaker of the Sixth Legislature Reggie Wassana call 405-422-7589 or 405-301-6213, Assistant to the Speaker Tammy Rios at 405-422-7588 or 405-538-9435 and Community Services Specialist Norene Starr at 405-538-5330.

Happy Birthday / Congratulations



Wishing my sisters Ricque & Michelle A very Happy Birthday and many more! I love you both so much! Love, Codi



Happy Birthday Auntie LaVada! I love you scads! Love, Codi Moe



Happy 23rd Birthday Sept. 9 Latoya Lonelodge Love mom, Tommy, Jackie, Cadence, Destiny and Amaya



Big SHOUT OUT to Hershel Gorham for graduating from Oklahoma City University School of Law & passing the Oklahoma Bar Exam! Congratulations on your momentous achievements. Three years of hard work, dedication, preparation and you fulfilling your lifelong dream of becoming an attorney.

Best wishes & continued successes on your many endeavors ahead of you as you begin a new & exciting chapter in life! We're all extremely proud of you & love you always! Your family, Tuesday & Mark, Christian, Brynn, Andrea, Nehoni, Diesen, Jordan & Drake

Native Voices in Recovery 2nd annual Walk/Run



Native Voices in Recovery hosted their second annual fun walk during the Cheyenne & Arapaho Labor Day Powwow in Colony, Okla.

There were over 66 adult and 20 youth walkers who participated in this year's event.

Opening the day with prayer was Pastor Gerald Pannana, who also filled the role of MC.

Immediately following the walk, refreshments were served and participants were able to hear guest speaker Terry W., Ponca, with over 20 years of clean and sober living experience.

This year's event was

co-hosted by the Cheyenne and Arapaho Dept. of Health, SPF/Tradition Not Addiction who provided t-shirts for the event.

Native Voices in Recovery was founded in November 2013 by two Cheyenne-Arapaho tribal members who were in recovery and wished to become more active within their communities and spreading the message, "Recovery does work and it is a reachable reality."

Presently there are 10 committee members with a variety of skills and life experiences.

Photos by Damon Dunbar Sr.



Introducing Kennedy Amiyah Elledge

Welcome Miss Kennedy Amiyah Elledge to our family!

She was born on Aug. 4, 2016 and is already the love of our family.

Kennedy weighed 7 lbs., 2 oz., and was 20-1/2 inches long. She was born at 9:59 p.m.

Love you Kennedy, mom Mary, grandma, auntie Kel, all your aunts, uncles and cousins



CHALK IT OUT



Cheyenne & Arapaho Adult Education and MSPI hosted a 'Chalk it Out' contest during the 2nd annual Step Into My Shoes 5K run on Aug. 20 in Clinton, Okla.

First place winner was Goodwarrior Deer, 14, second place winner was Mazie LittleRaven and third place winner was Shawn Spotted-wolf.

Submitted photos



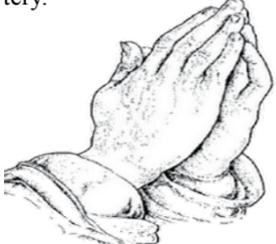
In Loving Memory



Carol Joyce Bull Coming
Sept. 1, 1940
Aug. 26, 2016

An all night wake service was held for Carol Joyce Bull Coming on Aug. 30 at the Hammon Community Center in Hammon, Okla.

Funeral services were held Aug. 31 at the Hammon High School Auditorium, followed by an interment at the Hammon Indian Mennonite Cemetery.



Dara Alexis Hicks
Jan. 26, 1995
Aug. 29, 2016

An all night wake service was held for Dara Alexis Hicks on Sept. 7 at the Concho Community Center in Concho, Okla.

Funeral services were held Sept. 3 at the Jenks Simmons Gym in El Reno, Okla., followed by an interment at the El Reno City Cemetery.

Dara passed away on Aug. 29 in El Reno. She was born on Jan. 26, 1995 in Oklahoma City. Dara resided in El Reno, was a graduate of El Reno High School and attended the Baptist Church.

She was a social person who loved to travel, shop and hang out with friends. She embraced the Cheyenne Arapaho culture.

She was preceded in death by her maternal grandparents, Joe and Valeria Ann



Hicks of Geary, Okla., and sister Chrissa Hicks.

