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Aug. 15, 2016 - Volume 12, Issue 16



Photo by Bad Rooster Images

Fast boats, fast cars equal big opportunity for tribes

By Rosemary Stephens, Editor-in-Chief

Start your engines and let the race begin.

Boldly painted drag boats in every imaginable color dotted Lucky Star Casino's parking lot Aug 5 in Concho. Sprinkled with some very fast ... and loud ... racecars. Whether a stock car racing fan, drag strip or off-road racing fan, there was something for every racing enthusiast.

A grand display and a show of support throughout the racing industry for announcing a feasibility phase of a racetrack facility just south of Lucky Star Casino.

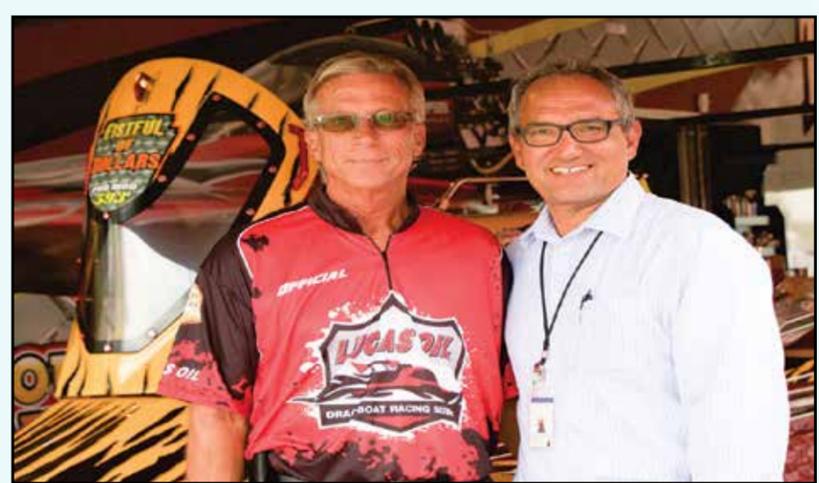
"Today we are excited to introduce that we are entering into the feasibility study phase of putting a racetrack facility out here in Concho. The spot we are looking at is the agricultural land south of the casino. There is a 500 hundred-acre field down there and we are looking at using approximately 200 acres of that land. This land currently is leased out and right now the tribes receive about \$9,000 off of that lease per year," Nathan Hart, Economic Development director said.

Hart said he would determine in the next 90 days what the revenue could be from having a racetrack venue, but, "today is introducing this project to the tribal membership and over the next 90 days what our office, Economic Development, will do is we will study what the cost is for putting all the components of this facility together and we will run an analysis on what the profit potentially is. After the 90-day period we will present that information back out to the tribes and then there will be some decisions to be made after that. Deci-

sions like what part of what we studied are we going to begin to develop out here. After that we will move into the phase of all our financing options. We will know how much it's going to cost and figure out potentially what we want to build and where we are going to get the money from," Hart said.

Ken Dollar, Lucas Oil series director and one of the largest sponsors of National drag boat racing and car racing of all types likens a racing venue in Concho like that of Wild Horse Pass Motorsports Park owned by the Gila River tribe in Arizona.

"This is a huge market out here. The way it is centrally located, it will draw from both coasts. Anything centrally located like this will be huge for the industry. We had a company do an economic impact study out in Chandler Arizona about four years ago at the Wild Horse Pass Motorsports Park (formerly called Firebird Raceway) owned by the Gila River tribe which basically mirrors what you could try and do here. It is basically



Ken Dollar, Lucas Oil series director and Cheyenne & Arapaho Economic Development Director Nathan Hart are exploring the feasibility of a national event being held in Concho if there is a possibility of opening a motorsports park south of Lucky Star Casino. (Photo by Rosemary Stephens)

the same size market as theirs and we have been racing out there for, well this will be the 34th year out there. At the spring races we bring in about 15,000 to 18,000 people for that race and for

See **Feasibility of motorsports park** pg. 8

Group of 141 tribal citizens say no

Cheyenne/Arapaho Tribal Council calls special meeting to address construction phase of new sports complex

By Rosemary Stephens, Editor-in-Chief

A special Tribal Council meeting of Cheyenne and Arapaho citizens was held Saturday, July 30 at the Clinton Community Center in Clinton, Okla.

There were two items on the agenda, both focused on the construction of a new sports/wellness building project under the Recreation, Exercise, Sports for the Elders and Children of the Tribe (R.E.Sp.E.C.T.) Program.

Agenda item one, A Tribal Council Resolution to Repeal Tribal Council Resolution No. 111508STC-005.

(Resolution No. 111508STC-005 was passed on Nov. 15, 2008 at a Special Tribal Council meeting and supported "the construction of a permanent ground up structure to house R.E.Sp.E.C.T.'s Wellness Center/Gymnasium, health classrooms, fitness area and program offices and Head Start classrooms.)

Agenda item one to repeal Resolution No. 111508STC-005 passed with a vote of 141 in favor of repealing, 94 against repealing, 1 abstaining and 1 not voting.

Agenda item two, A Tribal Council Resolution to Repeal Legislative Resolution 6L-SS-2016-0428-002 Approval of Phase - Construction and Guaranteed Maximum Price for the R.E.Sp.E.C.T. Gymnasium.

Legislative Resolution 6L-SS-2016-0428-002, dated April 19, 2016, reads in part, "Now therefore be it resolved that the Cheyenne and Arapaho Tribal Legislature pursuant to Article VII, Section 4(d) of the Tribal Constitution does hereby approve Phase B-Construction, the Guaranteed Maximum Price of \$1,794,468. And authorize Governor Eddie Hamilton to sign the attached Design-Build Contract with Red Stone Construction Services, LLC and all



The R.E.Sp.E.C.T. sports/wellness complex, a ground up structure, first approved by Tribal Council in 2008 has been an eight year process, and in anticipation of finally completing the construction phase, a premature groundbreaking for the complex was held on July 25. The sign remains standing in the ground. (Photo by Rosemary Stephens)

other related necessary documents.

Now therefore be it further resolved that the R.E.Sp.E.C.T. program 2016 annual budget be amended to add a line for "Capital Improvements - Concho Gymnasium" with funding from Tax revenues in the amount of \$1,794,468.

Now therefore be it resolved that the sum of \$1,794,468. Is authorized to be expended from the Tax revenues to pay the Phase B construction expenses of said Contract."

Agenda item two passed with a vote of 137 for repealing legislative resolution, 80 against repealing, 1 abstaining and 1 not voting.

The R.E.Sp.E.C.T. sports/wellness complex, a ground up structure, first approved by Tribal Council in 2008 has been an eight year process. Originally a request for funding for the new R.E.Sp.E.C.T. gym/wellness center was petitioned by former R.E.Sp.E.C.T. Director Carrie Whitlow in early 2012 from the Cheyenne & Arapaho Tax Commission. See **Sports complex** pg. 6

Land Management office opens at C&A headquarters

(Concho) The Cheyenne & Arapaho tribes Land Management Office (CALMO) has officially opened for business to serve tribal citizens.

CALMO will offer a variety of services including a public notary, land owner advocacy, probate and living will assistance, land buy back, land titles and records, GIS mapping and more.

The office is located at tribal headquarters, 100 Red Moon Circle, Office 119 in Concho, Okla. Staff includes Director Robert Wilson, Assistant Director Caresa James, Land Resource Specialist Abner Goodbear, Land Resource Specialist Daniel Tallbear and LMO Administrative Assistance Leah Elledge.

There will be an open house 10 a.m. - 2 p.m., Wednesday, Aug. 31.

For more information call 405-422-7403 or email calmo@c-a-tribes.org.

Supporting culture as prevention against substance abuse

By Latoya Lonelodge, Staff Reporter

Prevention of alcohol and drug abuse is one of the many leading topics of today seen within tribal cultures.

The Native American Summit held Aug. 3 at the Hilton Garden Inn Conference Center in Lawton, Okla. was conducted for youth and adults alike, ultimately promoting culture as prevention.

Some of the keynote speakers were Chance Rush and Dr. Elisabeth Ponce-Garcia. The speaking theme of the dangers of underage drinking was highly discussed and emphasized. Tribal youth groups and programs alike joined the conference to partake in conference activities including workshops, presentations and insightful information from speakers.

The Cheyenne and Arapaho Tribal Youth Council (CATYC) were invited to present a slideshow in one of the workshops to represent R.E.Sp.E.C.T. (pseudonym for Recreation, Exercise, Sports for the Elders and Children of the Tribe) events and what it stands for amongst the tribe.

The attendees were educated on the dangers of underage drinking and prevention methods for addiction. The youth were separated into different workshops, one of which the CATYC did their slide-show presentation and by doing so also invited other tribal youth members to future events. During the workshop youth participated in icebreaker games, allowing each of the tribal youth members to connect in a positive and energetic environment. It was a time to connect, engage and

learn.

"The whole theme today was culture is prevention. What our youth council has been working on all day yesterday and the day before are prevention methods and using culture as prevention, sports is a big part of their culture so they implement that as a part of prevention and all the kids did presentations over garden projects, the project that they started last year and made it into an annual event. They also participated in the sports and fitness activities at RomanNose park," Jerilyn Longknife, R.E.Sp.E.C.T. event coordinator, said.

The CATYC have taken part in several activities, traveling place to place to represent their tribe.

"They've also started a singing group practicing hymns. We participated in the cultural classes, the buffalo butcher, they're just giving ideas to other youth councils on prevention methods and activities that they have done. They also did some games and activities with other groups, it's for our kids to come and meet the other groups that are here in Oklahoma," Longknife said.

Most of the tribal youth members who attended the Native American Summit had previously attended and participated in the UNITY Conference held a week prior to the conference. Youth members were encouraged to engage and be a representation of what they learned from UNITY and what they have been taught of prevention methods.

Some of the challenges that tribal pro-

grams face today is implementing facts to the public and being able to successfully engage the community with the awareness of dangers that alcohol and drug abuse cause.

"The hardest part that I had with the mindset is getting our people educated and to know that this is really a problem. We take assessments, get a feel for community awareness and just have a low perception of harm. So educating the public first and foremost about the problem and how it's affecting our tribe and the need to change it, that's the biggest obstacle that we're trying to attack right now," Clara Bushyhead, Strategic Prevention Framework coordinator, said.

The one-day conference was packed with insightful information for prevention methods and the benefits of using culture to successfully rid Native communities of addiction. The hope is by attending, participating and coming together, Native youth are becoming more encouraged to fight the dangers of substance abuse and underage drinking that are harming communities today.

