



Cheyenne and Arapaho elders explore Denver

By Shaida Tabrizi / Freelance Reporter - shaida.monroe@gmail.com

Spring break road trips are for more than partying college students.

On an early March morning in Oklahoma, 85 Cheyenne and Arapaho tribal elders excitedly lined up to board busses bound for Denver, Colo. ready to paint the town red.

Though the tribes organize an elder trip every year, this year was slightly different since the Culture and Heritage Program took on the sponsorship responsibility.

"This is our first one that the culture and heritage has been a part of," program director Max Bear said. "The best thing for us is that we're communicating with the people. Telling them what's on the schedule, what we're doing. It's making everything run a lot smoother."

There was a handful in the group who had never gotten the chance to participate in such a trip.

Ramona Welch was one such elder. Bright eyed and enthusiastic about every bit of the experience, Welch was happy to share highlights of the trip.

"It's been great, it's been awesome," Welch said as she sat watching the Denver March Powwow, just one of the many items on the group's itinerary. "It's my first time with the elders. It was a treat to see so many Cheyenne and Arapaho elders all together for an event like this. I was really looking forward to coming."

Welch, a veteran of the U.S. Marine Corps,

lives in Weatherford where her daughter attends Southwestern University and has a long history of working with the tribes as well as the Clinton Health Service.

"I love the powwow. I haven't been up here for three or four years and I really missed it," Welch said, confiding that a loss had left her in mourning for three years.

Welch spent much of the trip visiting with the other elders as they explored the city, much of which featured partaking of Denver's rich restaurant scene.

"They don't let you starve!" Welch exclaimed laughing. "Today we ate and ate and ate."

There were, of course, several longtime participants of the elder trip along for the ride, but they found the experience anything but dull.

"It always amazes me," Cheyenne elder Rayford Gray said about the powwow. "The amount of people, that's what I like. That's another thing about coming, you see people that you haven't seen in a while and you get to be with them for this whole trip. And then meet new ones."

Gray lives in Oklahoma City and enjoys the elder trips so much he planned to make the journey himself if he wasn't selected as a participant.

"I love coming here," Gray said. "I'm excited for the new ones but I can't get any more excited for myself. It never disappoints."



C&A elder and Marine veteran Ramona Welch enjoys one of the highlights of her first ever elder trip at the Denver March Powwow. (Photo by Shaida Tabrizi)

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Native film festival highlights documentaries, short films



Film 'The Seventh Fire' opens the Native American Film Festival in Norman, Okla.

By Rosemary Stephens, Editor-in-Chief

From three-minute short films of fiction to hour-long documentaries, each film is unique in their content and their message. Some made for pure fiction and enjoyment, other films created to bring awareness to real problems facing Native Americans on reservations in the U.S.

The University of Oklahoma (OU) Film & Media Studies Program and the OU Department of Native American Studies hosted the Native film festival entitled Native Crossroads / Elements April 7-9 at the Sam Noble History Museum in Norman, Okla.

Kicking off the three day film festival was the screening of *The Seventh Fire*, a non-fiction documentary bringing to light gangs on Native American reservations and the disproportionate incarceration of Native Americans in the United States.

The Seventh Fire surrounds the life of Ojibwe tribal member Rob Brown as a Native American gang leader on a remote reservation in Minnesota. Brown, who is sentenced to his fifth prison sentence, must face his role in bringing a violent drug culture into his community and into the lives of the kids in his community. Specifically one youth 17 year old Kevin Fineday Jr., Brown's protégé who dreams of becoming the most powerful and feared Native gangster on the reservation.

The film walks through Brown's life as he struggles with returning back to prison for the fifth time and leaving behind the mother of his children and his beloved daughter Persephone.



Director Jack Riccobono (r) stands with Ojibwe member Rob Brown, whose life is portrayed in the film *The Seventh Fire*. (Courtesy photo)

Brown's 37-year story spans across 39 foster homes, five trips to prison and a near lifelong affiliation with the Native Gangster Disciples, a criminal gang that he helped to bring to Pine Point (referred to as P Town) on the White Earth Reservation in Minnesota. But there is another side to Brown besides the gangster with a long rap sheet. He is a loving father and an incredibly smart and sensitive writer who aspires to literary greatness.



42nd Annual Denver March Powwow

By Shaida Tabrizi / Freelance Reporter

Music blares, bells jingle, fringe sways and feathers quiver as the arena floor of the Denver Coliseum fills with what seems like a never-ending stream of dancers.

This joyful sensory overload of an event known as the Denver March Powwow took place for the 42nd year in a row on March 25-27, 2016. Dancers and spectators from around the country took part in the tribute to Native American culture, filling the venue despite the recent Denver snows.

"It's one of the best powwows I would say," C&A tribal member Max Bear said. "You can kind of chill and enjoy it. A lot of the other big powwows are so packed. This one here has a little bit more room to breathe."

A Grand Entry was held five times throughout the event, consisting of the Heart Beat drum group carrying their drum and singing 'A Living Hoop.' A display of flags followed until every participant danced their way into the arena, then the flags were raised while a flag song played. Veterans were then honored by the Victory Dance.

Competition is always a large part of the powwow

as well. Performers competed in the styles of Men's Traditional, Men's Grass Dance, Men's Fancy Dance, Women's Southern Buckskin/Cloth, Women's Northern Traditional, Jingle Dress Dance and Fancy Shawl Dance.

In addition to witnessing the dance competitions and Grand Entry, many enjoy the opportunity to shop from the many Native American vendors who set up booths around both levels of the Denver Coliseum.

Jodi Bird from Sioux Falls South Dakota belongs to the Mandan, Hidatsa and Arikara Nation and has been dancing since she could walk.

"I've come here for many, many years. We just grew up around it so we don't really know any different. It's a way of life," Bird said. "My kids are dancing in it now too. When we come to Denver there are a lot of friends and family and relatives that we haven't seen in a while. That's nice and then Denver is a nice city to come to, so pretty over here."

For more information about the Denver March Powwow, visit www.denver-marchpowwow.org.

National Center uplifts new generation of young Native entrepreneurs with UNITY

By Kristin Butler

National Center, UNITY Sign MOU at National RES to Promote Youth Entrepreneurship Summit (YES), host Regular YES events

"I love the energy," said Dyami Thomas, 22, of the National Reservation Economic Summit (RES), held March 21-24 at the Mirage Hotel & Casino in Las Vegas. "I love seeing all the successful people here. All these Native people, it's so empowering."

Dyami (Leech Lake Anishinabe and Klamath) is a model, actor and motivational speaker to Native youth.

"I can't wait till the youth get to see this, the videos and everything online [on the NativeEdge.com]. It's something truly amazing to bring this much positive energy, this many Natives in one spot. It's not overwhelming but it's breathtaking."

Dyami attended National RES in Las Vegas for the second consecutive year in 2016 and he definitely intends to make the Youth Entrepreneurship Summit (YES) at the Reservation Economic Summit Oklahoma (RES Oklahoma) at the Hard Rock Hotel and Casino in Tulsa, Okla. from July 11-14, 2016.

On March 21 at National RES, the National Center for American Indian Enterprise Development (National Center) and the United National Indian Tribal Youth (UNITY) inked a Memorandum of Understanding (MOU) to promote youth entrepreneurship. The two nationally recognized organizations joined forces to create youth-oriented entrepreneurial education, and offer ongoing resources for Native youth.

"It's impossible for us to talk about sustainability if we don't have a new generation of American Indian business people coming up," said Gary Davis, National Center President and CEO.

The start of the more formal and expansive relationship between the National Center and UNITY began at RES New Mexico at the Buffalo Thunder Resort and Casino in Santa Fe, Nov. 16-19, 2015, with the YES Summit. YES is designed for Native high school and college-aged students interested in business and entrepreneurship to hone their skills and learn more about what it



Derrick Watchman (right), National Center Board Chair, UNITY Executive Director Mary Kim Titla, and Gary Davis, National Center President and CEO, display the MOU signed at RES 2016. (Courtesy National Center)

takes to become successful in business.

"We had a first-time event for the National Center; we had YES! — Youth Entrepreneurship Summit," Davis said, and unexpected applause erupted across the Mirage ballroom. "Go ahead for the youth!" he exclaimed.

Combining the influence of the National Center and UNITY was "an idea that had been brought together from a lot of intention and desire over many years," Davis said. "And then within two months, youth came together, inspired to be the next generation of American Indian business people.

"When we started to put that in motion, I thought to myself, we need to work with folks who do this in a collaborative fashion because we need to partner with folks who wake up every single day and focus on youth and work towards bettering the future of our young people and empowering our American Indian youth," Davis said.

The MOU, signed March 21, unites the National Center and UNITY's purposes to help guide young entrepreneurs through joint programming. The National Center and UNITY will tie-in youth business training and workshop components to their respective annual gatherings, including RES events and the UNITY midyear and national conferences.