She is survived by her brother Seth Hill of El Reno, sister Angelica Steele of El Reno, mother Cincie Upchego of El Reno, father Patrick Steele of Clinton, step-father Charles Hill of El Reno, sister Autumn Hill of Oklahoma City, paternal grandmother Carole Steele of Geary and numerous other relatives and many dear friends.

The Office of Veterans Affairs

The Cheyenne and Arapaho Veterans Office would like to remind our tribal veterans and their families if they would like their veteran's name to be added to the Memorial Wall to please send in their DD-214 with "honorable" discharge and tribal enrollment number. **The deadline this year is set for Sept. 30, 2016.**

Also if you have a need for a veteran's headstone or need assistance with ordering a DD-214 please call 405-422.7724.

The veterans office will also be hosting a veterans meeting 12 p.m. - 1 p.m., Sept. 27. All veterans, service members

and spouses of deceased veterans are invited to attend.

BRING IN YOU DD-214's and VA claims paperwork if you need assistance, 201 file from VA or C-file. A light lunch will be served.

Veterans day is coming up soon,. If you would like your veteran to be honored in the paper please send in a military photo if possible or just a photo and DD-214 to our office. If you have any questions please feel free to drop by our office at 100 Red Moon Circle in Concho, Okla, in the main Tribal complex.

Russell Willey, Director of Veterans Services
(o) 405.422.7724
email: lwilley@c-a-tribes.org

| CHEYENNE & ARAPAHO FOOD DISTRIBUTION PROGRAM | | | | | | |
|--|----------------------|-----|--|-----------------------------------|---|------------------------|
| SEPTEMBER 2016 | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT |
| OFFICE ISSUANCE: MUST SIGN IN BY 3 PM | | | 1 NUTRITION EDU. FOOD DEMO in conjunction with Greenhouse Garden Project | | | 3 NATIONAL RICE MONTH! |
| TAILGATE ISSUANCE: MUST SIGN IN BY 1 PM | | | 2 | | | |
| NO EXCEPTIONS! | | | 8 | | | |
| 4 Macademia Nut Day | 5 CLOSED FOR HOLIDAY | 6 | 7 | 11 | 12 | 13 CLINTON I TAILGATE |
| | | | | 14 SEILING TAILGATE | 15 HAMMON TAILGATE | 16 |
| | | | 18 Peanut Day | 19 | 20 CLINTON II TAILGATE | 21 |
| | | | | 22 ELK CITY TAILGATE | 23 CLOSED FOR HOLIDAY | 24 |
| | | | 25 | 26 | 27 NUTRITION EDU. FOOD DEMO in conjunction with Greenhouse Garden Project | 28 |
| | | | | 29 CLOSED FOR INVENTORY | 30 CLOSED FOR INVENTORY | |
| | | | | Last day to pick up food packages | | |

OFFICE HOURS: 8AM to 5PM
STORE HOURS: 9AM to 3PM
OFFICE PHO: 405-422-7873
FAX: 405-422-8261

This Institution is an Equal Opportunity Provider.

Vegetable Saute Dish
Made with greenhouse garden fresh vegetables

Ingredients
1 tablespoon vegetable oil
1 tablespoon butter
3 cloves garlic, finely minced (optional)
1 jalapeno pepper, seeds and ribs removed, minced
2 zucchinis, halved lengthwise and sliced
1 yellow bell pepper, cut into chunks
1 red bell pepper, cut into chunks
1/4 teaspoon salt
freshly ground black pepper to taste
1 pinch paprika

Directions
Heat olive oil and butter in a large skillet; cook and stir garlic and jalapeno in hot skillet until softened, about 5 minutes. Add zucchini, yellow bell pepper, and red bell pepper, continue to cook and stir until tender, about 5 minutes more. Season with salt, pepper, and paprika.

Vegetable Saute Dish

1 tbslp. olive oil
1 tbslp. butter
3 cloves garlic, finely minced (optional)
1 jalapeno pepper, seeds and ribs removed, minced
2 zucchini squash, halved lengthwise and sliced
1 yellow bell pepper, cut into chunks
1 red bell pepper, cut into chunks
1/4 tsp. salt

freshly ground black pepper to taste
1 pinch paprika

Heat olive oil and butter in a large skillet, cook and stir garlic and jalapeno in hot skillet until softened, about five minutes. Add zucchini, yellow bell pepper and red bell papper, continue to cook and stir until tender, about five more minutes. Season with salt, pepper and paprika.