Culture is the key weapon to bring others together and bring awareness to cultural significance. Youth tribal members were able to teach and be taught through the information



Clara Bushyhead, Cheyenne & Arapaho Strategic Prevention Framework coordinator fist bumps with members of other youth councils during the Native American Summit held in Lawton, Okla. (Photo by Latoya Lonelodge)

displayed at the Native American Summit. Through culture and the initiation of bringing other tribes together prevention methods are forming and the youth of today are becoming better prepared for a brighter future apart from addiction.

"I liked meeting new people, I just met two new girls in our last workshop and they were really cool, I think the conference is helping me to be more vocal and to be a victor, not a victim," Desiree Hamilton, CATYC member, said.

For more information about the CAYTC contact Longknife at 405-422-7585. For more information about substance abuse contact Bushyhead at 405-422-7428.



Cheyenne & Arapaho youth attend the 40th annual UNITY conference in Oklahoma City July 22-29. (Photo by Latoya Lonelodge)

40th annual UNITY conference comes full circle back to OKC

By Latoya Lonelodge, Staff Reporter

The power of unity among tribal youth is greatly glorified today ... and for good reason.

The United National Indian Tribal Youth (UNITY) held its 40th annual UNITY conference in its birth state of Oklahoma July 22-29 at the Renaissance Oklahoma City Convention Center. Over 2,000 Native youth from all over the country traveled miles and endured the distance to come together and be apart of UNITY.

UNITY's purpose for the Native youth of today is to strengthen their minds and to ultimately bring everyone together. UNITY is one of the very few organizations in the country that unite all Native youth ages 13-24.

J.R. Cook, who witnessed a lot of the challenges that Native Americans faced but yet saw potential, founded the organization. He knew something had to be done. In finding the creation and purpose of UNITY, Cook strived to encourage American Indian youth to be outspoken and active within their Native communities.

"The primary goal is to strengthen Native youth mentally, spiritually, emotionally and physically. It promotes healthy lifestyles, culture, tradition, learning about native ways, pursuing education and striving to help one another," Sleepy Eye LaFromoise, Sisseton Wahpeton Sioux and Tonawanda

Seneca tribe said.

UNITY has grown tremendously over the years making its way around the country hosting annual conferences in various states. UNITY first originated in Oklahoma, making it a great deal to bring it back home as some of the first youth councils were established in Cheyenne and Arapaho country.

"We're in tough situations when elders are leaving, cultural and ceremonial ways are barely hanging in there and we need to start to learn to hold on to our cultural traditions. It seems a lot of youth don't really care nowadays. Through UNITY they get a chance to learn about it and learn more about our culture," LaFromoise said.

UNITY has encouraged Native youth to come together and be a voice for their traditions and cultural beliefs. The conference consisted of various workshops and keynote speakers to get the youth more involved. Youth councils and tribal princesses from various tribes around the country all came together to learn how to build stronger Native communities.

Members of the Cheyenne and Arapaho Tribal Youth Council (CATYC) also attended the UNITY conference, actively participating in the daily activities.

"It's been really busy, we had a conference all day long and there were really

good speakers. I expected a lot of people and for people to be really friendly and for a lot of good things to come out of the conference and workshops. Yesterday we had a workshop with Howard Rainer and he had a lot of good things to say, to keep doing good in education and push forward, that's the main thing we need to focus on," said Rachelle RomanNose, CATYC female co-president said.

UNITY's vision is to promote and expose young people to peers throughout the country. It strives to bring all Indian people together through the knowledge of culture, respecting elders and helping other Native people. UNITY has proven to be the organization highlighting the intellectual growth of Native youth and to honor the Native youth. It is the only organization with Native American youth councils. What has been experienced at UNITY is for the youth to incorporate spiritually and promote into their own communities, justifying that UNITY has shaped and inspired them in all aspects.

"Make your mark, there's only a few of us but we're mighty, there's also lives at stake. There's so much stuff going on with our youth that we need to fix," Jasmine Johnson, CATYC member said.

To learn more about UNITY visit www.unityinc.org.



MINOR'S TRUST: INFORMATIONAL MEETING SERIES

An open discussion about the Minor's Trust Account

Where did it come from?

How it works?

What is it?

When would it be available?

Hosted by:
Governor Eddie Hamilton and Lt. Governor Cornell Sankey

When and Where:

***Tuesday, August 16 | Concho**
Tribal Community Center • 200 Wolf Robe Circle, Concho, OK 73022

***Tuesday, August 23 | OKC**
OKC Muscogee (Creek) Association Community Center
4111 N Lincoln Blvd, Oklahoma City, OK 73105

Thursday, August 25 | Hammon
Tribal Community Center • 801 Dunn Street, Hammon, OK 73650

Tuesday, August 30 | Canton
Tribal Community Center • 205/207 N. Jefferson Street, Canton, OK 73724

Time:
6:30 P.M. (Nightly)

**Edward Jones and Providence First Trust Company Investors will be on hand to answer questions.*

CONTACT: 405.422.7734

Legislative News

July Regular Session

The Regular Session for July was held on Saturday, July 9, 2016. The following bills were passed:

No bills were passed due out of respect for the Arapaho Sundance and Rabbit Lodge, this Legislative session is hereby adjourned with the understanding that Special Legislative sessions will be called as necessary.

According to the Constitution, the Governor may call Special Sessions of the Legislature. There were Special Sessions held on July 21 and 28 during the month of July 2016. The following bills were passed:

Hearing	Desc	C1	C2	C3	C4	A1	A2	A3	A4
July 7	Hearing/Concho			*			*		
July 9	Regular Session/Concho	*	*	*	*	*	*	*	*
July 19	Hearing/Concho		*	*					
July 20	Hearing/Concho		*	*					
July 21	Hearing/Concho	*	*	*		*			
July 21	Special Session/Concho	*	*	*		*	*		
July 26	Hearing/Concho	*		*				*	
July 27	Hearing/Concho	*		*		*	*	*	
July 28	Hearing/Concho	*		*		*	*	*	
July 28	Special Session/Concho	*	*	*	*	*	*	*	*

*=Present

A Resolution to Approve the Contract with Metco-Watonga Construction Material Testing, signed by Gov. Hamilton on July 21, 2016.

A Resolution to Amend Wording on Resolution 6L-SS-2016-0513-007-All Roads Paving, signed by Gov. Hamilton on July 21, 2016.

A Resolution to submit an application for a letter of intent to Native American Agricultural Fast Track Fund signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve the Renewal with Tribal First (Two Resolutions) signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve the Contract with Bledsoe & Assoc, PLLC (Two Resolutions) signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve MOA between IHS and the Cheyenne and Arapaho Tribes for Water and Sewage Project signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve Contract with Paradise Event Center signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve the Contract with Consumer Textile Corp. signed by Gov. Hamilton on July 21, 2016.

A Resolution to Approve the Contract with Malcolm Johnson & Company signed by Gov. Hamilton on 7/21/2016.

A Resolution to Approve the Contract with Layne Chris-

tensen Company signed by Gov. Hamilton on July 21, 2016.

A Resolution to support the FY 2017 BIA Water Rights Negotiation/Litigation and Water Management, Planning, and Pre-Development Program

A Resolution to Authorize the Governor to Enter a Contract with Old School Driving Academy, LLC, signed by Gov. Hamilton on July 29, 2016.

A Resolution to Authorize the BIA to enter into a Cooperative Agreement with Blaine County for the Cantonment Road Project, signed by Gov. Hamilton on July 29, 2016.

A Resolution to Approve the Contract with Oklahoma Area Tribal Epidemiology Center, signed by Gov. Hamilton on July 29, 2016.

A Resolution to Approve the Contract with El Reno Plaza 66 Storage, signed by Gov. Hamilton on July 29, 2016.

A Resolution to Allocate \$7,636,296.18 for the 2016 Gaming Per Capita payment, signed by Gov. Hamilton on July 29, 2016.

According to the Legislative Pay Act, passed November 2015, any legislator who doesn't attend a legislative session, either special or regular, does not get paid for one week. In the month of June 2016 there was one legislator who forfeited pay for one week.

Please contact your legislator or the legislative clerk for additional information. Legislative Clerk Assistant Andrea De Leon can be reached at 405-422-7777 or email her at amain@c-a-tribes.org.

Recalls on elected officials are set into motion

(CONCHO-OK) Four recall petitions have been issued for three members of the Sixth Legislature and the Governor's seat. Being recalled are Arapaho District 2 Legislator Christine Morton, Cheyenne District 4 Legislator Kyle Orange, Arapaho District 3 Legislator Patrick Spottedwolf and Governor Eddie Hamilton.

According to the Cheyenne & Arapaho tribes' Constitution ratified on April 4, 2006 under Article XII-Removal, Recall and Vacancies, Section 6. Recall (pg. 25) it states the following:

(a) A Legislator shall be subject to a recall vote in a Special Election called by petition of at least thirty percent of the number of registered voters in their respective District.

(b) A Governor or Lieutenant Governor shall be removable by recall vote in a Special Election called by petition of at least thirty percent of the number of registered voters in the Tribes.

(c) Petitions seeking the recall of a Legislator, Governor or Lieutenant Governor shall be submitted to the Election Commission. Upon request, the Election Commission shall prepare and issue a petition form to a Petitioner along with the names and addresses of eligible voters of the Tribes including the minimum number of signatures required for a valid Recall petition. Members of the Tribes shall have one-hundred twenty days to collect the requisite number of signatures on the Recall petition. A separate petition shall be required for each person subject to recall. The Governor and Lieutenant Governor shall not be subject to Recall at the same time.

(d) Upon receipt of a Recall petition, the Election Commission shall verify the validity of the signatures on the petition within twenty days. If the petition is valid, the Election Commission shall hold a Recall election within

sixty days.

(e) A majority of the votes cast in the Recall election shall determine the success or failure of the Recall election, provided that, the official must be recalled by at least number of votes which elected such person to office. Upon a successful recall, the Election Commission shall declare the seat vacant.

For A2 district there are 1,225 registered voters and 368 certified signatures are needed to move forward with a recall election.

For A3 district there are 177 registered voters and 53 certified signatures are needed to move forward with a recall election.

For C4 district there are 445 registered voters and 134 certified signatures are needed to move forward with a recall election.

In the governor's recall, there are presently 5,430 registered voters among the Cheyenne & Arapaho tribes as a whole. A total of 1,629 certified signatures are needed to move forward with a recall election. If the required number of certified signatures are verified for the governor's seat, it would mean a special election in 2017 ... the last year of Gov. Hamilton's term.

Gov. Hamilton would remain active in his duties until after certification of the special election results.