"We mean business for Indian country and we can-

not just mean business now. We have to mean business for the future. And the future means what we do now. Tomorrow is what we make of today," Davis added.

Mary Kim Titla, executive director of United National Indian Tribal Youth (UNITY), took the Reservation Economic Summit stage. "We developed a new slogan recently: 'Aspiring hope and changing lives.' UNITY is celebrating 40 years this year promoting citizenship, leadership and personal development," Titla told RES attendees.

"How many of you believe that our young people are beautiful?" Titla asked. "How many of you believe that our young people are powerful? How many of you believe our young people are warriors, male and female warriors?" Of course they are. UNITY has a vision. We are celebrating 40 years, and in the near future, with your help, we hope to build a National Native Youth Leadership Center, where we can bring young Native people together, where they can learn to become entrepreneurs, to become leaders in their community and fulfill their dreams."

"How do we build entrepreneurs? I'm going to use this acronym: HOPE," Titla said. "H: Hear. We need to hear our youth. We need to listen to their heart's desires. Their voice matters. O: Open-hearted. Be open-hearted as you listen to our young people. They need

you to care. P: Pray. On Facebook recently a young man talked about his run-in with a tribal leader last week at the National Indian Gaming Association. He talked about this tribal leader encouraging him in a spiritual way. And I remembered when I ran for office in 2008 how I talked to a tribal leader about my vision. And he immediately said, 'I support you. I believe in you. Let's pray.' It didn't matter where we were, in the lobby of a hotel. We stopped what we were doing, and he prayed with me, and I'll never forget that. E: Empower. Empower our youth to realize their dreams. Indeed, our young people are beautiful. They are powerful. They are warriors. And they are the HOPE of Indian country."

Native young people are encouraged to attend Youth Entrepreneurship Summit! (YES!) at the Reservation Economic Summit Oklahoma (RES Oklahoma) at the Hard Rock Hotel and Casino in Tulsa, Okla. from July 11-14, 2016. YES! is powered by Facebook and participants will hear from accomplished American Indian entrepreneurs and nationally known speakers about the strategies, skills, and paths that helped them reach their business dreams.

"We're not alone; everybody's in this together," Dyami said. "Native youth need to know out there: When one wins, we all win. We rise together. We do everything together."

Meet the 2016-2017 Cheyenne & Arapaho Youth Council, up close and personal



My name is Allen Sioux Jr., son of Allen Sioux Sr. and Rebecca Hulbutta. I am an enrolled Cheyenne and Arapaho member, but I'm also Creek. I am the oldest of my three siblings, Sierra, Allena and Daniel. I am 15 and will turn 16 on May 25. I am a Sophomore at El Reno High School.

I love the game of basketball, but I also play football. I have played sports all my life so far. I am in the Top 10 percent of my class (2018). My favorite things to do are play basketball, listen to music and chill with my family and friends. I was Valedictorian of my class my 8th grade year at Darlington.

Allen is Male Co-President of the Cheyenne & Arapaho Youth Council.



My name is Arianna Nicole Long and I am 14 years old. I am enrolled in the Cheyenne & Arapaho Tribes and I am also Mississippi Choctaw, Seminole, Creek and Sac & Fox.

I play basketball and run track. I attend Darlington Public School. I like to dance at powwows and I dance Southern Traditional/Cloth

My goal for the youth council is to get our youth more involved with our culture, language and just bring good to our communities.

Arianna is the Female National Representative for the Cheyenne & Arapaho Youth Council.



My name is Charlee Bushyhead. I am 15 years old and a freshman at El Reno High School.

My parents are Charles Bushyhead and Rosa Hall. I am an enrolled member of the Cheyenne & Arapaho Tribes.

My goal is to get more youth involved with the youth council.

Charlee is the Vice President of the Cheyenne & Arapaho Youth Council.

Hello my name is Calista Reed. I am very honored to hold the position of Treasurer and am ready to be a leader and promote positivity to our youth

I am 16 years old and a Sophomore at El Reno High School. I am currently in track and part of the basketball team. I actively participate in Fancy Shawl and can Jingle Dress as well. I joined the powwow circle in White Swan, WA when I was 3.

I love learning our tradition and learning our language.

I am the daughter of Galen and Angel Reed of El Reno, Okla.. I have four sisters, Alicia, Tierra, Alaina and Nina Reed and three brothers, Xavier, Alex and Jalen Reed. I am also a proud aunt to my niece Audrey.

I am enrolled with the Cheyenne & Arapaho Tribes and I am also of the Yakama Nation, Umatilla, Muskogee Creek, Chippewa Cree, Absentee Shawnee and Shoshone. My maternal



My name is Rachelle Lynn RomanNose. I'm 17 and I live in El Reno where I attend El Reno High School.

I'm the daughter of Edwin and Stephanie RomanNose, granddaughter of Quinton and Ladonna Romannose also Dara Franklin and great-granddaughter of Ruth Brooks.

I'm involved in volleyball and basketball at my school. I'm an enrolled Cheyenne & Arapaho tribal member, I'm also Northern Cheyenne and Arapaho, Creek and Kiowa.

This year as a youth council we hope to learn a lot and get more youth involved.

Rachelle is the Female Co-President of the Cheyenne & Arapaho Youth Council.



My name is David. I'm 16 years old and a junior at Clinton High School.

My mom is Kim Redshin. I am active in basketball and tennis and like living life.

David is the Male National Representative for the Cheyenne & Arapaho Youth Council.



My name is Desiree Hamilton. I am the daughter of the late Carrie Hamilton and Francis & Lydia Hamilton. I am 16 years old and a sophomore at El Reno High School.

I am an enrolled Tribal member of the Cheyenne & Arapaho. I am the youngest out of all my siblings and I love spending time with my nieces and nephews. Also I enjoy learning both Cheyenne & Arapaho languages and new things.

Desiree is the Secretary of the Cheyenne & Arapaho Youth Council.



grandparents are Ken & Claudette (Dogsleep) Eckiwady of Edmond, Okla. and Ray Sutton, Sr. of El Reno, Okla.

My paternal grandparents are Frankie Lime of Woodward, Okla., Derwin Lime of El Reno, Okla. and the late Donald Reed of Watonga, Okla. I am the great-granddaughter of late Isabelle Johnley of Wapato, WA, David Dogsleep of Rocky Boy, MT and the late Fred Limpy of Lame Deer, MT and the late Sophia Redhat of Seiling, Okla.

I am looking forward to this year and bonding with my fellow student council officers along with our tribal youth.

Calista is the Treasurer for the Cheyenne & Arapaho Youth Council.

Crystal White Shield named 2016 Indian College Student of the Year for Montana Indian Education Association

Crystal Raye White Shield was named the 2016 Indian College Student of the Year for the Montana Indian Education Association. She will be recognized at the annual awards banquet on April 23, 2016 at the Best Western Heritage Inn in Great Falls, MT.

White Shield is currently a full time student at the University of Montana in Missoula, MT majoring in Management Information Systems. She will be graduating May 14, 2016 with her undergraduate degree, however she has already begun her graduate studies for her Master's in Business Administration. White Shield has been placed into a vacant graduate assistant positions with the American Indian

Business Leaders National office located at the UM School of Business. She expects to graduate in December 2017.

White Shield (Kiowa/Cheyenne-Arapaho) is an enrolled member of the Cheyenne and Arapaho tribes and makes her home in Missoula, MT with her five children. She is a single mom attending school full-time, works a part-time job as a graduate assistant, while maintaining a home.

She is also a competitive Jingle Dress dancer where her most recent accomplishment was taking first place at the Crow Fair, winning \$1000, a jacket and a tipi. White Shield is active with the Missoula community, involved with the UM

student groups the Sacred Roots Language Society, the American Indian Business Leaders, the UM Native American Student Advisory Council and also the Native Generational Change.

She is the daughter of Debra Emhoolah (Kiowa/Arapaho) of Northglenn, Colo. and Raymond Nelson White Shield (Cheyenne) also of Northglenn, Colo. Her maternal grandparents are John and Geneva (Yeah-quo) Emhoolah of Thornton, Colo. and her paternal grandparents are the late Raymond White Shield and the late Mary Red Shin.

She has one brother, Raymond "Eagleboy" Whiteshield of Pawnee, Okla., and one sister Raelene Whiteshield of Northglenn, Colo.



Record year for Natives in U.S. politics?

By Mark Trahant / TrahantReports

It's tempting to see 2016 as a record year for Native American political candidates. After all there are at least nine people running for the U.S. House of Representatives and now more than eighty candidates for state legislative offices.

But the problem with calling this a "record year" is that no one has measured the totals before (at least in any systematic way). So there is not enough data to compare this year with any previous year. It might be a record. It's probably a record. But we don't have numbers. We just have stories and 2016 is already shaping up to be a great one.