EMPLOYMENT

Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver's license and a copy of CDIB (if applicable) to Personnel Department, PO Box 38, Concho, OK 73022 or email atisdale@c-a-tribes.org.

**Transit Driver I
Transit Program/FT
Closing: Until Filled**

Qualifications:
Transit driver must possess, or be willing to attend various training programs to gain, a CPR and First Aid certification. Must pass a pre-employment drug screening process and subject to random drug testing. Be able to prove lifting a minimum of 50 pounds, with no physical barriers from doing so. Must possess the ability to communicate effectively to patrons and superiors any findings, incidents, activities, and daily responsibilities. At a minimum, the transit driver must possess a high school diploma and possible completion of a commercial driving training program and defensive driving program. Experience may be acceptable to be equivalent.

SALARY: Negotiable

**Education Specialist
STEP Program
Closing: Until Filled**

Qualifications:
Bachelor's degree in education or related field preferred or an equivalent combination of education and experience substituting one year of experience in teaching for each year of the required education. Cheyenne and Arapaho preference.

SALARY: Negotiable

**Administrative Assistant
Dept. of Social Services
Closing: Until Filled**

Qualifications:
Must have a high school diploma/GED. Must be able to pass OSBI background check. Must understand the importance of confidentiality. Must be willing to attend any training, have knowledge of principles and practices related to budgeting. Must possess a valid Oklahoma driver's license and have dependable transportation. Must have ability to maintain a wholesome and favorable rapport with the general public, tribal members, program directors/coordinators, tribal employees and vendors. Must be computer literate, possess good writing skills and be able to communicate effectively. Must be willing to work beyond the normal working hours as needed. Cheyenne-Arapaho preference.

SALARY: Negotiable

**Substitute Teacher Aide
Canton & Concho
Closing: Until Filled**

Qualifications:
Must have a valid Oklahoma driver's license and be willing to obtain a CDL and Bus Driver's Certificate within 90 days of hire. Must be in good physical health which allows lifting and moving. Knowledge of Head Start is desirable. Ability to work independently. A high school diploma or GED certification required. Must be familiar with federal, regional, state and local Tribal regulations as they apply to the specific area of program operations.

SALARY: Negotiable

**Community Development
Director
Closing: Until Filled**

Qualifications:
Under the direct supervision of the Executive Director of the DOA, incumbent is responsible for planning and coordinating the implementation of community development projects and public facility improvements, public services and other related projects. The Community Development Program will also oversee the building and zoning function of the tribal community. Associate's or bachelor's degree in construction science is preferred. At least two years experience in construction management, project planning, AIA forms and contracts, shop drawings and specifications, familiar with as-built drawings, blueprint, AutoCAD, construction budgeting, scheduling, bonding, estimating, change orders, chart of accounts, financial management and ethics. Proficient computer skills including but not limited to Microsoft Office Suite. Valid state driver's license required. Native American preference; tribal member preferred. Must have knowledge of and experience with tribal governments. Must have effective interpersonal skills including the ability to communicate effectively in writing and verbally.

SALARY: Negotiable

**Office Clerk
Enrollment Office
Closing: Until Filled**

Qualifications:
High school diploma or GED certification required. Requires previous experience in general office procedures, filing, typing, data entry, answering phones and working with the public. Highly proficient time and stress management skills. Proficient knowledge of office administration. Knowledge of program policies and regulations a plus. Ability to relate and work with the Indian and non-Indian communities. Cheyenne-Arapaho preference.

SALARY: Negotiable

**Administrative Assistant
Food Distribution
Closing: Until Filled**

Qualifications:
Possess two years of relevant specialized experience. High school diploma or GED required. Valid state driver's license required. Be able to effectively communicate orally and written. Understand the importance of confidentiality and be able to abide by all personnel policies. Be able to work with difficult clientele.

SALARY: Negotiable

**Tailgate Certification
Food Distribution
Closing: Until Filled**

Qualifications:
High school graduate or GED certified. Typing and computer skill desired. Must have valid Oklahoma state driver's license. Food handler's licensing preferred within 90 days of employment. CPR/First Aide/AED Certified preferred within 90 days of employment. Cheyenne-Arapaho preference. Must be dependable and be punctual to work.