Open candidacy announcements for governor/lt. gov. opens May 1, 2017.

(Note: There are currently 9,708 tribal citizens who are eligible to vote, however, only 5,430 of this number are registered to vote. If you are 18 years and older and are not registered to vote in the 2017 primary and general elections, please contact the Election Commission office for a voter's registration form by emailing registertovote@c-a-tribes.org or email shinshaw@c-a-tribes.org.

Timeline
2016 Recall...Christine Morton A2

Process to recall started April 22, 2016

Posting of 20 day notice of intent ended May 12th, 2016

Petition to recall was picked up on May 13th, 2016
Deadline to return petition is September 12th, 2016

Certification of signatures begins September 13th, 2016
Ends on October 3rd, 2016

Timeline
2016 Recall-Patrick Spottedwolf A3

Process to recall started June 20, 2016

Posting of 20 day notice of intent ended August 9th, 2016

Petition to recall can be picked up on August 10th, 2016
Deadline to return petition is December 9th, 2016

Certification of signatures begins December 10th, 2016
Ends on December 29th, 2016

Timeline
2016 Recall...Kyle Orange C4

Process to recall started April 25, 2016

Posting of 20 day notice of intent ended May 15th, 2016

Petition to recall was picked up on May 16th, 2016
Deadline to return petition is September 14th, 2016

Certification of signatures begins September 15th, 2016
Ends on October 5th, 2016

Timeline
Governor Hamilton 2016 Recall

Process to recall started June 29, 2016

Posting of 20 day notice of intent ended July 19th, 2016

Petition to recall was picked up on July 20th, 2016
Deadline to return petition is November 18th, 2016

Certification of signatures begins November 21st, 2016
Ends on December 12th, 2016

The Office of the Tribal Council is NOW ACCEPTING resolutions for the annual Tribal Council meeting to be held Saturday Oct. 1, 2016

DEADLINE TO SUMIT RESOLUTIONS AUG. 23, 2016

For more information contact Jennifer Wilkinson, Tribal Council Coordinator at 405-422-7430 or by email at jwilkinson@c-a-tribes.org.

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Cheyenne & Arapaho Tribes Land Management Office is now Open!

Robert Wilson, Director
Caresa James, Asst. Director
Alber Goodbear, Land Resource Spec.
Daniel Tallbear, Land Resource Spec.
Leah Elledge, LMO Admin Assistant

CALMO: 405-422-7403
calmo@c-a-tribes.org

Land Management Services coming soon:

- Public Notary
- Land Owner Advocacy
- Land Owner Outreach
- Probate & Living Will assistance
- Land Buy Back
- Land Titles & Records
- GIS Mapping
- Other services

Please stop by!
CALMO Open House
August 31, 2016
10:00 am to 2:00 pm

Five educational hurdles Indigenous children face around the world

By Katie Dupere

When Ahniwake Rose's 8-year-old daughter goes to her elementary school in November, she will have to explain to her teacher why she won't be participating in the Thanksgiving Day pageant. The fairy tale of a budding Indian-pilgrim friendship, performed by non-Native students in craft-paper headdresses, disrespects her heritage and it's something the little girl can't support.

Rose, who is Cherokee and Muscogee Creek, names this as just one moment of many that Indigenous students have to navigate in an educational system that renders them invisible.

Indigenous children around the world have long been denied the right to celebrate their roots while getting a comprehensive education. They're up against major inequalities, from structural racism embedded in school systems to inaccurate retellings of history.

nous life has made public schooling almost inevitable. But that doesn't mean Indigenous students always feel welcomed or embraced.

According to UNESCO, there are an estimated 370 million Indigenous people in the world, nearly 5 percent of the global population, living across 90 countries. Their right to education is protected by the U.N. Declaration on the Rights of Indigenous Peoples, which extends to most regions where Indigenous peoples live.

But while it's written in print, advocates say education equality in practice is still a fallacy.

Professor Chris Sarra, chairperson of the Stronger Smarter Institute in Australia, says Indigenous people know how to resolve the issues they face in education. But they need support.

"The formula for successful outcomes is

"It's a place without mascots or paraphernalia within the school that makes our children feel like they are less-than," she says. "It's a school that doesn't celebrate Columbus Day. It's a school that doesn't ask our children to dress up as Pilgrims and Indians on Thanksgiving. It's a school that welcomes our elders and our perspectives and our contributions. It's a school that teaches our kids who they are is real and livable and viable."

Take note of these five issues Indigenous students still face around the globe, and how you can support their right to education.

1. The devaluing of Indigenous teachings

Indigenous communities often operate independently from non-Indigenous governments. As a result, many have developed their own educational systems and cultural teaching methods many of which are based around the value of the natural world.

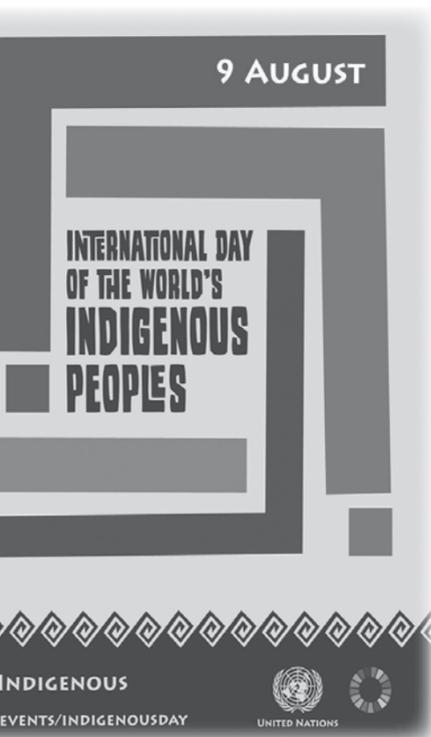
But these methods of teaching aren't always valued by non-Indigenous society. This threatens community-based education, as students are encouraged to embrace more mainstream methods that don't often celebrate Indigenous identity.

"Our students need to have an inclusive culture in the classroom," Rose says. "That's an infusion of their ways of knowing and their culture within curriculum and lesson plans."

What you can do to help: Make an effort to support Indigenous education. Donate to organizations working to teach and preserve Indigenous culture. Organizations such as the National Indian Education Association and the Center for World Indigenous Studies both take contributions to fund their work promoting the importance of Indigenous education.

2. Institutionalized racism

One of the main barriers for Indigenous children, both in schooling and beyond, is overwhelming racism and bias. Because global societies have largely been built through violently claiming Indigenous lands, this bias is embedded into the foundation of non-Indigenous education.



Sarra says this often leads people from outside Indigenous communities to see these students as unable to succeed academically.

"We need people to believe that we can be as exceptional as the next person," Sarra says. "We have the capacity to be exceptional. Indigenous people should trust and believe in our own ability to be exceptional."

What you can do to help: Reframe the way you think about Indigenous students and educational systems in your own country and elsewhere. Sarra puts it simply: "People can help us by explicitly rejecting negative, stereotypical views of Indigenous students."

That means valuing Indigenous educational methods as valid, and Indigenous students as capable learners.

3. Discouragement of celebrating Indigenous language and identity

Indigenous communities speak the overwhelming majority of the world's 7,000 languages, a clear indicator of rich culture and deep history that can aid any learning environment. Yet, these languages are threatened when teachers discourage young children from speaking them in the classroom.

Non-Indigenous modes of education, both public and private, often ignore or discourage the culture, languages and practices of Native students. But these three things, Rose says, are vital to success.

"Our students do better when they are grounded in who they are, and when they are comfortable in the classroom," she says.

What you can do to help: Support Indigenous communities in your local area by supporting their right to education and beyond. In doing that responsibly, however, it's crucial to allow the communities to define what that

See **Education hurdles** pg. 6



Erlidawn Roy representing the Meskwaki, Ojibwe, Laguna Pueblo, and the Isleta Pueblo tribes, writes the message, "I am not your mascot," on the face of LacyJay Lefthandbull, 7, from the Apache, Pueblo, and Lakota tribes. (Getty images)

Aug. 9 was International Day of the World's Indigenous Peoples, a time to acknowledge the struggles and celebrate the resilience of Indigenous communities, while also shining a light on the inequalities they still face. This year, the theme is the right to education for Indigenous children around the globe.

While Indigenous communities have long-established ways of balancing tradition with education, advocates say the pressure to participate in mainstream or non-Indig-

very, very simple, but the work is very, very hard," Sarra tells Mashable via email. "For Indigenous Australians, the key to success is to nurture a positive sense of identity, to engage positive community leadership and to nurture high expectations relationships."

Rose, who is the executive director of the National Indian Education Association, tells Mashable she is constantly thinking about what a school inclusive to Indigenous identity would look like, especially for her daughter.

Beliefs of the Tsistsistas (Cheyenne) people

Submitted by the Culture & Heritage Program

The Indian people have many taboos that are in the family, many are handed down through the generations. Some families receive them through the ceremonies that their family members participate in. Some of these beliefs are taken very seriously and can cause very bad results if they are violated.

You never run in a house.

You never bounce a ball in a house.

You never drag any object on the floor that is used on a horse.

You never whistle in a house.

You do no stick knives in a house or on the ground.

You never use a knife to stir a cook pot or cut anything on a stove.

You never use a knife to point at another person.

You never walk in front of an elder.

You never point at people with your finger.

When you break an animal bone and wish to eat the marrow you must use a stick, never use metal.

When you break a bone,

never put the pieces back together again.

When a woman has her monthly, they cannot be involved with any ceremony.

Never point at the sun or moon with your finger.

An owl is a bad omen and they shouldn't be allowed close to your house.

A dog crying brings bad luck.

Always cover your windows when the sun goes down.

Never go out at night eating or having grease on your mouth.

Always cover your mirrors during a thunderstorm.

Chase the dogs out of the house during a thunderstorm.

Kill dogs that cry or are scared of lightning.

When you get water, always dip the bucket upstream.

Never step across a spring.

Never use your mouth to drink from a spring, always use your hand.

Every spring has a serpent living under them, never camp near them.

Never throw water at a Sun Dancer.

Never throw water out at a Ceremony.

Never shake a blanket at a Ceremony.

Never run at a Ceremony.

Always call your children four times each when you take them to the hills and are ready to come home.

Never camp near Sand Rocks.

Never let your children play at Sand Rocks alone.

Never throw food or medicine.

Never step over someone's legs or food or anything you work with.

Never play with fire.

Never walk in back of or touch a Ceremonial person's back.

Never wear a Ceremonial person's hat or shoes.

Never rope dogs or have a dog drag rope.

Never play with crutches, wheelchairs or bandages.

Expectant woman should not touch a coyote.