Last week, for example, Wenona Benally posted on Facebook: "I didn't expect to be making this type of announcement again for a very long time, but today, I officially became a Democratic candidate for the Arizona House, Legislative District 7." (Previous: Indian Country's best chance to win a congressional seat) Benally ran for Congress in 2012. She has experience as do two other candidates running for offices in this district, current Representative and Gulf war veteran Jamescita Peshlakai who's running for the Senate and Eric Descheenie for the second House seat. Arizona's 7th legislative district is more than 65 percent American Indian, mostly Navajo, and as such is hugely important to the state's political discourse. The current Senator from that district, Carlyle Begay, who switched

parties in November to become a Republican, is now a candidate for Congress. He's not alone. There is another Republican and at least one Democrat who say they are making a pitch to voters there.

And that's the way it ought to be. Arizona's 7th legislative district should be the pipeline to Congress. (Previous: Indian Country wins with more representation.)

There are three types of state legislative districts with Native American representation. The first is like Arizona's 7th where American Indians or Alaska Natives make up the majority of the district. The second is a hybrid district where a reservation is included, but most of the voters come from the surrounding community. Washington's Sen. John McCoy represents the district that includes the Tulalip Tribes as well as Marysville and Everett. The third type is a district that's entirely urban.

If you think about it: Native Americans living in urban districts might be the most underrepresented community. Nearly two-thirds of American Indians and Alaska Natives live in cities, yet most of the political conversations stem from reservation-based candidates.

But in this election cycle there is a lot of action on that front too. At least 17 Native American candidates are running from both parties to represent citizens who live in cities. (Spreadsheet & map here.)



LaRenda Morgan is running as a Democrat in Oklahoma City. She's a Cheyenne and Arapaho tribal member. (Campaign photo via Facebook.)

Just last week LaRenda Morgan, a Cheyenne and Arapaho tribal member, filed her candidacy for House district 93. She has previously worked for her tribe's social services as director and has lived in Oklahoma City for 23 years. She cited her opposition to state budget cuts as one of the reasons why she is running.

"I think to make a change in our state system, we need people who are educated but also have experience in the legislative processes. We need people who are aware of state government

and agencies and how they function and the tiers of services they provide to the people," Morgan wrote on Facebook. "I think it's terrible the state has to go through this but not for the lawmakers but for the citizens who will suffer. Tribal governments go through these type of situations frequently also. Governments need diligent, educated, experienced, committed decision makers."

Oklahoma has the most urban representation. There are two additional

See **Natives in politics** pg. 11

Legislative News

March Regular Session

The Regular Session for March was held on Saturday, March 12, 2016. The following bills were passed:

A Resolution to Request Technical and Financial Assistance from IHS to Develop the Wastewater System at Canton Reserve, signed by Governor Hamilton on March 1, 2016.

A Resolution to Approve Application for Aid to Firefighter's Grant from FEMA, signed by Governor Hamilton on March 21, 2016.

A Resolution to Initiate Construction of Fonda Community Hall, signed by Governor Hamilton on March 21, 2016.

A Resolution to Submit a Grant Application to the U.S. Dept. of Agriculture Food & Nutrition Service, signed by Governor Hamilton on March 21, 2016.

According to the Constitution, the Governor may call Special Sessions of the Legislature. There were three Special Sessions held the month of March. The following bills were passed on March 1, 2016, March 9, 2016 and March 30, 2016:

A Resolution to Approve a Blanket Freelance Reporter/ Writer Agreement, signed by Governor Hamilton on March 1, 2016.

A Resolution to Authorize Governor Hamilton to sign real estate contract for acquisition of home for development activities (new homebuyer) in Thomas, OK, signed by Governor Hamilton on March 1, 2016.

A Resolution to authorize Governor Hamilton to sign a real estate contract for acquisition of home for develop-

ment activities (new homebuyer) in Clinton, OK, signed by Governor Hamilton on March 1, 2016.

A Resolution Expressing Interest in Participating in the Land Buy Back Program for Tribal Nations, signed by Governor Hamilton on March 9, 2016.

A Resolution Authorizing Governor Hamilton to sign the contract with the Oklahoma State Dept. of Health, signed by Governor Hamilton on March 31, 2016.

A Resolution authorizing Governor Hamilton to sign a collaborative agreement for purposes of the IHS Clinton Service Unit Public Health Nurse to provide a Physical Fitness Boot Camp, signed by Governor Hamilton on March 31, 2016.

A Resolution for Budget Revision to Add Sub-Award from the Southern Plains Tribal Health Boards Tribes Epidemiology Center, signed by Governor Hamilton on March 31, 2016.

A Resolution authorizing Governor Hamilton to sign grant applications for the Institute of Museum and Library Services Enhancement Grant and Institute of Museum and Library Services, signed by Governor Hamilton on March 31, 2016.

A Resolution to submit an Adminis-

Hearing	Desc	C1	C2	C3	C4	A1	A2	A3	A4
Mar 1	Hearing/Concho	*	*	*		*	*	*	*
Mar 1	Special Session/Concho	*	*	*	*	*	*	*	*
Mar 3	Hearing/Concho	*	*	*		*	*	*	
Mar 9	Hearing/Concho	*	*	*		*	*	*	
Mar 9	Special Session/Concho	*	*	*		*	*	*	
Mar 10	Hearing/Concho	*	*	*		*	*	*	
Mar 12	Regular Session/Concho	*	*	*		*	*	*	*
Mar 24	Hearing/Concho	*	*	*		*	*	*	*
Mar 30	Hearing/Concho	*	*	*		*	*	*	*
Mar 30	Special Session/Concho	*	*	*	*	*	*	*	*

*PRESENT

tration for Native Americans proposal for a Master-Apprentice Project, signed by Governor Hamilton on March 31, 2016.

A Resolution approving submission of the FY 2016 Tribal Historic Preservation Office (THPO) Grant Application, signed by Governor Hamilton on March 31, 2016.

A Resolution to Approve the Professional Survey Services for the Watonga Casino Parking Lot, signed by Governor Hamilton on March 31, 2016.

According to the Legislative Pay Act, passed November 2015, any Legislator who doesn't attend a Legislative session, either Special or Regular, does not get paid for one week. In the month of March 2016 there was one Legislator who was not paid for one week.

Please contact your Legislator or the Legislative Clerk for additional information. The Legislative Clerk Assistant is Andrea De Leon, she can be reached at 405-422-7777, or you can email her at amain@c-a-tribes.org.

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April 27, 2016

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Transportation Schedule

Hammon	8:20 a.m.	Community Building
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Clinton	9:45 a.m.	Homeland
Weatherford	10:10 a.m.	Shopping Center
El Reno	11:00 a.m.	Walmart
Thomas	9:20 a.m.	Terrier Express
Seiling	9:30 a.m.	Shell Gas Station
Canton	9:55 a.m.	Shell Gas Station
Watonga	10:10 a.m.	Food Distribution
Geary	10:30 a.m.	North Store
Kingfisher	10:30 a.m.	Walmart

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PUBLIC NOTICE

TO ALL CHEYENNE AND ARAPAHO TRIBAL MEMBERS (18 YEARS AND OLDER ON OR BEFORE MAY 7, 2016)

Special Tribal Council Meeting 10 a.m. Saturday, May 7, 2016 Concho Community Center - Concho, Okla.

In accordance with the Cheyenne & Arapaho Tribes' Constitution, pursuant to Article V. Sec.3 (b) *Special Meetings of the Tribal Council may be called by five members of the Legislature or by petition signed by one hundred and fifty Members of the Tribes. All requests for a Special Meeting of the Tribal Council shall be submitted to the Coordinator of the Office of the Tribal Council. Upon receipt of a valid petition, the Coordinator of the Office of the Tribal Council shall call a Special Meeting. The purpose of the Special Meeting shall be indicated in the request for the Special Meeting and no other business shall be conducted at the Special Meeting.*

A Special Tribal Council Meeting is being called on Saturday, May 7, 2016 at 10 a.m. The special tribal council meeting shall be held at the Concho Community Center in Concho, Okla.

The purpose of this meeting shall be:

Business:

1. A Tribal Council Resolution for Approval of the 2016 Tribal Council Budget Amendment
2. A Tribal Council Resolution to Per Cap 100% of the Nez Perce Settlement Money
3. A Tribal Council Resolution to repeal Tribal Council Resolution No. 050711STC-011
4. A Tribal Council Resolution regarding the Elders
5. A Tribal Council Resolution approving and hiring an attorney for the Tribal Council
6. A Tribal Council Resolution inviting the Carter Center for Democracy to monitor the 2017 Primary and General Elections
7. A Tribal Council Resolution authorizing the construc-

tion of the Fonda Community Hall Building

The following items will be posted at the Office of Tribal Council (located at Concho Community Hall), Concho Community Hall, Watonga Republican, Thomas, Elk City, El Reno Tribune, Weatherford Daily News, Woodward newspapers and the Cheyenne and Arapaho Tribal Tribune.