SALARY: Negotiable

**TRIBAL TRIBUNE
DEADLINES**
At 3 p.m. every 8th and 23rd of the month. Unless the 8th or 23rd falls on a weekend, it will be the Friday preceding.

Notice-All tribal offices will be closed on Friday, Sept. 23, 2016 in observance of National Indian Day. Offices will reopen Monday, Sept. 26 at 8 a.m.

PUBLIC NOTICES

Deadline for Change of Address and W9 forms is Nov. 10, 2016.

Adult Change of Address and W9 Process:

Please read instructions on the Change of Address form and W9. The Change of Address form requires all areas to be filled out according to instructions and to be notarized. If all areas are not filled out according to the instructions, the forms will be returned, which will delay your paperwork.

The W9 requires your full name, address, social security number, signature, and date. The address placed on the W9 will be the address the check will be sent to. Please keep in mind this address should match with Enrollment's mailing address.

Please submit all Change of Address and W9 forms to the Enrollment Department by Nov. 10, 2016. Forms can be mailed to you by calling Enrollment Department at 405-422-7600 or 800-247-4612 ext. 27600 or printed off on our website at www.c-a-tribes.org/content/departement-enrollment.

Change of Address form will need to be notarized before submission. Enrollment Department will forward all updated forms to the Per Capita Office.

Per Capita Office will mail your check or any letters concerning your account to mailing address on Change of Address and W9. Once paperwork is processed, Per Cap Office will review accounts to determine if any past due checks are available for re-issue.

Minor Change of Address forms need to be notarized and signed by legal guardian. All original guardianship documents should be turned in with Minor Change of Address forms if needed.

If you have any Child Support, Student Loans or Federal Garnishments that need to be addressed, or questions, please contact the Per Capita Office at 800-247-4612 ext. 27725 or 405-422-7725. All garnishments of Child Support, Student Loans, and/or Federal Garnishments need to be submitted to the Per Capita Office by Nov. 15, 2016.

TERO JOB BANK RECRUITMENT & CONTRACTOR CERTIFICATION

Hosted by the Cheyenne and Arapaho Tribes' Employment & Training Administration (ETA) Program

ATTENTION GENERAL LABORERS, CONSTRUCTION TRADESMEN, AND CONTRACTORS SERIOUS APPLICANTS NEED ONLY APPLY!!!

The Cheyenne and Arapaho Tribes Tribal Employment Rights Office (TERO) will be hosting the recruitment event at the Native American Church (NAC) at Concho, OK, Sept. 22, 2016, 1 p.m. - 5 p.m. Lunch will be provided. If you have any questions please contact Thomas Fasthorse, ETA Administrative Assistant - TERO Officer at 405-422-7490.

LEGAL NOTICES

Eastern Band of Cherokee Indians
Cherokee Court
File No. 16-416

CIVIL SUMMONS

Name of Plaintiff: Amanda Gould
Address: 4992 Big Cove Rd.
City, State, Zip: Cherokee, NC 28719

VERSUS

Names of Defendant(s): Lawrence Pedro

Alias and Parties Summons
Date Last Summons Issued

To Each of the Defendant(s) Named Below:

Name and Address of Defendant 1: Lawrence Pedro, P.O. Box 41, Concho, OK 73022

Name and Address of Defendant 2:

A Civil Action Has Been Commenced Against You!

You are notified to appear and answer the complaint of the plaintiff as follows:

- Serve a copy of your written answer to the complaint upon the plaintiff or plaintiff's attorney within thirty (30) days after you have been served. You may serve your answer by delivering a copy to the plaintiff or by mailing it to the Plaintiff's last known address, and
- File the original of the written answer with the Clerk of Court, Cherokee Courthouse, 1 Aquoni Road, Cherokee Quail Boundary (North Carolina)

If you fail to answer the complaint, the plaintiff will apply to the Court for the relief demanded in the complaint.