Woman should not touch a snake, as it is be-

lieved that the Bull Snake can turn into a man.

Men should be cautious while deer hunting, it is believed that a doe can witch you.

Buck deer can shoot you with stones that are under their eyes.

Buck deer have been known to bring sickness to you by using the scent glands on their back legs.

Pregnant woman should not walk along cliffs or banks, this is where the twins live.

A woman should not bother the round iron deposits on Sand Rocks.

A person should not chew their fingernails, as it is believed that they will collect in the liver.

A person should never go to bed with their shoes at the head of the bed.

A female should always take loose hair off combs or brushes when they use them.

Never leave a hand print in the dirt or snow.

Never spit outside after dark.

Run from or throw a stick at whirlwinds.

Never leave a baby unattended, always place a stick by them or over their crib.

Always call in the children as the sun is going down.

Never cry for a dog or feel sorry for one.

Never lead a horse to the doorway of a house and go inside holding the lead rope.

Cheyenne Woman should never touch a speckled eagle feather.

Never climb through a window.

Never let a baby look at themselves in a mirror.

Never hang your clothes out over night.

Never dry fire a gun in a house.

Do not talk about Sun Dance at any time.

Take down guns from the wall when there is lightning.

Do not stir a fire with a knife.

Do not run when lightning is flashing.

Do no lay on your back when there is lightning.

Take all cooking pots off the stove when there is

thunder.

Do not hit a dog.

Do not follow wolf tracks.

Never criticize or make fun of a person, because one day you may have to ask for their help.

Woman with monthly can not enter the home of a Medicine person, they should talk at the door.

Take down diapers or stockings when a Medicine person is going to smoke in a house.

These are just a few things that the baby boomers and people older still believe in, so be kind with the things you are going to say to us. We are already carrying a heavy load and bad luck can be just around the corner.

Many of these taboos have no explanations for them; we just live by them and never ask why.

Reprinted and submitted by Linwood Tall Bull, Northern Cheyenne Tribe and assisted by Donald Hollow Breast, Northern Cheyenne Tribal Elder.

Cheyenne and Arapaho tribes connecting with community through volunteers

By Rosemary Stephens, Editor-in-Chief

Many have heard of Feed the Children organization based out of Oklahoma City but very few people know what it takes to actually accomplish all that Feed the Children does, both locally and across the entire world. Without their volunteers and donations Feed the Children would only be a concept.

On Aug. 3 several Cheyenne & Arapaho tribes' employees spent the afternoon being part of that volunteer system to give to others in need. In doing so, they not only fill their hearts with something good, but they helped to fill the tummies and minds of thousands of families in need, including Cheyenne & Arapaho families.

"We are helping to stuff boxes with food and hygiene items and Feed the Children will be providing some of our tribal members with these boxes. They will be given to some of the programs to give out at their community outreaches," Alvin 'Basil' Pollock, Emergency Management director said. "Later on I want to get some of our community service programs established with Feed the Children and the more boxes we can put together and volunteer the more donations for tribal members who are in need. Feed the Children donates food and hygiene items and provides some school supplies."

According to Feed the Children's Website, in America, which they refer to as 'In the land of plenty' millions of boys and girls are going to bed hungry. More than 17 million households face not having enough food for everyone in the family, "Together, we can feed hungry children and change this grim statistic. We can reach families in need across America with food and other essentials that offer hope for a better future."

The Website continues to state, "These kids live in homes where they can't count on getting the food they need. They aren't only from families trapped in poverty. With so many people today unable to find full-time jobs, many families may technically be above the poverty line, but they still live paycheck to paycheck. An unexpected hospital bill or repair forces them to choose between two necessities. Often food loses. Millions of kids do know they will eat one meal a day, thanks to free school lunches and the Supplemental Nutrition Assistance Program (SNAP). But these programs are subject to political change, as we saw during the 2013 cuts to SNAP. When the money on SNAP cards goes down, visits to food

pantries and other local charities go up. For hungry kids in the U.S., not knowing when they'll eat next gnaws away at their childhood. Many have health problems, many struggle to learn. Add in bullies and taunts from classmates or neighbors about their needs and they lose the simple joys of childhood to stress and worry far beyond their years. You can help these kids be kids by joining with Feed the Children to fight child hunger in the U.S. Kids are resilient. They just need someone who's got their back, who can give them a leg up and a little help fending off hunger and recovering the joys of childhood. Take a look and see where you can give them a boost."

"We as a tribe partnering with Feed the Children organization is a great community partnership that not only benefits our tribal members, but allows us to help kids all over the country that are in need, that live in poverty. It's a really good feeling to be able to give back in some way," Pollock said.

Another area Feed the Children provides for children is in education. Every year the organization hosts what they call the Teacher's Store. Teachers from school districts that have a poverty rate of over 50 percent come to shop for books for their classrooms, leaving with two overflowing boxes of books.

"We organize the event every year and work with companies throughout Oklahoma that donate and help us to be able to help our teachers. A lot of people think that we only provide food, but we believe that education is the best way to break the cycle of poverty so we want to feed both bodies and minds. With our teachers struggling so much with budget cuts, any way we can help them offset costs coming out of their own pockets we want to do that. These go directly to the kids who most need it. We are serving over 130 school districts in 42 counties, so pretty much across the state," Erin Carlson, Feed the Children Director of Education Partnerships said.

Feed the Children has distributed over 700,000 backpacks to homeless children through H.E.L.P. (Homeless Education Literacy Program). In addition, Feed the Children provides school supplies, textbooks and personal care products to students across America. To learn more about the programs offered by Feed the Children or to learn how to be a volunteer visit www.feedthechildren.org.



Above, Joann Scott puts together boxes that will be filled with food items. The boxes are then distributed through the U.S. as well as other countries.

Below left: Debra Campbell and Russell Willey line boxes on the assembly line to begin filling.

Below right: Basil Pollock, Emergency Management director keeps in contact with Feed The Children organization for a tribal/community partnership. (Photos by Rosemary Stephens)



Hinónóéi (Arapaho) Beliefs

Submitted by the Culture & Heritage Program

You never run, play loudly or bounce a ball in the house especially if there is known to be medicine in the home.

You never drag objects in our out of the door or on the floor that is used by a horse.

You never whistle in a house or at night.

You do not stick knives in the ground or use over a stove or fire. (It may lame your horse or horses.)

You never point a knife at another person.

You never walk in front of an elder or medicine man if he is smoking a cigarette or visiting.

When a woman and girls have their "monthly" they cannot be involved in ceremony.

Never wear or have

sharp or metal objects in your pockets while being doctored or smoked off by medicine men.

An owl is a bad omen with the Arapaho families and clans and should not be allowed close to your house or lodge.

A dog cry, yelp or snorting indicates there is a bad spirit around.

Always cover your windows when the sun goes down and open them again after the sun sets, depending on the Arapaho Clan or family. Never go outside at night eating or having food in your mouth. (Your face could go crooked.)

Always cover your mirrors, metal objects such as pots and pans during a thunder storm.

Chase cats and dogs out of your house during a thunder storm.

Arapaho children should sit quietly during lightning and thunder storms, girls should cover their heads until it passes and boys and girls sit separated.

At night when you get water always dip the bucket downstream, during the day dip the bucket upstream.

Never throw water at or on a Sundancer or a holy man.

Never shake a blanket at a ceremony.

Never run at ceremony.

Never throw food tobacco or Indian Medicine.

Never step over a Sundancer or medicine men.

Never play with fire.

Never touch a Ceremonial man's back.

Never wear a Ceremonial man's clothes, hats or shoes.

Never play with crutches, bandages or wheel chairs because you may end up using one.

Never spit outside at night.

Never run through or throw sticks at whirlwinds, instead greet it and let it pass.

Never leave children unattended, always place a stick by them in their beds or cribs.

When you leave your house alone for a time leave a stick leaned against the door.

Always call in the children before the sun goes down.

Arapaho girls should never touch or wear eagle feathers or plumes or carry eagle fans, it is okay to wear hawk. It will affect the unborn.

Never climb through a window especially if there is Indian medicine in the house. If necessary climb through to complete task and climb back through the same opening.

Never hang your clothes out overnight always take down before sunset.

Never hit a dog or treat them mean.

Never criticize or make fun of a person, because one day you may need something or help from that person.

Woman and girls on their monthly should never enter a medicine

man's home.

Never enter or go out the door with a lit cigarette or coal.

These are just a few taboos that the Arapaho people live by. These are what the young children and people were taught.

Be kind with the things you say to people. Many of these taboos have no explanation to them, we just live by them and never ask why.

The old people would say, "Listen to what I'm telling you, don't forget and pass it on to your families ... because when you grow older you will know why we do these things."

BRIEFS AT A GLANCE

Wellness Strategies for Community Health Representatives

Aug. 23-24, 2016 at the Sheraton Albuquerque Airport in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

Indian Housing Law

Aug. 25-26, 2016 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 2016 National Indi-

an Council of Aging Conference - Aging Healthy Through Song and Dance

Sept. 13-15, 2016 at the Conference & Event Center in Niagara Falls, N.Y. For more information or to register visit www.nicoa.org.

Excellence in Journalism 2016

Sept. 18-20, 2016 at the Sheraton in New Orleans, LA. Hosted by the Society of Professional Journalists, Native American Journalists Association and Radio, Television, Digital News Associ-

ation. For more information or to register visit www.excellenceinjournalism.org.

2016 Fall Finance and Tribal Economics Conference

Sept. 18-20, 2016 at the Sheraton/Le Meridien in Charlotte, N.C. For more information or to register visit www.nafoa.org.

Introduction to Tribal Grants Management

Sept. 20-22, 2016 in Las Vegas, Nev. To register or for more information visit www.falmouthinstitute.com.

[falmouthinstitute.com](http://www.falmouthinstitute.com).

Conducting Credible Tribal Elections

Sept. 22-23, 2016 in Las Vegas, Nev. Tribal elections do not have to be controversial. For more information or to register visit www.falmouthinstitute.com.

The first annual conference on Native American Nutrition

Sept. 26-27, 2016 at the University of Minnesota's Healthy Foods Healthy Lives Institute. Registration fee covers attendance at all ses-

sions and meals during the two-day event.

Lodging is arranged through Mystic Lake. For more information or to register visit www.eventbrite.com/e/first-annual-conference-on-native-american-nutrition-tickets-24912577189.

First Nation's 21st annual L.E.A.D. Institute Conference

Sept. 27-29, 2016 at the Hard Rock Hotel & Casino in Tulsa, Okla. Learning tracks include, Nourishing Native Foods &

Health, Investing in Native Youth and Strengthening Tribal & Community Institutions.