Any resolution is available to the public.

In accordance with the Cheyenne & Arapaho Tribes' Constitution, Article V. Sec. 3 (c) The Coordinator of the Office of Tribal Council shall provide notice of all Regular Meetings and Special Meetings of the Tribal Council at least fifteen days before such Meeting.

Office of the Tribal Council / Jennifer Wilkinson, Tribal Council Coordinator, 405-246-8175, Sarah Pedro, Administrative Assistant, 405-246-8730, office phone: 405-422-7430.

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA

SPECIAL TRIBAL COUNCIL MEETING

May 7th, 2016 @ 10:00 am

Concho Community Hall, Concho, OK

RESOLUTION NUMBER: _____

DATE POSTED:
DATE PUBLISHED:
DATE APPROVED:

SUBJECT: TRIBAL COUNCIL APPROVAL TO HIRE AN ATTORNEY TO REPRESENT THE INTERESTS OF THE TRIBAL COUNCIL AUTHORITIES & RESPONSIBILITIES.

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized Under a Constitution approved by the tribal membership of April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article V, sec. 2(a) of the Constitution grants the Tribal Council the power to set policy for the Tribes and shall have all other powers and duties specifically provided by the Constitution; and

WHEREAS: The C&A Supreme Court in an Order, on Dec. 30th, 2009, in Case No. SC2007-0002 concluded that the Tribal council in order to defend its interest as a Branch and to enable the Tribal Council Coordinator to defend himself/herself (and the Tribal Council's interests) when the Council Coordinator is sued by anyone having standing to do so, the Tribal Council must be able to employ and/or retain a competent independent Attorney or Attorneys to defend the Branch, and

WHEREAS: The C&A Supreme Court also in the Order specifically stated; that because of the obvious conflict-of-interest problems, such legal counsel or legal counsel's law firm may NOT represent the Executive Branch, the Legislative Branch or any Executive Branch Official, any Legislator, the Election Commission, or any Election Commissioner in any capacity. For similar reasons regarding conflict of interests no attorney representing any Branch (or Election Commission) may also represent any persons or entity doing business or seeking to do business with the Tribes; and

NOW THEREFORE BE IT RESOLVED: That in accordance with the Supreme Court's Order in SC 2007-0002 the Tribal Council hereby approves the contract of and Employs _____ as the Attorney to represent its interest and Tribal Council Coordinator and the Tribal Council, when it is necessary to do so, on this ___ day of ____, 2016, at the Special Tribal Council Meeting held in _____, Oklahoma.

CHEYENNE & ARAPAHO TRIBES SPECIAL TRIBAL COUNCIL MEETING

Chairman, Cheyenne & Arapaho Tribes
Special Tribal Council Meeting

ATTEST:

Secretary, Cheyenne & Arapaho Tribes of Oklahoma
Special Tribal Council Meeting

CERTIFICATION

I, the undersigned, as the Secretary for the Cheyenne & Arapaho Tribes of Oklahoma May 7th 2016 Special Tribal Council Meeting do hereby certify that a quorum was present at the duly called Special Tribal Council Meeting held on the ___ day of May, 2016, and that the foregoing resolution was adopted by the affirmative vote:

For: _____ Opposed: _____ Abstention: _____ Not Voting: _____

Secretary

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA

SPECIAL TRIBAL COUNCIL MEETING

May 7th, 2016 @ 10:00 am

Concho Community Hall, Concho OK

RESOLUTION NUMBER: _____

DATE POSTED:
DATE PUBLISHED:
DATE APPROVED:

SUBJECT: A resolution to approve budget modifications to the 2016 Tribal Council Budget.

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized Under a Constitution approved by the tribal membership of April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article II, Section 2, Branches of Government, of the Tribes' Constitution establishes that "The power of the government shall be divided into four branches: Tribal Council, Legislative, Executive, and Judicial." and

WHEREAS: Article V, Section 1, of the Tribes' Constitution establishes that "The Tribal Council shall be composed of all Members of the Tribes age eighteen and older."

WHEREAS: Article V, Section 2 establishes the powers of the Tribal Council and provides, in part, that:

(a). The Tribal Council shall have the power to set policy for the Tribes and shall have all other powers and duties specifically provided by this Constitution.

(c). The Tribal Council shall have the power to establish its own rules of order and procedure.

WHEREAS: The 2016 Tribal Council Budget approved by the Tribal Council in the December 12th, 2015 Special Tribal Council Meeting was not prepared by the Tribal Council Coordinator and funds were not properly projected for this branch of government to function.

WHEREAS: The Tribal Council Coordinator submitted to the legislator a bill to amend the 2016 budget. The legislatures passed the budget modification unanimously by 8 votes on February 13th during their regular session. It was vetoed by Eddie Hamilton and during the March 12th regular session only 5 legislators voted to override the veto and six votes was needed in order to override the veto. The Tribal Council budget did not pass thru the regular legislative process.

NOW THEREFORE BE IT RESOLVED: The Tribal Council of the Cheyenne and Arapaho Tribes hereby approves the budget modifications/amendments for the Tribal Council Branch of government and authorizes the monies for this branch of government to be allocated from gaming revenues.

BE IT FURTHER RESOLVED: This budget modification for the Tribal Council will take effect immediately if passed by the Tribal Council.

CHEYENNE & ARAPAHO TRIBES SPECIAL TRIBAL COUNCIL MEETING

Chairman, Cheyenne & Arapaho Tribes
Special Tribal Council Meeting

ATTEST:

Secretary, Cheyenne & Arapaho Tribes of Oklahoma
Special Tribal Council Meeting

CERTIFICATION

I, the undersigned, as the Secretary for the Cheyenne & Arapaho Tribes of Oklahoma May 7th 2016 Special Tribal Council Meeting do hereby certify that a quorum was present at the duly called Special Tribal Council Meeting held on the ___ day of May, 2016, and that the foregoing resolution was adopted by the affirmative vote:

For: _____ Opposed: _____ Abstention: _____ Not Voting: _____

Secretary

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
SPECIAL TRIBAL COUNCIL MEETING
May 7th, 2016 @ 10:00 am
Concho Community Hall, Concho, OK

RESOLUTION NUMBER: _____

DATE POSTED:
DATE PUBLISHED:
DATE APPROVED:

SUBJECT: TRIBAL COUNCIL RESOLUTION INVITING THE CARTER CENTER TO MONITOR THE 2017 PRIMARY AND GENERAL ELECTIONS.

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized Under a Constitution approved by the tribal membership of April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article I, Section 2 of the Tribes' Constitution establishes that "Powers not granted to the Government shall be reserved to the People.

WHEREAS: Article V, Section 1, of the Tribes' Constitution establishes that "The Tribal Council shall be composed of all Members of the Tribes age eighteen and older." Article V, Section 2 establishes the powers of the Tribal Council and provides, in part, that:

- (a). The Tribal Council shall have the power to set policy for the Tribes and shall have all other powers and duties specifically provided by this Constitution.
- (b). The Tribal Council shall have the power to authorize the Governor to enter into treaties, compacts, or any contract.
- (c). The Tribal Council shall have the power to establish its own rules of order and procedure.

WHEREAS: the intent of the 2006 Constitutional Committee, with respect to the Article IX, of the tribes' Constitution, was to ensure fair elections and create a fair, unbiased Election Commission; and

WHEREAS, The tribes are currently faced with a protracted legal and political dispute concerning tribal leadership and determination of governmental officers including the electoral positions of governors, lt. governor and the appointed positions of Attorney general and all judges and justices within the Judicial Branch and in accordance with the tribal constitution and

WHEREAS, The primary election that was held on Nov. 5, 2013 ended at a vote count of, 746-Roberta Hamilton/Jerry Levi, 736- Eddie Hamilton/Cornell Sankey. On Nov. 5, 2013 ballots were not placed in a secure location under the supervision and responsibility of the election commission. To which another count was conducted on Nov. 6, 2013 concluding in a tie vote between E. Hamilton/C. Sankey & R. Hamilton/J. Levi. A final count was conducted on Nov. 12, 2013, resulting in a total that added one vote to E. Hamilton/C. Sankey's total, 700, and R. Hamilton/J. Levi's total was 699, and

WHEREAS, It has been acknowledged by the tribal council branch, the elections for the 2013 general and primary had several issues that violated the tribes constitution and election commission ordinance, as well as Civil right of individual members of the tribe, such as:

- (1) Voters registration list not being completed by the deadline of Aug. 15th, in accordance with the tribe's constitution, Art. IX, Sec.8, Procedures. (a) "The Election commission shall publish a preliminary list of eligible voters no later than June 15th of an election year. The enrollment department and the election commission shall cooperate in the development of the preliminary list of eligible voters. Any member of the tribes may challenge a name on or the omission of name from, the preliminary list of eligible voters by filing a written protest with the election commission by July 15th. The Election Commission shall decide all written protests to the preliminary list of eligible voter no later August 1st, The Election Commission shall publish a final list of eligible voters by Aug. 15th."
- (2) Absentee Ballots were not mailed out 21 days prior to elections, violating the duly-registered voter's rights to vote for the respective candidates, not in accordance with the election ordinance.
- (3) Ballots boxes were visibly transparent secured by zip ties (no locked boxes), violating Art. IX, Sec.7 (a) "All Elections shall be conducted by secret written ballots.", of the tribes constitution, and

WHEREAS: by its constitutional terms, there can be no dispute as to who comprises the Tribal Council; and, for situations, during which authority of all other branches and constitutional officers of the Tribes is called into question, the authority of the Tribal Council remains constant and true, and the validity of its actions shall not be affected by of Interior as to who the governor is of the Cheyenne and Arapaho Tribes of Oklahoma.