Name and Address of Plaintiff's Attorney (if name, address of Plaintiff):
Date Issued: 8-2-16 Time: AM PM
Signature: Heather Monney
Witness: Clerk of Court

Don't miss your copy of the Tribal Tribune. Send address changes to Tribal Tribune, PO Box 38, Concho, Okla. 73022

**Cheyenne and Arapaho Tribes
Annual Tribal Council Meeting
Concho, Oklahoma
October 1, 2016
10:00 A.M.**

The Cheyenne and Arapaho Transit Program will be providing transportation services from the following towns and cities to Concho, Oklahoma for the Annual Tribal Council Meeting. Return service to stop locations will be provided for passengers when the meeting is concluded. Each transit vehicle can accommodate 12 passengers or 10 passengers and 2 wheelchairs. Listed below are three routes; each identifying the town, location, and pick-up time to get passengers to Concho by 10:00 a.m.

| Blue Route | | |
|-------------|---|--------------|
| Town | Location | Pick-up Time |
| Hammon | Comm. Hall (801 Dunn St.) | 7:15 a.m. |
| Elk City | Love's Travel (2703 E. Hwy 66) | 7:30 a.m. |
| Clinton | Domino Food & Fuel (1324 W Gary Blvd) | 8:00 a.m. |
| Thomas | Sewel Park (East of Pool) | 8:35 a.m. |
| Weatherford | Hutch's (7 th & Main Street) | 9:00 a.m. |

| Green Route | | |
|-------------|--|--------------|
| Town | Location | Pick-up Time |
| Woodward | Wal-Mart(3215 Williams Ave-N Parking Area) | 6:30 a.m. |
| Selling | C-1 Office (411 N Main Street) | 7:00 a.m. |
| Longdale | Jiffy Trip (Hwy 59 & 1 st Street) | 7:40 a.m. |
| Canton | Community Hall (206 N Jefferson) | 8:00 a.m. |
| Watonga | Domino (603 Russworm Dr) | 8:30 a.m. |
| Kingfisher | Wal-Mart (200 Starlite Dr) | 9:00 a.m. |

| Red Route | | |
|---------------|-------------------------------|--------------|
| Town | Location | Pick-up Time |
| Oklahoma City | On Cue (Reno & MacArthur) | 8:00 a.m. |
| Geary | Community Hall (121 E Main) | 9:00 a.m. |
| Calumet | Jiffy Trip (121 S Central Rd) | 9:15 a.m. |
| El Reno | Wal-Mart (SE Parking Area) | 9:35 a.m. |

PUBLIC NOTICE & AGENDA
TO: ALL CHEYENNE AND ARAPAHO TRIBAL MEMBERS
(18 YEARS AND OLDER ON OR BEFORE OCTOBER 1st, 2016)
Annual Tribal Council Meeting
Saturday October 1st @ 10:00 am
Concho Community Hall - Concho, OK

In accordance with the Cheyenne & Arapaho Tribes' Constitution, pursuant to Article V, Sec. 3 (a) An Annual Meeting of the Tribal Council shall be held on the first Saturday in October. No other meetings of the Tribes shall be held on the first Saturday in October including a Special Tribal Council meeting or a meeting of the Legislature. The Annual Meeting of the Tribal Council shall be held in Concho. The Tribes shall provide bus transportation for members of the Tribes to attend the Annual Meeting.

The Annual Tribal Council Meeting is being held on Saturday, October 1st, at 10:00 am. The Annual Tribal Council meeting shall be held at the Concho Community Building, Concho, OK. The agenda of the Annual Tribal Council Meeting is listed below.

The purpose of this meeting shall be to vote on the following resolutions:

- Resolution authorizing Governor to Contract with the Secretary of the Interior to Conduct 2017 primary and general elections
- Resolution to Remove the Tribal Council Coordinator
- Resolution for Revision of the Gaming Revenue Allocation Plan
- Resolution for Forensic Audit
- Resolution for Housing Authority Policy
- Resolution for a Selection of CEO/General Manager
- Resolution for Tribal Legislature to initiate hearing on Governor
- Resolution conforming of Tribal Rolls to Article IV, Blood Quantum Requirement
- Resolution for Retention of Tribal members pursuant to the October 31st, 1967 Tribal Rolls
- Resolution to establish an Emergency Operations Plan for the Cheyenne and Arapaho Tribes
- Tribal Council Resolution to set a Drug Policy for the Cheyenne and Arapaho Government
- Tribal Council Resolution to Approve the Cheyenne and Arapaho Tribes Drug Policy Alcohol Policy
- Tribal Council Resolution to Adopt Cheyenne and Arapaho Tribes Procurement Policy
- Tribal Council Resolution to Approve the Personnel Policies for the Cheyenne and Arapaho Tribes
- Tribal Council Resolution to Approve the Property and Supply Policy

Any resolution is available to the public.