For more information visit www.firstnations.org or to register go to www.regionline.com/builder/site/?eventid=1823021.

Budgeting for Tribal Office Managers and Administrative Assistants

Sept. 29-30, 2016 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Education hurdles

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support looks like, so reach out and start a meaningful conversation.

4. The whitewashing of history

In public and private schools, history is often constructed in a way that erases the struggle of Indigenous communities. Perhaps one of the most notable examples is how Thanksgiving in the U.S. has been twisted into a more comfortable narrative with the aid of school curricula.

Not only is this a disservice to Native students, but it also furthers the pervasive

contributing to the economy, to politics, to education and to the environment that we can all learn from. Our people are living people.”

When we present a skewed view of history, we can't responsibly account for the past and move toward a better future.

“We need to provide an education to all students, regardless of their nationality or ethnicity, about Indigenous peoples,” Rose says. “We were the first people on the land, and every student in any country needs to have a base understanding



Mike Carlson, 19, teaches pre-school age children Yurok words as part of a language revitalization program in Los Angeles. (Photo by Robert Gauthier/Getty Images)

for Indigenous students.

“We're rural. We're isolated. We're high poverty and we are dealing with all the issues rural, high-poverty schools are faced with,” Rose says. “I don't think this is unique to the United States. This is across the world.”

Here are the global facts:

According to the National Indian Education Association, 22 percent of Native people over the age of 25 have not graduated high school. The dropout rate for white students is less than 5 percent. For black students, it's less than 10 percent.

According to the United Nations, only 40 percent of all school-age Inuit children in Canada are attending school full-time.

In Australia, enrollment of Indigenous high schoolers stood at 60 percent in 2013, far below the 80 percent average for all Australians, according to the U.N.

According to the United Nations, 85 percent of Indigenous children in Latin America and the Caribbean

begin secondary education, but only 40 percent complete that level.

“No one has bothered to talk to Indian people (about education), and now people want to know why our kids feel disenfranchised from the education system?” Rose says.

What you can do to help: Advocate for teachers to take up an investment in Indigenous communities and pass on that investment to students in the classroom. Rose says this requires teachers and school systems to increase professional development around Indigenous and Native issues.

And, according to Sarra, it also requires the overall support of Indigenous students.

“Ultimately, it's about doing things with us and not to us, embracing our humanity, and nurturing programs and policies that promote positivity, hope and a lifelong love of learning,” he says. “Educators can help us to be strong in culture and smarter in our educational outcomes.”

Sports complex

continued from pg. 1



On Dec. 21, 2012 the Tax Commission approved \$2 million towards the building project. The funds were taken from a 2012 Chesapeake settlement made to the tribes and earmarked in an account with Edwards & Jones Investment Group.

Several tribal citizens addressed the Tribal Council, some in opposition and some in favor of the project.

“I'd like to bring up a few points about this resolution. If you read it, there's no dollar value attached to this resolution (2008 resolution) when we supported the construction for the ground up structure. I think if they were to have thrown two million dollars on that resolution, it probably might not have passed. I've heard all the arguments, well we got a gym in Clinton and we got a gym in Canton. But the other side of the story is that there were federal funds for that gym in Clinton and for the purchase of that gym in Canton. The R.E.Sp.E.C.T. program did buy some things for these gyms for the floors and the equipment, but essentially we got by with getting these other gyms at a very low cost. I think if we want another gym in Concho, we should pursue getting a grant or some more federal funds,” Pete Salinas, tribal member said.

In support of the project, tribal citizen Hershel Gorham, recent graduate of Oklahoma City University School of Law, made reference to the Oklahoma City MAPS Project with the building of one structure at a time.

“I am from Geary, Okla. and also grew up in El Reno. In Geary we had to go to Watoonga or Concho for activities, but I know that we have 100 times more now than back when I was growing up in Geary. The services that are available are a 100 times more than we had back then and the programs we have are a 100 times more than we had back when I was growing up. We didn't have gaming dollars back then. But I do know that the allocation of these gaming dollars, which seems to be an issue of how the gym is going to be built, these gaming dollars by law, can only go to five separate things. That's tribal community programs, and while gaming per capita can come from the gaming dollars, it's at the bottom of the totem pole. Gaming dollars cannot come unless all these other things have been fulfilled first, such as tribal programs, community programs and I think a lot of people are under the mistaken idea that we can do whatever we want with the gaming dollars, but we cannot. It has to go to the community programs, such as R.E.Sp.E.C.T. So, I am all for R.E.Sp.E.C.T. My kids have participated in R.E.Sp.E.C.T. when they were growing up. I have another little one now and I hope she gets to participate in R.E.Sp.E.C.T. when she gets a little older and it's the exact type of program that these gaming dollars are supposed to provide for,” Gorham said. “I went

to a shareholder's meeting a few months ago when they were hosting them in different communities and I know that they had a breakdown of the budget that showed all the gaming dollars and where they were going to. I didn't bring that with me, but I know there were a lot of other people there and from what I saw a lot of the gaming dollars are going to those five areas that it is required to by law. It's not a tribal law it's a federal government law governed by the National Indian Gaming Commission that makes those laws.”

Gorham said by now it's safe to say that probably every single person in the Tribal Council meeting had been to downtown Oklahoma City. Either for a Thunder game, to the movie theatre or to eat at a restaurant and that was made possible by Oklahoma City's MAPS program where they set aside tax dollars to build things one at a time.

“There is no way that that MAPS program could have been completed by doing everything at once. And I look at what we try to do here with the tribe, and I haven't worked for the tribe in over 20 years, so I have no stake in this whatsoever, but I look at the things the tribe is trying to do that is similar to the MAPS program, well maybe we can't build a gym out at Seiling, Hammon and every place else at once, but we can start with one building at a time, or one gym at a time or one program at a time and go from there. With these allocation dollars, we get gaming dollars every year, every year, every month, after the state gets their cut of course and then the tribe gets what's left over. There are gaming dollars allocated to all these different programs every year, so it's not like we just have this 1.7 million dollars this one time and that's it. We have several casinos everywhere and fortunately by law that money is required to go to all these different programs. Hopefully when it's built or some of these other entities are built; they will be run as a business like a business should be. When I look at the gym I think, ‘okay that will be nice, because we can run it like a business, it can be rented out like a business, it can provide other jobs.’ When it comes down to it providing programs for our youth, providing jobs for our people that's where we need the help, the programs and the jobs. I am for the gym. I am for building one gym at a time, one program at a time and for everyone to benefit from that no matter how that happens.”

There is currently a binding contract signed between the Cheyenne & Arapaho tribes and Red Stone Construction to proceed with the final Phase B of construction pursuant to the Legislative Resolution 2016 6L-SS-2016-0428-002 being passed during regular session on May 14, 2016, signed by Governor Eddie Hamilton on May 20, 2016, authorizing the governor to enter into the contract for Phase B construction. If contract is broken it could lead to lawsuits.



Christian Titman wears a ceremonial eagle feather to his high school graduation ceremony on June 4, 2015. Titman and his family petitioned the Clovis Unified School District for permission to wear the feather. (Photo by Eric Paul/Getty Images)

stigma and misunderstanding of Indigenous populations around the world.

Rose says this isn't just about history, it's also about overlooking current Native contributions in the classroom.

“This is a living government ...” she said. “We need to cover what Indigenous people are currently

of what that means.”

What you can do to help: Seek out responsible tellings of history, especially those told by Indigenous communities themselves.

5. Low graduation and enrollment rates

All this inequality takes a toll, and that impact is incredibly apparent when faced with graduation rates

Applications due Oct. 5 for Native Agriculture & Food Systems college scholarships

LONGMONT, Colorado (August 5, 2016) – First Nations Development Institute (First Nations) today opened the application period for the third year of its “First Nations Native Agriculture and Food Systems Scholarship Program” that aims to encourage more Native American college students to enter the agricultural sector in Native communities.

First Nations will award 10 scholarships of \$1,000 each to Native American college students majoring in agriculture and related fields, including but not limited to: agribusiness management, agronomy, animal husbandry, aquaponics, environmental engineering, fisheries and wildlife, food production and safety, food-related policy and legislation, food science and technology, horticulture, irrigation science, nutrition education, and sustainable agriculture or food systems.

Complete information and a link to the online application can be found at www.firstnations.org/grantmaking/scholarship. All applications must be completed and submitted by 5 p.m. Mountain Daylight Time on Wednesday, October 5, 2016.

To be eligible, applicants must:

Be a full-time undergraduate or graduate student majoring in agriculture or an agricultural-related field, including food systems.

Be Native American (member of a current or terminated federal/state tribe) and be able to provide documentation.

Have a Grade Point Average (GPA) of at least 3.0.

Demonstrate a commitment to helping his or her Native community reclaim local food-system con-

trol.

Applicants will be asked to complete an online application and provide other required information, including proof of tribal enrollment, college enrollment verification, unofficial transcripts, a letter of recommendation from a faculty member, and a short essay submission of 250 to 500 words.

First Nations believes that reclaiming control over local food systems is an important step toward ensuring the long-lasting health and economic well-being of Native people and communities. Native food-system control has the potential to increase food production, improve health and nutrition, and eliminate food insecurity in rural and reservation-based communities, while also promoting entrepreneurship and economic development. The purpose of the Native Agriculture and Food Systems Scholarship Program is to encourage more Native American college students to enter these fields so they can better assist their communities with these efforts.

About First Nations Development Institute

For 36 years, using a three-pronged strategy of educating grassroots practitioners, advocating for systemic change, and capitalizing Indian communities, First Nations has been working to restore Native American control and culturally-compatible stewardship of the assets they own – be they land, human potential, cultural heritage or natural resources – and to establish new assets for ensuring the long-term vitality of Native American communities. First Nations serves Native American communities throughout the United States. For more information, visit www.firstnations.org.

Cultural history used as a shield against addiction

By Latoya Lonelodge, Staff Reporter

Culture has proven to be the ultimate shield against addiction. One form of prevention is the power of cultural knowledge, particularly history, or what most call, ledger art. On July 26 in Watonga, the first of a series of *Cheyenne and Arapaho Tribal Cultural Classes Telling our story thru language and ledger drawing art* classes was conducted. Tribal citizens were encouraged to come and take part in the class, which involved learning the history of ledger art, a short lesson on color and language and hands-on experience with creating one's own ledger art. Not only has ledger art ultimately been a key tool that is a part of history within the Cheyenne and Arapaho culture, but it also is a means of cultural knowledge that is vital to learn in today's era of prevention against substance abuse. "A lot of our efforts are focused on prevention activities, such as prevention of underage drinking and prescription drug abuse. Pro-social environments are a key factor in prevention, if you're with others that are not drinking or doing other stuff then you're more likely to be doing something else. We try to have prevention activities that bring people together," Amaris Sweezy, who is apart of the Tribal Strategic Prevention Framework (SPF) said.