WHEREAS: there exists an inherent public responsibility to ensure that tribal elections are fair, efficient, reliable, and conducted in a manner that will prevent waste of public funds, reduce the persistent and unending power struggles, and promote peace and stability in our tribal government and its institutions.

WHEREAS: the Tribal Council has determined that an extraordinary situation currently exists that must be remedied by the People through the actions of the Tribal Council; the tribes' leadership shall be determined by a fair and legitimate VOTE OF THE PEOPLE; and

NOW THEREFORE BE IT RESOLVED the Tribal Council hereby asserts its authority during this time of governmental instability and crisis, and shall intervene in and all instances of governmental instability and crisis, specifically those involving leadership disputes which may lead to an unfair, flawed and dishonest election process.

BE IT FURTHER RESOLVED that The Tribal Council is intervening and asserting their authority and allowing the Carter Center for democracy to monitor and oversee the 2017 primary and general election process for Governor, Lieutenant Governor, District A-1 Legislator, District A-2 Legislator, District C-2 Legislator, and C-4 Legislator.

BE IT FURTHER RESOLVED that the Tribal Council hereby requests and invites the Carter Center for Democracy to oversee and monitor the 2017 primary and general election process. The Tribal Council specifically approves and authorizes any contract with the Carter Center and any funding needed for the Carter Center to monitor such elections. Such funding shall come out of gaming revenues if needed.

CHEYENNE & ARAPAHO TRIBES SPECIAL TRIBAL COUNCIL MEETING

Chairman, Cheyenne & Arapaho Tribes
Special Tribal Council Meeting

ATTEST:

Secretary, Cheyenne & Arapaho Tribes of Oklahoma
Special Tribal Council Meeting

CERTIFICATION

I, the undersigned, as the Secretary for the Cheyenne & Arapaho Tribes of Oklahoma May 7th 2016 Special Tribal Council Meeting do hereby certify that a quorum was present at the duly called Special Tribal Council Meeting held on the ___ day of May, 2016, and that the foregoing resolution was adopted by the affirmative vote:

For: _____ Opposed: _____ Abstention: _____ Not Voting: _____

Secretary

CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
SPECIAL TRIBAL COUNCIL MEETING
MAY 7TH, 2016
CONCHO COMMUNITY HALL, CONCHO, OK

RESOLUTION NO. _____

Date Posted: _____ Date Approved: _____
Date Published: _____
Subject: TRIBAL ELDERS

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian tribe organized under a Constitution approved by tribal membership on April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article V., 2 (a) of the Constitution grants the Tribal Council the power to set policy and shall have all other powers and duties specifically provided by this Constitution; and

WHEREAS: On October 3, 2015 in the Concho Community Building at Concho, Oklahoma the Annual Tribal Council Meeting was held as per Article IV Section (3) a of the Constitution; and

WHEREAS: In this meeting Ref: BILL NO. 5L-SS-2015-0918-001 was introduced by: Patrick Spottedwolf, A-3 District and Bruce Whiteman, C-1 District. Bill to Enact the 2016 Annual Budget for the Cheyenne and Arapaho Tribes was introduced; and

WHEREAS: The Tribal Elders feel since it is the just duty and responsibility of this administration to make our "Elders the Number One Priority", we the elders of the Cheyenne & Arapaho of Oklahoma make this Resolution, to wit:

NOW THEREFORE BE IT RESOLVED THAT, the Tribal Elders of the Cheyenne & Arapaho Tribes calls a Special Meeting, because of all past mismanagement of tribal funds we shall pass this Resolution giving each elders the sum of \$ 2,500.00 Dollars

and no/ cents, twice a year beginning the first quarter and third quarter of each year thereafter.

With all monies spent without Tribal Council approval as mentioned in the Constitution, the Tribal Council Elders shall have the power to established it's own rules of orders and procedures per: ARTICLE V, Section 2 (d). We feel that it is fair and just to award the above-mentioned dollars to our surviving elders during their later years, to become effective ASAP.

- 1) A check made out to each "Registered Elder" in the amount of \$2,500.00 and no/100 Dollars for JULY 15, 2016 and \$2, 500.00 and no/100 Dollars for DECEMBER 15, 2016.

Chairman, Cheyenne & Arapaho Tribes

Attest:

Secretary, Cheyenne & Arapaho Tribes of Oklahoma

CERTIFICATION

I the undersigned as the Secretary for the Cheyenne & Arapaho Tribes of Oklahoma do hereby certify that on Day _____, December 2015, special meeting was duly called convened and that the foregoing resolution was adopted;
For, _____ Opposed, _____

Abstention, _____ Not Voting, _____

Secretary, Cheyenne & Arapaho Tribes of Oklahoma

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
SPECIAL TRIBAL COUNCIL MEETING
May 7th, 2016 @ 10:00 am
Concho Community Hall, Concho, OK

RESOLUTION NUMBER: _____

DATE POSTED: _____ DATE PUBLISHED: _____
DATE APPROVED: _____

SUBJECT: AUTHORIZATION TO CONSTRUCT A COMMUNITY BUILDING IN FONDA, OK

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized Under a Constitution approved by the tribal membership of April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: The Tribal Council finds it in the best interests of the Tribes to promote the educational, economic, and social welfare of the People as well as protect the religious freedom and tribal customs of all tribal members; and

WHEREAS: in the Preamble to the Constitution, the people of the Cheyenne and Arapaho Tribes states they do establish the Constitution in order to sustain and promote their culture, languages, and way of life, protect their religious rights, establish and promote justice for all People and promote education; and

WHEREAS: Article V, sec. 2(a) of the Constitution grants the Tribal Council the power to set policy for the Tribes and shall have all other powers and duties specifically provided by the Constitution; and

WHEREAS: The Tribal Council recognizes the need for a community building at Fonda, OK; and

NOW THEREFORE BE IT RESOLVED: that the Tribal Council of the Cheyenne and Arapaho Tribes supports the construction of a permanent ground up structure for the Fonda Community; and

BE IT FURTHER RESOLVED that the Tribal Council of the Cheyenne and Arapaho Tribes authorizes the funding for the construction of the Fonda Community to come from the tax commission.

CHEYENNE & ARAPAHO TRIBES SPECIAL TRIBAL COUNCIL MEETING

Chairman, Cheyenne & Arapaho Tribes
Special Tribal Council Meeting

ATTEST:

Secretary, Cheyenne & Arapaho Tribes of Oklahoma
Special Tribal Council Meeting

CERTIFICATION

I, the undersigned, as the Secretary for the Cheyenne & Arapaho Tribes of Oklahoma May 7th 2016 Special Tribal Council Meeting do hereby certify that a quorum was present at the duly called Special Tribal Council Meeting held on the ___ day of May, 2016, and that the foregoing resolution was adopted by the affirmative vote:

For: _____ Opposed: _____ Abstention: _____ Not Voting: _____

Secretary

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
SPECIAL TRIBAL COUNCIL MEETING
May 7th, 2016 @ 10:00 am
CONCHO COMMUNITY HALL, CONCHO, OK

RESOLUTION NUMBER: _____

DATE POSTED:
DATE PUBLISHED:
DATE APPROVED:

SUBJECT: All Tribal members will receive the Nez-Perce settlement monies in the form of per capita payment.

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized Under a Constitution approved by the tribal membership of April 4, 2006 and approved by the Secretary of the Interior; and

WHEREAS: Article V, sec. 2(a) of the Constitution grants the Tribal Council the power to set policy for the Tribes and shall have all other powers and duties specifically provided by the Constitution; and

WHEREAS: The Tribes have sued the United States in the U.S. District Court for the District of Columbia, Nez Perce, et. al. v. Jewell et. al., No. 06-cv-2239-TFH, pursuing their claims against the United States for historical accountings and other equitable relief regarding the Tribes' accounts, funds, and non-monetary assets or resources held in trust by the United States; and

WHEREAS: The United States has made and offer in settlement of: Nez Perce, et al. v. Salazar, et al., in the amount of approximately \$8.3 million to the Cheyenne and Arapaho Tribes.