Office of the Tribal Council:
Jennifer Wilkinson, Tribal Council Coordinator, 405-246-8175
Office phone: 405-422-7430
P.O. BOX 38, Concho, Okla. 73022



STEP into MY SHOES 5K COLOR RUN/WALK CLINTON OKLA.

THANK YOU FOR MAKING OUR EVENT SUCCESSFUL

Our community members, vendors, & organizations

Chance Rush
Tonia Jo Hall
Ha'Stylez
DJ Emcee 1
Tim Davis & Felicia, Clinton ICE Company
All Star Video, Weatherford
John Shaddon, Pepsi Co Clinton (water donation)
Lucky Star Clinton Casino
Gerald Panana
City of Clinton-Cones and road signs
Brad Thompson, Thompson Electric
Bar-S Foods, Clinton
Homeland, Clinton
John Morton, Custer County Health Department
Rebekah Doyle, Canadian County Health Department
Southern Plains Tribal Health Board
Juliana Farias
Norene Starr
Homer Wassana
Jarred Johnson
Cheyenne Buffalomeat
Summer Blackowl
Andreas Mendez
Damien Marquez
Alundra Martinez
Melissa Pedro
Virginia Reyes
Regina Youngbear
Sheena Gaines
Jessie Botone
Parents and Guardians of the C&A Youth Council members
Keri Divis, Opportunities Inc.
Western Oklahoma Wellness Initiative, signs
Action Associates, Clinton
Indian Health Service Clinton Service Unit
Youth Care of Oklahoma
Cheyenne and Arapaho Tribes
Reggie Wassana, Cheyenne District 3 Legislator-Provided lunch
Tammy Rios, C3 staff
Patrick Spottedwolf, Arapaho District 3 Legislator-Provided lunch
Corrine Morton, A3 staff
Amaris Sweezy-TSPF
Clara Bushyhead-TSPF
Erica Scherdin-Housing
Esther Aguilar-Housing
Nancy Ross-Housing
Bill Tallbear-Housing
Kathleen Tallbear-Adult Education
Jerilyn Longknife-RESPECT
Alan Sutton-Health Board
Moses Starr-Health Board
Quinton Roman Nose-Health Board
Summer Klinekole-Health Board
Clinton Security Team
Justin Twins-Culture & Heritage
Eagle Runningwater-Culture & Heritage
Nick Barton-Tribal Health Director
Department of Housing-Parking
Adult Education-Sidewalk Chalk RESPECT Program
Emergency Medical Services-water station
Youth Council-color station manpower
Substance Abuse Program

SPF-TIG (Tradition, Not Addiction)
Health Education
Diabetes Wellness Program
Community Health Representatives
Indian Health Service – Clinton Service Unit
Bonnie Kraft-PHN
Whitney Moseley-PHN
Anthony Scabby-PHN
William Williams-PHN
Shoune Tallbird-PHN
Lahoma Schultz-Behavioral Health Services Booth
Jonell James-Behavioral Health Services Booth
Terry Lee-Behavioral Health Services Booth
Pam Heap of Birds-Business Office/Spin-the-Wheel
Caroline Plummer-Business Office/Spin-the-Wheel
Teresa Murray-Business Office
Rachel Colvin-Business Office
Julie Cox-Business Office
Ashley Foster-Business Office and Race Registration
Kim Bownds-Physical Medicine and Rehabilitation
Charlotte Wetselline-Physical Medicine and Rehabilitation
Candace Banks-Physical Medicine and Rehabilitation
Cameron Blevins-Physical Medicine and Rehabilitation
Haley Larsen-Physical Medicine and Rehabilitation
Mitzie Eaton-Physical Medicine and Rehabilitation
Susan Rose-Physical Medicine and Rehabilitation
Amanda Haggard-Pharmacy/Race Participant
Michael Hunt-Pharmacy/Double Shot Basketball
Alyssa Rowe-Dental/Race Participant
Elverna Spottedwolf – Dental Booth
April Wazhaxi-Administration/Samson Smash Hi-Striker
Stewart Jones-April's family/Samson Smash Hi-Striker
Corey Rodgers-Administration/Race Registration/Double Shot Basketball
Joe Bryant-Administration/Race Registration/Double Shot Basketball
Becky Johnson-Clinical Applications/Games
Beverly Felton-Race Registration/Duck Pond
Taylor Tanner-Beverly's family/Duck Pond
Chris Tanner-Beverly's family/Duck Pond
Michelle Beshaw-Race Participants/Floater
Molly Danforth-Race Participants/Floater
Event sponsored and funded in part by:
Cheyenne and Arapaho Tribes Department of Health Programs
Indian Health Service-Methamphetamine and Suicide Prevention Initiative
SAMHSA-Strategic Prevention Framework Tribal Incentive Grant
Cheyenne and Arapaho Tribes Gaming Revenue