Isaiah Blackbear and Ella Blackbear participate in the drawing activities of the ledger art class. (Photo by Latoya Lonelodge)

“A lot of our efforts are focused on prevention activities, such as prevention of underage drinking and prescription drug abuse ...”

Tribal members showed up eagerly ready to learn and partake in the teachings of ledger art. All ages were encouraged to participate; some brought their families making it a family event while some youth also engaged with the teachings. Many came not knowing the significance or history behind ledger art. "Ledger art is a term that is used a lot today because many drawings were done on lined or ruled paper, it's actually an artistic tradition that goes much further back; many plains tribes, including the Cheyenne, created this style of art in rock or on Hyde. Men would emblazon or depict their war deeds on bison robes or on teepee liners; it's akin to men wearing medals today, contemporary soldiers wearing medals, it's letting everyone know the deeds they had performed and the actions they had been in," Michael Jordan, Texas Tech professor said. For more information on future cultural classes call 405-422-7695



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See Player's Club for Details.

Promotions valid during Player's Club hours. One promo per person, per day. Management reserves all rights to cancel or modify any or all promotions without prior notice. ©2016 Lucky Star.

Feasibility of motorsports park

continued from pg. 1

our world finals in November we bring in about 30,000 people for that race. Lucas Oil is very heavily involved in NHRA (National Hot Rod Association) and we sponsor some many of the big series," Dollar said.

Many of the racing community made an appearance during Friday's boat and car show, they said mainly to show their support if the tribes go forward with a racing venue.

For father and son team, Dave and Brian Barnett, it would be a dream come true.

"We called last minute when we heard about this show taking place out here because I am a local, from Yukon and to get a venue of this magnitude here locally for the state of Oklahoma would be huge. It would speak volumes about the tribes and the entire community would benefit from the revenue that this type of venue would bring ... it is just huge!" Dave Barnett exclaimed. "Our national event used to be held in Oklahoma City now it's held in Indianapolis. We really need to have a venue to bring back our national event back here to Oklahoma. If you guys succeed in building a venue here in Concho it would be a tremendous shot in the arm not only for us the racers, but your community and the communities in surrounding areas. It would be phenomenal."

Though only in the feasibility stages, excitement still rippled through the racecar owners thinking that someday there may once again be a racing venue back in Okla-



Twenty-three year old Shayla Waddell has been racing since the age of 8. She is currently obtaining an MBA in Business Administration and is employed full-time with the FAA. Waddell is a local resident and is hopeful for a racing venue to open in western Oklahoma. (Photos by Rosemary Stephens)

homa.

"We are in discussion with some of the big sponsors of the national racing events, and one of the goals here would be to have one of the national sponsors racing out here on our site. What's exciting to the racing community on a national scale is the fact that Oklahoma City used to have boat racing on the Oklahoma River but it's not allowed there anymore. It was demonstrated that this part of the country, specifically Oklahoma hugely supports boat racing with over 30,000 who would attend those boat racing events on a weekend, and now they don't have a place to race anymore in this part of the country."

Hart plans to travel to Arizona to meet with the Gila



Nancy Matters races for one purpose only ... to thank veterans across the country for serving. She also hopes to bring awareness to the suicide epidemic among veterans, thus the message written on her transport rig, "22 Veterans A Day."

River tribes' to discuss their motorsports park, to gather information, then complete an economic impact study to present to tribal citizens.

For questions on this proposed project or for more information contact Hart at 405-422-7461.

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BEWARE illegal dumping on tribal land is prohibited ... you are being watched

By Rosemary Stephens, Editor-in-Chief



Photo by Tommy Beartrack

Illegal dumping on Cheyenne & Arapaho tribal land has long been a major problem. A problem left to others to clean up. Not only is dumping against the law, it is an environmental and health hazard.

Tribal citizens are under the mistaken belief that because they are a member of a tribe, they have the right to dump on tribal land. This is an incorrect, and sometimes costly assumption.

Recently tires have been dumped on Cheyenne & Arapaho land which can only be described as a "mountain of used tires." Tire dumping is especially dangerous as they cause a breeding ground for mosquitos that may carry the West Nile Virus and now the possibility of the Zika virus invading the U.S. through mosquitos. They also create a habitat for rodents and other unwanted animals. Tires cannot be buried, nor are they biodegradable ... meaning they will never go away.

"There are 'No Dumping Signs' around the service areas and are posted for fine enforcement, but many tribes will use civil actions for the person committing the crime of illegal dumping," Damon Dunbar, Cheyenne & Arapaho Environmental

Protection Agency director said. "For instance, an illegal dumping judgment will be by court order to serve 40-hours community service for cleaning up illegal dumps. We in the EPA program are working on Solid Waste Codes and an Integrated Solid Waste Management Plan and hope to have those ready to pass next year through the legislative process."

The problem of illegal dumping is so prevalent that former U.S. EPA Administrator, Lisa Jackson, reported to the National Congress of American Indians (NCAI), "that open dump sites are a persistent challenge in tribal areas across the country."

"Hazardous waste sites and open dumps expose tribal residents to dangerous toxins and contamination of land and water. That presents a serious health and environmental hazard. But make no mistake, it is also a significant economic obstacle. Working together to prevent open dumps on tribal lands is imperative to protecting the environment, economy and social welfare of future generations," Jackson reported.



85TH ANNUAL AMERICAN INDIAN EXPOSITION PARADE

Photos by Latoya Lonelodge

EATING

healthy for DIABETES

Sports Drinks Aren't Recharging Kids

Tara Conway, MS, RD, LD, CDE
C&A Diabetes Wellness Program

The summer Olympics, sports season and high temperatures are upon us and sports-drink marketing is at an all-time high. Powerade and Vitaminwater are owned by Coca-Cola and have been one of the longest sponsors of the Olympics.

Sports drinks were initially designed for athletes who train and sweat so vigorously for long periods of time that they deplete their bodies and require rehydration and calorie replenishment.

Since the elite professional athletes market is small, the drink companies have to market their products to another group. So they expand their market to all children who play sports and we as parents believe the hype that our kids need to replace electrolytes and adults think they are making a healthier choice by skipping the soda in favor of a "recharging" sports drink. Great marketing is how they have created 6.81 billion dollars for the sports-drink industry and sadly at the cost of our children and adults.

We had 108 Native American children in attendance at our recent diabetes camp

for children (NYPD) and 56 percent of the children were overweight or obese. We continue to see an increase in the number of sports/energy drinks consumed as well as all sugar sweetened beverages.

The American Academy of Pediatrics concludes that: "Routine ingestion of carbohydrate-containing sports drinks by children and adolescents should be avoided or restricted... Water, not sports drinks should be the principle hydration for children and adolescents"

Kids and teens rarely, if ever, lose enough electrolytes during their athletic endeavors to require extra replenishment. Sodium is the most common electrolyte lost in sweat, yet most Americans get more than enough sodium from their diets

Many sports drinks contain as much sugar and as many chemicals as soda.

Some sports-drink bottles contain 2 or 2 ½ servings, so the grams of sugar listed on the nutrition facts panel may need to be multiplied.

Kids do not lose water when they sweat, so Vitamin-water and vitamin-enhanced

drinks are unnecessary.

Pairing water and fruit like bananas, orange or clementine is a better choice than any sports drink. These fruits are higher in potassium and have many other vitamins and minerals. The natural sugar in these fruits travels into the bloodstream at a steady rate, unlike a manufactured sports drink that causes blood sugar and insulin levels to skyrocket or delivers a dose of an unhealthy artificial sweetener. No child benefits from 20-plus grams of added sugar and chemical flavorings after a one-hour game. The sugar free drinks are just as bad due to the artificial sweeteners they contain.

Many adults are overweight and obese as well. People say they don't like to drink water. Try replacing one sweet drink a day with water.

For more information, contact Tara Conway at the Diabetes Wellness Program 405-422-7685 or 888-247-4612 ext. 27685.

Resource: The Washington Post article July 26, 2016.

Head Start Physicals - CSU provides physicals to enrolled students of C&A Head Start program

Back-to-school is here!

It's time for Clinton Service Unit's (CSU) annual Head Start Health Fair for the Cheyenne and Arapaho tribe's Head Start program.

Providers of CSU will take to the community to provide services and health screenings for enrolled students of the Canton, Clinton, and Concho Head Start facilities.

The health fair provides parents a chance to obtain

all of the required Head Start medical and dental screenings in one day. This unique opportunity relieves parents of the hassle of setting up multiple medical appointments for their student.

CSU pediatricians, dental, nursing, public health nursing, optometry, audiology and nutrition will all be on-site at Cheyenne & Arapaho tribe's community centers to conduct the screenings.

9 a.m. - 1 p.m. Aug. 26 Clinton Community Center
9 a.m. - 1 p.m. Sept. 9 Watonga Community Center
9 a.m. 1 p.m. Sept. 16 Concho Community Center.

The vision of the Clinton Service Unit is to provide quality health care services focusing on prevention, restoration and collaborative relationships that are valued and "exceed the needs" of our patients, community and tribal partners.

Back to school vaccines

Schedule vaccines at any of CSU's Pediatrics or Public Health Nursing Departments

One of the busiest times of the year is back to school. As parents rush to shop for clothes and school supplies, please remember to update vaccinations needed to start the school year.

Vaccination is one of the best ways parents can protect infants, children and teens from potentially harmful disease, and they are recommended by the American Academy of Pediatrics, American Academy of Family Physicians, and Centers for Disease Control and Prevention.

Between four and six years of age, the following

vaccines are recommended:

DTaP: Protects against diphtheria, tetanus and pertussis (whooping cough)

Polio: Protects against serious disease that may cause paralysis or death

MMR: Protects against measles, mumps and rubella

Varicella: Protects against chickenpox

Flu: When seasonally available, update yearly to protect against influenza

Between 11 and 12 years of age, the following vaccines are recommended:

Tdap: By this age, immunity decreases and a

booster is needed for protection

MCV: Protects against sepsis and meningitis

HPV: Protects from Human Papillomavirus (HPV) and certain cancers

Flu: When seasonally available, update yearly to protect against influenza

To schedule vaccines, contact Pediatrics or Public Health Nursing (PHN) at any of our three facilities.

Clinton: Pediatrics or PHN at 580-331-3466.

El Reno Pediatrics at 405-234-8411 / PHN at 405-234-8430.

Watonga Pediatrics or PHN at 580-623-4991.