WHEREAS: The Native American Rights Fund was retained by the Tribes from 2006-2012 to represent them in the litigation.

NOW THEREFORE BE IT RESOLVED: The Tribal Council of the Cheyenne and Arapaho Tribes authorizes and directs 100% of the per-capita payment from the Nez-Perce Settlement monies to all Members of the tribes.

BE IT FURTHER RESOLVED: that the Tribal Council approves and authorizes the payment out of the settlement funds to the Native American Rights Fund (NARF) for the Tribes' attorneys' fees incurred 2006-2012.

Cheyenne and Arapaho Tribes of Oklahoma
Special Tribal Council Meeting
May 7th, 2016 @ 10:00 am
Canton Community Hall, Canton OK

RESOLUTION NO: _____
DATE POSTED: _____
DATE APPROVED: _____

SUBJECT: A Tribal Council Resolution to repeal Tribal Council Resolution No. 050711STC-011

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Indian Tribe organized under the Constitution of the Cheyenne and Arapaho Tribes approved by the tribal membership on April 4, 2006 and accepted by the Secretary of the Interior; and,

WHEREAS: The Cheyenne and Arapaho Constitution, Art. V Section 2 (a) grants the Tribal Council the power to set policy for the Tribes.

WHEREAS: Tribal Council Resolution 050711STC-011 adopts a policy that the Tribal Casino Employees are subject to the personnel policy described in the Lucky Star Casinos' Personnel Manual but not the Tribes' Personnel Policies.

WHEREAS: The Tribal Council now considers it in the best interest of the Tribes to repeal Tribal Council Resolution No. 050711STC-011

NOW THEREFORE BE IT RESOLVED by the Tribal Council of the Cheyenne and Arapaho Tribes that Tribal Council Resolution 050711STC-011 is hereby repealed effective immediately.

BE IT FURTHER RESOLVED: That the Chairman of the Tribal Council and the Tribal Council Coordinator is directed and authorized to carry out any actions necessary and proper on the intention of this Resolution.

Chairperson

ATTEST:

Secretary

Certification

I, understand, as secretary of the ****Special Tribal Council Meeting hereby certify that the foregoing resolution was adopted by the Tribal Council of the Cheyenne and Arapaho Tribes of Oklahoma on this ___ day of _____, 2016 in ***** by a vote of ___ for, ___ against and ___ abstentions, a quorum of 75 required an attained and ___ being present, as indicated by a sign-in sheet verified by the Cheyenne and Arapaho Department of Enrollment.

Secretary



Photo by Patricia Smith

Highlighting Native American languages during 14th annual fair

By Patricia Smith / Freelance Writer

Students from around the state of Oklahoma gathered at the Sam Noble Museum, Oklahoma University campus in Norman, Okla. for the 14th annual Oklahoma Native American Youth Language Fair. Students came to this event in order to promote and sustain Native American cultures, languages and their way of life for many generations to come.

On the first Monday and Tuesday of April each year, the Native American Language department of the Sam Noble Museum hosts this event. This year's event included hundreds of Native American language students ranging from pre-kindergarten through 12th grade.

The students, teachers, parents and judges represented many tribal cultures from around the state of Oklahoma and other parts of the country to include, Cheyenne, Arapaho, Cherokee, Choctaw, Osage, Mvskoke, Euchee / Yuchi, Chickasaw, Kiowa, Shoshone, Sauk, Shawnee, Kickapoo, Comanche, Potawatomi, Konawa, Wichita, Kaw Nation, Otoe, Red Thunder, Coushatta Tribe of Louisiana, Apache, Creek and more.

Each day started with opening ceremonies and a parade of students in the Great Hall of the museum. The first day of this event consisted of the younger students participating from pre-kindergarten through 5th grades. The second day included the students' performances from the 6th through 12th grades. The performances each day included individual as well as small, medium and large group performances. The categories included Traditional Song, Modern Song, Spoken Language, Spoken Prayer, Power Point Presentations and Film Screenings. The students also created materials in the following categories: Poster Art, Book / Literature, Written

Poetry, Cartoons / Comic Books and Advocacy Essays.

The Cheyenne Arapaho Language Program of the El Reno Public Schools in El Reno, Okla. was represented in the 3rd-5th grades 'Small Group Spoken Language (Kids at Play).' They also participated in the pre-k - 2nd grade 'Small Group Modern Song (Arapaho Hymn).'

The 9th -12th grades Cheyenne Arapaho Language class presented a film they had created and produced. It was entitled *Let's Hoop* and can be viewed at the following Youtube link: www.t.co/OPZTQDRzW

All of the Native American students from around the state and other parts of the country were outstanding in their performances. Just to highlight another young man's video from the 6th - 8th Grade Large Group Traditional Song, 7-year-old Adam Pratt from Pawnee Choir in Pawnee, Okla. dressed in his native Regalia performed to the beat of the drums. He performed with a beaming smile and danced with perfection.

Elyssa Mann, Publications and Promotions Specialist at the Sam Noble Museum shared that she felt that all of the students' performances were inspiring. It was discussed that this event would inspire the Native American students to treasure their great American heritage; as well as cause the students to realize the importance Native Americans played in the history of America.

Sponsors of this cultural event included The Cyril Fund, Wyandotte Nation, The Chickasaw Nation, Choctaw Nation, Department of Anthropology, Department of Native American Studies, University Silkscreen and The Sam Noble Museum on the University of Oklahoma campus.

Pictures from the event can be found at the following link



Layla Chisholm from the Yuchi Language Project sang *Itsy-Bitsy Spider* in the pre-k through 2nd grade 'Small Group Modern Song' category. (Photo by Patricia Smith)

www.pattycakegreetings.smugmug.com/14th-Annual-Oklahoma-Native.

Cheyenne-Arapaho member Jalen Rowe named Valedictorian at Depew High School

Submitted article

Jalen Rowe has been selected as the Valedictorian at Depew High School in Depew, Okla. Jalen is an enrolled member of the Cheyenne and Arapaho tribes. He is 17 years old and will graduate in May 2016.

Jalen is the son of Loleta West and Sammy Rowe. His paternal grandparents were the late Frank Calvin Rowe and the late Susie Ann Buffalo-Hughes. Jalen's paternal great-grandparents were the late Inez Roman Nose and the late Frank Buffalo. His maternal grandparents are Leola Hill and David West Sr. Jalen's maternal great-grandparents were the late Nancy Hill and the late Calvin West.

Jalen was raised in Northeastern Oklahoma by his single, hard working mother who taught him the principle that to be successful you have to work hard for it. That principle would pay off in his high school career and future college plans.

Jalen has attained a 4.0 GPA and has maintained straight As all four years of high school. His accomplishments include:

Superintendent's Honor Roll

Oklahoma Honor Society (4 years)

Selected member of the Oklahoma Indian Honor

Society in senior year

Educational Talent Search selected senior year

Mason High School Academic Team member freshman year

Student Council, junior and senior years

Class Representative, two years

Basketball freshman year at Mason High School and senior year at Depew playing forward

Football his junior year playing running back and half back

Numerous awards for highest grades in subjects

Freshmen year first place in Algebra I at the Interim State Scholastic Meet held at Seminole State College

Selected to attend the Congress of Future Science and Technology Leaders in Massachusetts as an Oklahoma Delegate

Received an award for Academic Excellence

Received a Governor's Commendation for being named to the National Academy of Future Scientists and Technologists, signed by Mary Fallin, Oklahoma Governor

Received a congratulatory letter from Senator James M. Inhofe, for the nomination to the 2016 Congress of Future Science and Technology Leaders.

Jalen has participated in numerous extracurricular

and leadership activities throughout his high school years. He has been an active member of the Depew High School Student Council for two years. The student council has participated in many local charities and holds many community fundraisers.

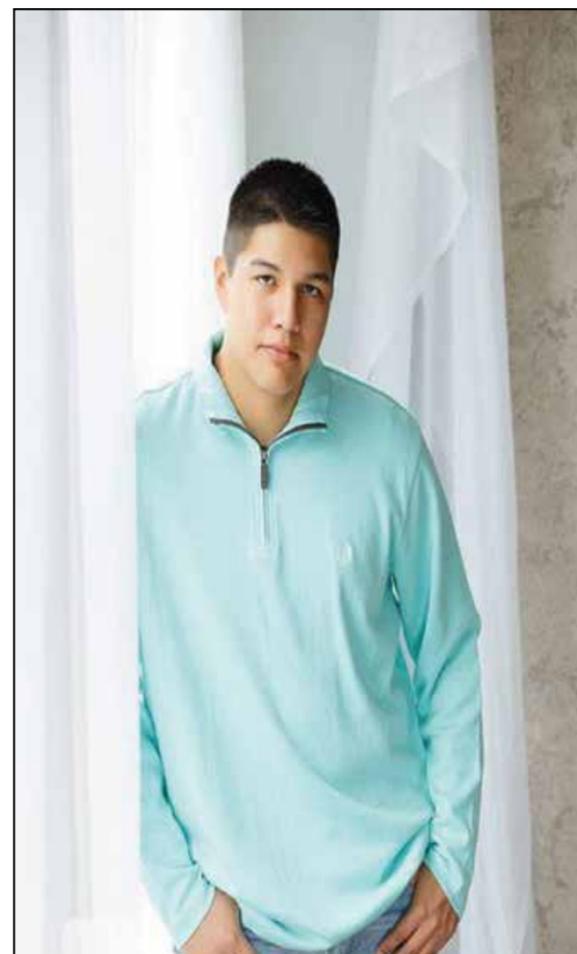
He assisted with fundraisers to help the Vanorsdol family with their chemo-therapy expenses and he has assisted with Clothes Closet for local children, the Canned Food drive, the Angel Tree Drive and coat drive fundraisers. Jalen is also a member of the Educational Talent Search or TRIO, which teaches students about college leadership. Jalen has been on the high school academic team.