Paid advertising



One of the great MMA fighters promoting Apocalypse in the Cage event Sept. 24

By Rosemary Stephens, Editor-in-Chief

Tito Ortiz.

The name needs no introduction for millions of mixed martial art fans.

Ortiz will be on site Sept. 24 at Concho Lucky Star Casino to greet fans and promote the premiere fight event Apocalypse in the Cage. With 10 fights on the card and the main event, heavyweight championship fight between Myron Dennis and Max Trevino, the day promises to be packed full of MMA excitement.

"I will be signing autographs for all the fans in Oklahoma and I am helping to bring some great matches to Oklahoma. The heavyweight championship, Dennis and Trevino fight will be great. There are 10 fights on the card, the doors open at 3 p.m. and the fights will start at 4 p.m. It's going to be great for the fans to come out and see the up and coming fighters getting started out," Ortiz said.

A 19-year veteran of the cage, Ortiz, now 41, has enjoyed a long, successful career as a MMA fighter. He held the Light Heavyweight Championship for the UFC from 2000 – 2003, as one of the longest reigning champions. On July 7, 2012 he was inducted into the UFC Hall of Fame, ironically on the same day he was to fight for the last time with UFC, and currently Ortiz fights for Bellator, which airs on Spike TV.

"I've been into fighting since I was 22 and never stopped since then. I kept my nose to the grindstone and treated it like a business and have flourished over the years," he said.

But Ortiz's success did not come easy. His rough start early in life could have easily derailed him into a direction of destruction if he had not found wrestling.

Born Jacob Christopher Ortiz in Huntington Beach, Calif., Ortiz was nicknamed by his father at an early age as Tito.