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Corn Pudding

4 cups canned or frozen corn kernels, drained
2 medium zucchini, diced small
2 bell peppers (red or green) diced small
1/4 cup sunflower seeds
2 tsps. salt

Mix together the corn, zucchini, peppers and sunflower seeds. Mash or puree in blender or food processor. Stir in the salt. Cook in

a heavy pot over low heat for about an hour, stirring often.

The mixture should be very thick and porridge-like. Season to taste. Serves 6.

NOTE: This is a traditionally served with diced, hot green chilis. Butter may also be added.



POWWOWS & EVENTS CALENDAR

Mary Belle Lonebear's 88th Birthday Honor Dance

Aug. 21, 2016 at the Clinton Community Center in Clinton, Okla. Noon meal with dance to follow.

MC Burl Buffalomeat, HS Hooley Watan, HLD Karen Little Coyote, HMD Gerald Panana, HDGD Georgiana Whiteshield, HLB Nauko Lonebear, AD Roy Bates and AD Alton Harrison.

Environmental Oversight Committee Meeting/Potluck

9:30 a.m. - 1 p.m. at the Native American Church building in Concho, Okla. Open to the public regarding any land or water issues within tribal jurisdiction.

The annual Colony Labor Day Powwow

Sept. 2-5, 2016 at the Colony powwow grounds in Colony, Okla. To sponsor a

special contest, vendor booth registration or additional information contact Eddie Henry at 405-618-7798.

The 30th annual Honor Dance Celebrating the Feast Day of David Pendleton Oakerhater & Native American Ministries in the Episcopal Church

Saturday, Sept. 10, 2016 at the Junior Starr Memorial Dance Grounds & Whirlwind Mission in Watonga,

Okla. For more information call Pat Gonzales at 580-614-1660

Barefoot Powwow

Sept. 16-18, 2016 at the Barefoot Park in Canton, Okla.

MC Eugene Blackbear Jr and Edmond Nevaquaya, HS Richard Deer and Michael Whitecloud, AD James Daukei, HMD Joe Bointy, HLD Edwina Whiteman, HGD Henry Hunter, HLG Aleigha Raquel Littlethun-

der, HLB Keaton Toehay Tartsah, Honored Veeteran Sheldon Sankey, USMC and Sidney Jackson, USMC, Honored Princesses Nelsie Redbird-Senior Princess and Miya Guzman, Junior Princess. Honored Flags, Friday, Bill Gould, USMC, Saturday, Roy Bullcoming, Cheyenne Chief, US Army, Sunday, Alfrich Heap of Birds, Cheyenne Chief, USMC.

For more information call Dwight WhiteBuffalo at 580-791-0882.

The fourth annual Washita Memorial Motorcycle Run

Oct. 8, 2016 beginning 8 a.m. registration at Lucky Star Casino in Concho, Okla., ending at the Washita Battlefield in Cheyenne, Okla. Breakfast will be served and meal provided after run.

For more information contact Amos Tallbear at 405-6257968 or Henry Sleeper at 405-4067265.

HAPPY BIRTHDAY



*In Loving Memory of Frances M. Garcia
Thanks for loving me with every breath of your life. Now no more pain and suffering for you. You are with Maheo now. I got you in my heart always.
I love you 'ma'
Honey Garcia*



Shout out to my sisters, brothers, nieces, nephews and my kids, Makayo, Isaiah, Jayden, Layla and Harry Garcia III. I love each and every one of you. Keep your head up. We gonna make it through all our suffering and pain. I know that I put a lot on all of you but I just want to thank all of you for your love. As long as we stay together we can overcome anything and everything.
I love every single one of you! Honey Garcia



*Happy Birthday Stephanie
To a wonderful mom & wife!!
We love you with all of our hearts and wish you
An awesome birthday. You are so loved and we appreciate
Everything you do for our family.
Love Michelle, Kynadee, Lauren, The Boys and your husband.*



Happy 88th Birthday to Mary Belle Longbear - Aug. 8
You are an inspiration and a blessing to your family, your friends and everyone who is lucky to meet you.
Love from each and every one of your family



CONGRATULATIONS EMPLOYEES OF THE MONTH



March EOMs: Leonard Williams, Janitor-Dept. of Administration, Jazmine Bates, Administrative Clerk-Dept. of Enrollment, Jean Bear, R.E.Sp.E.C.T. Office Manager-Dept. of Education, Clara Bushyhead-Dept. of Health, Sofia Sandoval, Accounts Payable Manager-Dept. of Treasury, Marty Chavez, Construction Worker-Dept. of Housing and Andrea Willis-Rednose, Supervised IIM Caseworker-Dept. of Social Services.



April EOMs are Virginia Reyes, Procurement Tech-Dept. of Administration, Trent Redbird Cemetery Groundskeeper, Dept. of Enrollment, Emily Wilson, Higher Education-Dept. of Education, Kathy Shawnee, Diabetes Wellness-Dept. of Health, Easton Yellowfish-Dept. of Treasury, Monica Lee, Administration Coordinator-Dept. of Housing and Katy Towell, ICW Coordinator-Dept. of Social Services.



May EOMs: Jason LaPierre, PG&C Specialist-Dept. of Administration, Marlene Reyes, Research Specialist-Dept. of Enrollment, Hannah Prairiechief, Higher Education Admin. Assist.-Dept. of Education, Courtney Reeder, Health Education-Dept. of Health, Anne Pedro, Executive Assistant Finance-Dept. of Treasury, Mia Contreras, Administrative Assistant-Dept. of Housing and Jayme Reichert, Child Protection Services Worker-Dept. of Social Services.



Happy New Year!

Now that the Cheyenne and Arapaho ceremonies are completed for the year I would like to take this time to congratulate all those who have finished their vows this year. For those who are starting out, now you know what it takes to get things prepared and what to expect for next time. I would encourage those who still have vows and commitments to complete to begin to prepare for the next year. Start preparing to accumulate your necessary items.

Remember to pray and include your family and their help in this process. Remember our original teachings don't depend on others to fulfill the needs for your commitments.

These are the ways of our folks and it stems from the original teachings. It is up to us as Cheyenne and Arapaho people to carry on those traditions that have kept our culture and identity as it is today. We are truly blessed to have our ceremonial ways and culture. We must live together to preserve these ways because they are worth our total care and attention.

If we begin to depend on others to take care of the things we need to carry on for our culture then we will begin to lose our place in this world. The Cheyenne and Arapaho are people of strong nations and we must begin to preserve the original intent of our ceremonies.

I encourage those who

take care of our ceremonial ways to help one another and to empower others to live our respected ways of life. By doing so when it is needed for a family member to complete a commitment the family will all contribute to help complete that commitment and blessings will come to all.

Put differences aside all year, make amends now instead of just during ceremonial times. If we can continue to live like we are intended to do on a daily basis for our people, we will always have a blessed New Year when our ceremonies are completed. Haho.

*Respectfully,
Max Bear, Director
Culture & Heritage Program*

Culture & Heritage recaps activities

The Cheyenne and Arapaho Culture and Heritage Program (C&H) has been busy on the camping trail this Summer 2016 starting with the Sports and Fitness Camp at RomanNose State Park, sponsored by the R.E.Sp.E.C.T. Program.

The program sponsored the traditional games throughout the camp including, how to play Hand-games, Hoop and Pole games (spear throwing games), and demonstrated how to erect a traditional Cheyenne style tipi. The campers were split into Mock societies and were given specific duties throughout the camp as well as the importance of good conduct and how to watch over their fellow campers. Groups competed throughout the camp with a point system going to their designated societies.

Next the Program took the royalty through the annual Red Earth Parade treating them to a steak dinner at Cimarron Steak House where they received a gift bag to show appreciation for their hard work during their campaigns.

The 2016 Indian Exposit-

tion parade was the next stop for the program entering a float with the Cheyenne and Arapaho Royalty and a short banquet followed the parade.

The C&H Program then went south to the Southern Plains Indian Museum to demonstrate how to put up a tipi where the students also assisted in the project. Each participant was given the opportunity to assist in each step allowing a full hands-on learning experience.

The program isn't stopping there the weeks ahead are full with tribal powwows and cultural projects throughout the year. The Cheyenne and Arapaho Culture and Heritage Program extend a special thank you to the TSPF and R.E.Sp.E.C.T. Programs for their much appreciated time and dedication and all the children, parents, elders, tribal leaders and society men who have participated and dedicated their time contributing to our success. Our focus is our people. Thank you.

Respectfully, Cheyenne and Arapaho Tribes of Oklahoma Culture and Heritage Program



Culture & Heritage Program leads a hands-on demonstration of how to erect a tipi at the Southern Plains Indian Museum.



Teaching the Cheyenne Wheel game at the summer youth camps.

Congratulations Punkin Blackowl "You Rock"



Punkin Blackowl, 1, an enrolled member of the Cheyenne and Arapaho tribes, won 2nd Place at the 2016 American Indian Exposition **Beautiful Baby Contest** in the boys 1-2 year old category. Prizes he received were a trophy and a blanket.

Punkin also won 3rd Place in the Tiny Tots Boys Dance category (0-6 years old) at the **Oklahoma Indian Nation Powwow** held at Concho Aug. 5-7, 2016.

Punkin is the son of Bridget Blackowl, grandson of Denise Karty and great-grandson of Jeanie Karty.



Darlington students, 3rd through 8th grades, were introduced to track and field basics, running, jumping, and throwing with an interactive program provided to get kids moving. This program was presented by Al Gipp, Coordinator Mini Mocs Track Club. The program was sponsored and supported by the Cheyenne & Arapaho tribes' Department of Education (DOE).

Presentations and demonstrations were given by Carrie Whitlow, DOE executive director, Jeniece Felton, Mahgan Muskett, Kristen Korstjens, and Deidra Tampkins, all of the STEP (State Tribal Education Partnership) and an additional presentation was given by Amaris Sweezy, Strategic Prevention Framework (SPF) program.



Summer mini camp held in Hammon



The State Tribal Education Partnership (STEP) program hosted a mini camp in Hammon on July 19-21. The focus was on third, fourth and fifth grade math and reading.

This being the first year we have hosted a mini camp in Hammon we had a good turnout. At the camp, we would start everyday going over the rules. Then we would do ice breakers so the camp-

ers could get to know each other and our STEP staff. We provided lunch for the students and did an activity with them before we started our math and reading lessons.

We worked on finding the main idea of a passage, vocabulary and writing (making sure the students started the sentence with a capital letter and ended with the correct punctuation). For our math section we worked a lot on multiplication, some

division, multiplying with decimals and some addition with multiple numbers for the younger students. Most of this was review for the students and we wanted to get their mind ready for the upcoming school year.