Jalen's future plans are to attend the University of Kansas in the Fall in the field of Architecture, Design and Planning. His ultimate goal is the attainment of a Ph.D. His objective after graduation is to one day start his own architecture company and eventually give back to his family, educators and the Cheyenne and Arapaho tribe and community that have helped him along his journey.

Jalen quoted martial arts icon, Bruce Lee, who once said, "If I tell you I'm good, probably you

will say I'm boasting. But if I tell you I'm not good, you'll know I'm lying."

"I know it seems like I'm just boasting about my accomplishments but they are real examples that if you put your mind to something and work hard for it, not letting anything stop you, you can accomplish what you set out to do and accomplish many other amazing things along the way," Jalen said. "I started out as a boy living out in the country, in a low budget family, being raised by a single mother and none of my relatives had ever attended college. My accomplishments are a true example that hard work pays off. I grew up with a single mother who sometimes had to work two jobs for me and her to survive and we still were living paycheck to paycheck. I know the only way for me and her, and now my little brother too, to get out of this situation is for me to do the best I can do in school, that way I'll become an accomplished and successful person who won't have to go through the things my mom had to go through raising me and so she doesn't have to go through them again with my little brother. Like I said, right now I could call myself a successful high school student. The way



I learned to become successful was through my mom, as mentioned before, and I followed a formula I learned in the sixth grade at the Starbase Academy in Muskogee, Okla., which is the "Success Formula: Dreams+Action=Reality (D+A=R)", which means if you have dreams for yourself to be successful, you just have to put action

or hard work towards it, in order for the dream to become a reality."

The Cheyenne and Arapaho Tribes Higher Education Program is very proud of Jalen's accomplishments and will honor him at the upcoming annual Cheyenne and Arapaho Higher Education Graduation Banquet to be held on May 5, 2016.

Cheyenne and Arapaho Higher Education Program sets 2016 Graduation Banquet May 5

The annual Cheyenne and Arapaho Graduation Banquet will be held on May 5, 2016 at the Frisco Center, 101 South 4th Street in Clinton, Okla. The banquet will be held in honor of 2016 high school and college graduates. Students who have graduated during December 2015, May 2016 or at the end of Summer 2016 will be honored.

The keynote speaker will be announced at a later date. The Honored Educator will be medical doctor, Dr. Andrew Stevens. A buffet meal will be served.

Graduates are asked to be there before 5:30 so a single photo and a group photo can be taken. An invitation to the banquet will be mailed to eligible graduates by April 15. Graduates are invited to bring two guests and two tickets will be in each invitation envelope.

Graduates, be sure our office has received verification from your school that you are eligible to graduate this year. If you do not receive an invitation to the graduation banquet after April 15 and you believe you have met all requirements for graduation, contact your school counselor to be sure you are eligible to graduate. Thereafter, send the letter of verification to the Higher Education Dept., PO Box 167, Concho, OK 73022.

High School graduates who are enrolled tribal members will be invited after receiving a completed gaming application, a copy of their CDIB (tribal enrollment verification); and a letter from the school counselor ver-

IT'S THAT TIME - CELEBRATING GRADUATES
The Cheyenne & Arapaho Tribes' Annual Graduation Banquet - May 5, 2016 Frisco Center - Clinton, Okla.
2016 Annual Graduation Publication will be published June 1, 2016
IF GRADUATES ARE PLANNING TO ATTEND BANQUET - PHOTOS WILL BE TAKEN AT THAT TIME IF NOT - PLEASE SUBMIT A GRADUATION PHOTO ALONG WITH NAME, SCHOOL, DEGREE (IF APPLICABLE)
 Photos may be emailed to rmstephens@c-a-tribes.org
 Mailed to Tribal Tribune, PO Box 38, Concho, OK 73022 or Delivered to Tribal Tribune office - Bldg. 1 - Concho

DEADLINE TO SUBMIT PHOTOS MAY 16, 2016

Head Start Photos will be taken by Tribal Tribune

ifying eligibility to graduate. Graduates will receive a \$150 check at the banquet. If graduates cannot attend, a check will be mailed to the address listed on the gaming application. College graduates will receive an incentive award check after the Higher Education office has received a final transcript with the degree conferred. Congratulations to all graduates.

NOTE: Tribal members, if you have family members or friends that will have a graduate this May who may live out of state or they may not know about our banquet, please ask them to contact the office at 405-422-7646, 405-422-7653 or 405-422-7439 or email wwhiteman@c-a-tribes.org.

Deadline fast approaching for BIE-HIE scholarship application

June 1, 2016 is the application deadline. Tribal members, who will attend college or university in the FALL 2016 term, please begin to submit your BIA Higher Education Scholarship application now.

There is no longer an appeal process for late applicants. Applications can be copied from the tribal website www.c-a-tribes.org/highereducation application requirements. There are five pages to be copied. Applicants may send the one-page application, statement of privacy form and any documents they already have by June 1, then send remaining documents in as they receive them.

Part-Time student deadline is the same. Part time students should send a completed gaming application with documents listed on the higher education check list. Summer applicants should send a letter from their advisor verifying that summer school is required to meet graduation requirements.

Applications must be sent by U.S. mail to: Higher Education Program, PO Box 167, Concho, OK 73022. Applications can be delivered to 200 Wolf Robe Circle, Concho, OK (old boarding school building). Please do not fax the applications or send as email attachments.

For more information call 405-422-7646, 405-422-7653, or 405-422-7439.

Are you listening to Cheyenne & Arapaho Radio? WHY NOT?

Cheyenne & Arapaho RADIO

"COME TALK TRASH WITH THE EPA PROGRAM"
Concho Community Clean Up Event
 Friday - April 22, 2016
 12 p.m. - 3 p.m.

"The mission of the Tribal EPA Program is to protect and conserve all tribal natural resources and the health of tribal people. The program will strive to work hand-in-hand with tribal departments & programs, other federal agencies, local and state to make a visible difference in communities throughout the Tribal Service Area"

HELP US IN OUR EFFORTS TO MAKE A VISIBLE DIFFERENCE IN OUR TRIBAL COMMUNITY STARTING WITH OUR CONCHO CAMPUS!

Trash bags, work gloves & safety vests will be provided to all volunteers
 For more information call the EPA Office at 405-422-7431 or 405-422-7410

The Cheyenne & Arapaho Tribes Proudly Present to You
FAMILY CULTURAL DAY

Come & Learn the Art and Skill of Buffalo Butchering

10 AM Friday - April 22 in Concho, Okla.

Sponsored by the Tribal Strategic Prevention Framework (TSPF), Culture & Heritage, R.E.Sp.E.C.T. and C-A Language Programs
 For More Information call 405-422-7659 or 405-422-7522 or 405-422-7585 or 405-422-7422



HOPE PROGRAM
 HELPING OUR PEOPLE EXCEL

COMMUNITY OUTREACH

ALL MEETINGS ARE 1 P.M. - 4 P.M.

Wednesday April 20
Selling Community Center

Wednesday April 27
Watonga Community Center

Native film festival

continued from pg. 1

Late in the film Brown's prison solitude and sobriety lead to his cultural awakening as he becomes the leader of the prison's Native Culture Group and begins writing a novel about his childhood, giving it a 'lyrical perspective to his painful and complicated story.'

In the meantime, on the brink of his 18th birthday, Kevin finds himself at a different sort of crossroads. He is given the opportunity to reconnect with the traditional Ojibwe ways but continues to be pulled towards the criminal lifestyle of his mentor Brown.

In a statement by director Jack Riccobono he tells about how the name of the film originated, "500 years before the coming of the white man to America, the Ojibwe tribe, or Anishinaabe as they call themselves, received a prophecy that foretold a period of darkness and cultural destruction. It also spoke of a time when the youngest generation of Ojibwe would have a choice to return to traditional ways and lead a rebirth of their nation. Many Ojibwe believe that the moment of choice has arrived, the time of the Seventh Fire. This prophecy is where the film takes its name."