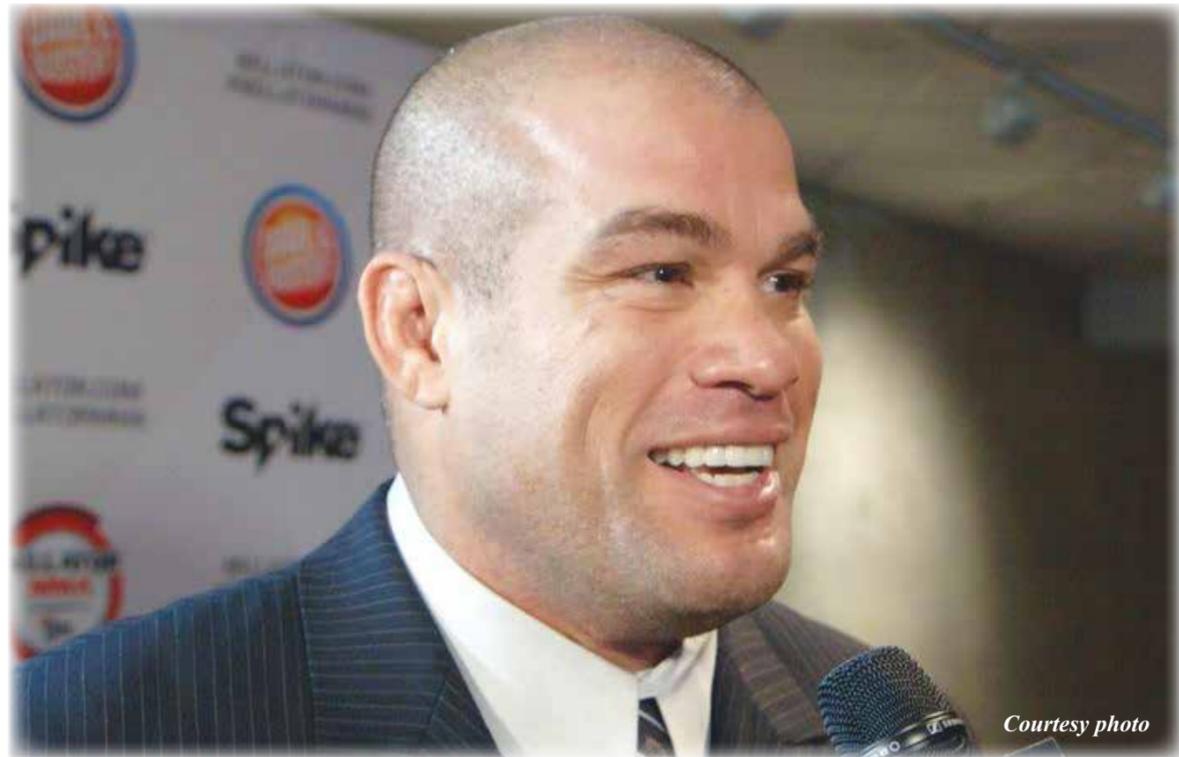
"I've heard that Tito is known to mean tyrant and I guess I was a little tyrant as a kid so my father nicknamed me that and it stuck. It lasted through my entire fighting career," Ortiz said.

Life for Ortiz was great he said until the age of 6 when his parents got into drugs and didn't want to be responsible at the time.

"I kind of went on that ride with them. I got into gangs because I didn't have any home life and in the gangs if you did things for them you got respect and respect was something I wanted," Ortiz said. "As I got older I came to realize I was on a dead-end road and if you wanted to be financially and psychologically stable, be a good person, being in a gang wasn't my idea for that future."

Just when Ortiz's life looked like it would go nowhere, he was introduced to wrestling. A sport that he says saved his life.

"I learned at a young age who you surround yourself with is who you become."
- Tito Ortiz



Courtesy photo

"I was 13 years old, my mother had left my father because he didn't want to get sober and we moved from Santa Ana, Calif., back to Huntington Beach. I got a second chance in my life then because I got away from the gangs, found wrestling, that saved my life, and I wrestled all during high school working hard from that point on," he said.

He excelled in the sport making the varsity squad his second year in high school and wrestled his way all the way into college.

"I learned to work hard and be a good person. Through determination and hard work I have succeeded in life. I have three boys that I am very, very lucky to

have. They are smart, athletic like I am. Being a father has taught me a lot and I am teaching them to have respect and values in life and I think I am doing a good job so far. One is 13 years old and is a straight A student and I have a set of 7-year-old twins that are doing great in school. Trying to be a great parent is my main job today after fighting for such a long time. I am blessed financially to be able to grow my family and give them every opportunity in life," Ortiz said.

Ortiz is not only a successful MMA fighter, but he is also a

successful entrepreneur, starting his own MMA clothing line in 1999 called Punishment Athletics.

"I had a \$100 in my pocket and had an idea ... I thought what if I started a clothing company surrounding the mixed martial arts, a clothing brand. Cool and positive messages. I am a stable entity in the mixed martial arts clothing line because I have been around such a long time. All the designs are my ideas, made by a fighter for fighters and not just fighters in the cage but fighters in life," he said.

One thing for sure, Ortiz's success in the cage hasn't come without paying some heavy physical prices. He has had three knee surgeries, back surgery, eye surgery and three neck surgeries, but said he continues because of his fans that keep him wanting to work hard.

"I learned at a young age who you surround yourself with is who you become and I have surrounded myself with a lot of good people and fans. I have made mistakes, but I have learned from my mistakes and actually am proud of those mistakes because I never made them twice. Things I have done have been a great learning experience in my life."

You can meet Ortiz Sept. 24 at Lucky Star Casino in Concho, Okla. during the Apocalypse in the Cage MMA event. To purchase any of Ortiz's clothing line visit www.punishment.com.

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