We hope the students enjoyed themselves and it was a pleasure for the STEP staff to come work with the students for three days.

CLASSIFIEDS EMPLOYMENT

Are you a Cheyenne & Arapaho Tribal Citizen and have a car, home, boat, etc. to sale? List it FREE under our CLASSIFIED Section.

Looking for a home to rent or have a service to provide? List it FREE in our CLASSIFIED Section. Email rmstephens@c-a-tribes.org or call 405-422-7446.

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Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver's license and a copy of CDIB (if applicable) to Personnel Department, PO Box 38, Concho, OK 73022 or email atisdale@c-a-tribes.org.

Travel Certification Clerk-Food Distrib. Closing: Until Filled

Qualifications: High school graduate or GED certified. Typing and computer skills desired. Must have valid Oklahoma state driver's license. Food Handler's licensing preferred within 90 days of employment. CPR/First Aide/AED Certified preferred within 90 days of employment. Cheyenne-Arapaho preference. Must be dependable and be punctual to work.
SALARY: Negotiable

HELP WANTED TWO LEAD TEACHERS CANTON HEAD START
If interested please contact Shelene Washington Whiteshirt, Canton Center Supervisor at 580-442-4233 or contact the Personnel Department at 405-422-7498.



Transit Driver I Transit Program/FT Closing: Until Filled

Qualifications: Transit driver must possess, or be willing to attend various training programs to gain, a CPR and First Aid certification. Must pass a pre-employment drug screening process and subject to random drug testing. Be able to prove lifting a minimum of 50 pounds, with no physical barriers from doing so. Must possess the ability to communicate effectively to patrons and superiors any findings, incidents, activities, and daily responsibilities. At a minimum, the transit driver must possess a high school diploma and possible completion of a commercial driving training program and defensive driving program. Experience may be acceptable to be equivalent.
SALARY: Negotiable

PT Records Clerk Records Management Closing: Until Filled

Qualifications: High school diploma or GED certification required. Vocational training and/or college hours in office administration, records management is helpful. Knowledge of computer software, experience with database programs, phone and communications skills. Ability to work in a professional manner. Must possess a current and valid Oklahoma driver's license and have reliable transportation. Must be able to lift 50 lbs.
SALARY: Negotiable

Substitute Teacher Aide Canton & Concho Closing: Until Filled

Qualifications: Must have a valid Oklahoma driver's license and be willing to obtain a CDL and Bus Driver's Certificate within 90 days of hire. Must be in good physical health which allows lifting and moving. Knowledge of Head Start is desirable. Ability to work independently. A high school diploma or GED certification required. Must be familiar with federal, regional, state and local Tribal regulations as they apply to the specific area of program operations.
SALARY: Negotiable

TRIBAL TRIBUNE DEADLINES
At 3 p.m. every 8th and 23rd of the month. Unless the 8th or 23rd falls on a weekend, it will be the Friday preceding.

4TH ANNUAL WASHITA MEMORIAL MOTORCYCLE RUN
OCT 8TH, 2016
We ride to honor those who were massacred on Nov. 27, 1868. Through prayer, song, and education, we come to pay our respects for the children, the women, the elders who died that day.



Everyone welcome bikes, cars, trucks **50/50**
Registration 8AM \$10.00 per Bike/ Vehicle
Ride Starts: 930am - Lucky Star Casino Concho, OK
Ends: Washita Battlefield - Cheyenne, OK

Disclaimers:
Rider ride at their own risk. Organizers are not responsible for lost or stolen items during the run. This is a alcohol and Drug free run.
Breakfast will be served. Meal will be provided after run.

Contact:
Anna Tallbear 405.625.7968 thetallbear@yahoo.com
Henry Sheper 405.627.2645 henrysheper@yahoo.com

PUBLIC NOTICES

The Tribal Transportation Program plans to improve the condition of the parking lot for the Geary Community Hall located at 132 East Main Street in Geary, Oklahoma. Construction of the Geary Community Hall Parking Lot Project is expected to begin on or after Aug. 10, 2016 with a 60-day construction schedule; therefore all work is expected to be completed by Oct. 10, 2016. During this time, please adhere to the construction signs in and around the site when accessing the facility. Any questions regarding the scope of work and construction scheduled can be directed to the Tribal Transportation Program at 1-800-47-4612, ext. 27432.

THE OFFICE OF THE TRIBAL COUNCIL IS NOW ACCEPTING RESOLUTIONS FOR THE ANNUAL TRIBAL COUNCIL MEETING
OCTOBER 1ST, 2016

In order to get the resolutions published by the September 1st deadline we are asking all resolutions be turned in by Tuesday August 23rd, 2016. Please contact the Office of Tribal Council if you have any questions about resolutions.

Office of the Tribal Council:
Jennifer Wilkinson, Tribal Council Coordinator
P.O. BOX 38, Concho, Okla. 73022
Cell: 405/246-8175 or 405/246-8730
Office: 405/422-7430

Got Diabetes? Get the Answers You Need.
Clinton Indian Health Center's Diabetes Support Group



For patients, parents, caregivers, and family members affected by Diabetes. Support goes a long way! Learn more about how you can effectively manage diabetes on an ongoing basis. If you or someone you love is living with diabetes, join us for an upcoming meeting.

Every Tuesday at 10am (starting June 7th)
Clinton Indian Health Center Patient Education Room (next to outpatient waiting room)

Please call **(580) 331-3458** for more information.

LEGAL NOTICES

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED AUG 09 2016
IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

IN THE TRIAL COURT
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

RANDALL RIVERS)
Petitioner)
vs.)
SHAINA RIVERS)
Respondent)

Case No: **FD-2016-0031**

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: **SHAINA RIVERS**

You are hereby notified that RANDALL RIVERS has filed a Petition For Dissolution of Marriage that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the **16TH** day of **NOVEMBER, 2016 at 10:00 A.M.**, at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 9TH day of AUGUST, 2016.

by: *Shawn Wilson*
Shawn Wilson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED AUG - 8 2016
IN THE TRIAL COURT
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Application Of)
MICHELLE RENE' KOEBRICK)
To Change Her Name)

Case No. CIV-2016-113

NOTICE BY PUBLICATION

TAKE NOTICE, that MICHELLE RENE' KOEBRICK has filed in this Court a Petition For Name Change, as follows, to wit: from Michelle Rene' Koebrock to Michelle Rene' Conroy and that the same will be heard by the Cheyenne and Arapaho Trial Court of Concho, Oklahoma in the Courthouse located at 700 Black Kettle Boulevard, P.O. Box 102, Concho, Oklahoma, 73022, on the **7th** day of **SEPTEMBER, 2016 at 10:00 A.M.** and any written protest may be filed in the case, prior to the date set for the hearing.

Issued this 8TH day of AUGUST, 2016.

Rebekah Trojan
Rebekah Trojan, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

Cheyenne and Arapaho Tribes Elder Care Program
Application for 2016 Summer Cooling Assistance
August and September 2016

- 1 electric bill per household, **ELECTRIC BILL** will be the only bill paid during this incentive.
- We will assist with the current amount only, **NO PAST DUE** balances, final disconnection notices, re-connect fees, or DEPOSITS.
- * If you are on **AVERAGE/BUDGET** billing that is the amount we will pay, not the current amount.*
- If you have a **"ZERO"** or **"Credit"** balance, **NO** payment will be made.
- You must submit your complete current utility statement each time you apply, if bill is not in your name, you must have a completed 2016 Residence Verification form.
- Maximum allowable amount is up to \$300.00 on current amount only (Pre-Paid accounts are capped at \$200.00)
- This is in addition to your regular 90-day Elder Care Assistance
- This will exclude "yard lights" or "security lights" or "Additional Structure lights"
- All bills AND applications **MUST** be submitted by the due dates, **NO EXCEPTIONS.**
- Please allow additional time to process check requests, up to 21 days from the date application is turned in to the Elder Care Program.

Print Name: _____ Always provide your CDIB# 2801A _____
Spouse's Name: _____ Date of Birth: _____
Physical Address: _____ City: _____ State: _____ Zip Code: _____
Phone: () _____ Message Phone: () _____

We will start accepting applications on August 2nd, but we will not start processing requests until August 5th. Please circle the month in which you are applying for the Summer Cooling Assistance Program:
August 2016 **September 2016**
Final Submission Dates:
August 2016 * Last day we will take utility bills and applications will be August 31, 2016
September 2016 * Last day will take utility bills and applications will be September 30, 2016

27th Annual



Oklahoma Indian Nations

Photos by Latoya Lonelodge

★ ★ ★ ★ ★ ★ ★ ★ 2ND ANNUAL ★ ★ ★ ★ ★ ★ ★ ★

CHEYENNE AND ARAPAHO TRIBES SUBSTANCE ABUSE PROGRAM

5K COLOR RUN/FUN WALK

"STEP INTO MY SHOES"

SATURDAY, AUGUST 20TH 2016

SPECIAL GUESTS



MC: CHANCE RUSH



HA'STYLEZ



MC: TONIA JO HALL



DJ: EMCEE ONE

BLOCK PARTY & HEALTH FAIR INFLATABLES! GAMES!

STEP INTO MY SHOES 5K COLOR RUN/FUN WALK IS OPEN TO ALL AGES INCLUDING YOUNG CHILDREN. ALL MINORS MUST BE ACCOMPANIED BY AN ADULT WHO IS REGISTERED FOR THE EVENT

7:00 AM RACE REGISTRATION • 8:00 AM RACE STARTS
8:30 AM 1 MILE FUN WALK STARTS

CHEYENNE & ARAPAHO TRIBES CLINTON COMMUNITY HALL
2015 DOG PATCH ROAD, CLINTON OK

REGISTER NOW! | NO FEE

REGISTRATION FORMS CAN BE PICKED UP AT THE GHMTC TREATMENT CENTER IN CLINTON, AND AT BUILDING ONE HEALTH BOARD OFFICE IN CONCHO

PENDLETON JACKETS TO BE WON BY FASTEST MALE AND FEMALE RUNNER

GUARANTEED T-SHIRT FOR PARTICIPANTS WHO PRE REGISTER BY AUGUST 12TH

CULTURE IS PREVENTION

Cheyenne and Arapaho Tribes Department of Health's "Culture is Prevention" invites the community to participate in the "Step into My Shoes" 5K run (color or no color) and funwalk to encourage others to get past stereotypes and embrace the idea that addiction and depression, while not curable, is treatable, and we should live our life to its fullest potential.

FOR MORE INFORMATION, CONTACT 580-331-2372 OR 405-422-7695