He stated that in America and much of the world, there is a romanticized vision of the American Indian and a total blind spot about the history of Native Americans and the injustices this community, in particular, continues to suffer to this day.

"It is rare to see any contemporary images of Native life in the mainstream media or to see past the harsh statistics that tell only part of the story. My goal in making this film was to craft an immersive, character driven work of cinema that would reveal the stories of Rob and Kevin with intimacy, empathy and urgency, and place their personal journeys in the larger context of an unjust history that America has yet to reckon with," Riccobono said.

Immediately following the screening, Riccobono, producer Chris Eyre and the main character of the film, Rob Brown agreed to a Q&A panel discussion led by Danika Medak-Saltzman.

Saltzman asked Brown right off where he was at now, in his life since the filming of *The Seventh Fire*.

"First of all thanks for watching the movie. Compared to what you have just seen on the screen and where I am right now ... I am in a really powerful place as far as where I am personally and spiritually. If I hadn't participated in this project chances are I would either be deep in the ground or I

would be in the prison walls again. This film really gave me a chance to look at the things I have done, the direction I was living, and it's still a very hard film for me to watch, but I am really thankful and I am grateful for the life I have been given. I am embracing the responsibilities and obligations as far as where I am at in my community and where I stand with my people. My Ojibwe people and my First Nations people," Brown answered as the audience responded with loud applause at his answer.

Eyre, who produced *The Seventh Fire*, said Riccobono came to him in South Dakota and when he saw what the film was targeting and the topic relating to gangs and the disproportionate incarceration of Native Americans he was right on board.

"You know I live in South Dakota and I have read where the Justice Department has even found that Native men and women have been incarcerated at a disproportionate rate for the same offenses as non-Natives, and that's state-by-state, so we are losing a whole generation of men and women who happen to be Native in states like South Dakota. It's statistical, its not invented, these are factual rates, so my whole fear of the privatization of the prison systems is we are locking up people and profiteering from it," Eyre said. "My fear is about where we are headed and it should be about rehabilitating people and especially our Native people, so I saw this film and I said 'wow' and that's when I got involved. I got introduced to Rob and I got to see who he was in this movie and it's a brave thing he did."

Eyre said a lot of times people say, 'hey we know about all that, we've seen it,' but he pointed out that, "no you haven't seen this guy (Brown)."

"You haven't seen this guy, his life, the fact of the matter is that these situations exist in our communities and they are not stereotypes and they are not clichés. These things exist and people are dealing with these things. Even us Native people say, 'oh yeah we've seen that,' but no you haven't seen this guy Rob and I am happy know him and to see how his life has evolved," Eyre said.

Other films screened throughout the three-day event were *The Last Saint* directed by Rene Naufahu, *Chasing the Light* directed by Blackhorse Lowe, *Owners of the Water* directed by David Hernandez Palmar and *The Dawes Commission* directed by Bob Hicks.

BRIEFS AT A GLANCE

Employment Law for Tribes and Tribal Organizations

April 25-26, 2016 at the National Indian Program Training Center in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

Supervision and Management Skills: Leadership in the Tribal Workplace

April 27-28, 2016 at the Double Tree Hilton in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

The 2016 Amerind/National American Indian Housing Council Conference & Trade Fair

May 8-11, 2016 at the Hilton Hawaiian Village Waikiki Beach Resort in Honolulu. For more information or to register visit www.naihc.net.

National Council of Urban Indian Health Leadership Conference

May 12-13, 2016 at the Viejas Casino & Resort in Alpine, Calif. For more information or to register visit www.ncuih.org/2016_alc.

Indirect Cost Basics for Tribal Organizations

May 16-17, 2016 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Tribal Court Procedures

May 26-27, 2016 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Native American Student Advocacy Institute's Many Nations, One Vision Conference

June 6-7, 2016 at the Arizona State University in Tempe, Ariz. For more information or to register visit www.nasai.collegeboard.org.

National Congress of American Indian Mid-Year Conference

June 8-11, 2016 at the Denaina Civic & Convention Center in Anchorage, Alaska. For more information or to register visit www.ncai.org.

The 2016 Native Innovation Education Technology Conference

June 10-11, 2016 at the Twin Arrows Navajo Casino Resort in Flagstaff, Ariz. For more information or to register visit www.nativeinnovation.com.

Management Skills for New Supervisors within Tribal Organizations

June 13-14, 2016 at the Westin Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Robert's Rules of Order

June 15-17, 2016 at the

Westin Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 2016 National UNITY Conference

July 22-26, 2016 at the Cox Convention Center in Oklahoma City. For more information or to register visit www.classy.org/oklahoma-city/events/2016-national-unity-conference/e65312.

Processed Foods: The Good, The Bad, The Ugly

Kerri L. Felmlee, MS, RDN, LD
C&A Diabetes Wellness Program

EATING healthy for DIABETES

Processed food has a bad reputation as a diet saboteur. It's blamed for our nation's obesity epidemic, high blood pressure and the prevalence of Type 2 diabetes. But processed food is more than boxed macaroni and cheese, potato chips and drive-thru hamburgers. It may be a surprise to learn that whole-wheat bread, homemade soup or a chopped apple are also processed foods.

While some processed foods should be consumed with caution, many actually have a place in a balanced diet. Here's how to sort the nutritious from the not-so-nutritious.

What Is Processed Food?

We have to determine what processed really means when we're talking about processed food. For example, white bread refined since most of the healthy fiber has been removed during the processing. It's also processed, but keep in mind, that as a cook you're doing processing yourself. Have you ever

heard of something called a food processor? I think we get really caught up in the word processed without realizing what it truly means. Processed food falls on a spectrum from minimally to heavily processed:

Minimally processed foods such as bagged spinach, cut vegetables and roasted nuts are often simply pre-prepped for convenience.

Foods processed at their peak to lock in nutritional quality and freshness include canned beans, tomatoes, frozen fruit and vegetables, and canned tuna.

Foods with ingredients added for flavor and texture (sweeteners, spices, oils, colors and preservatives) include jarred pasta sauce, salad dressing, yogurt and cake mixes.

Ready-to-eat foods such as crackers, granola and deli meat are more heavily processed.

The most heavily processed foods often are frozen or pre-made meals including frozen pizza and

microwaveable dinners.

The Positives of Processed

Processed food can be beneficial to your diet. Milk and juices are sometimes fortified with calcium and vitamin D, and breakfast cereal may have added fiber. Canned fruit (packed in water or its own juice) is a good option when fresh fruit is not available. Some minimally processed food such as pre-cut vegetables are quality convenience foods for busy people.

Bagged vegetables and salads are helping people eat more vegetables. They're more expensive, but if your choice is between paying less and chopping it when you know you're not going to do that, and paying a little more for the bagged vegetable you know you're going to eat, the [bagged vegetable] is a better choice. You have to look at the big picture. Be a detective read the ingredients list and review the nutrition facts panel. Food is complex and we need to get to know it.

Look for Hidden Sugar, Sodium and Fat

Eating processed food in moderation is fine, but consumers should be on the lookout for hidden sugar, sodium and fat.

Sugar
We have tons of added sugars in our food supply. We think that just because a product says 'organic' or 'natural,' that means it's better and healthier for us, but that's not always the case... whether a product has added high-fructose corn syrup or natural cane sugar, we need to be wary of both. Sugar isn't just hidden in processed sweets. It's added to bread to give it an appealing browned hue, and there's often a surprising amount added to jarred pasta sauces and cereal. The number of carbohydrates on the nutrition label also includes naturally occurring sugars which may be a significant amount in foods such as yogurt and fruit. Instead, review a product's ingredients list and look for added sugars among the first two or three

ingredients including sugar, maltose, brown sugar, corn syrup, cane sugar, honey and fruit juice concentrate

Sodium
Most canned vegetables, soups and sauces have added sodium, which enhances taste and texture and acts as a preservative. We need some sodium, but we often consume much more than the Dietary Guidelines for Americans' recommendation of less than 2,300 milligrams a day. Surprisingly, a heavy hand with table salt may not be to blame for our overconsumption of sodium. Three quarters of our sodium intake comes from processed foods. Only 20 or 25 percent of it comes from salting our food. The salt shaker is not the major problem. Canned vegetables, soups and beans can be packed with nutrients, so don't cross them off your shopping list entirely. Instead, look for reduced or low sodium on labels. Buy products light in sodium, and then sprinkle a little bit of salt on top if you need it.

You're still going to get a lot less sodium than if you bought the regular product. Also, always rinse canned beans and vegetables this simple step reduces sodium content by about 40 percent.

Fats
Added fat helps make food shelf-stable and gives it body. Trans fats which raise our bad cholesterol while lowering our good are on the decline in processed foods, but you should still read food labels. According to the FDA, a product can still claim it has zero trans fats if each serving has less than half a gram of the fat. If a product has a really small serving size and you're eating three or four servings, trans fats add up. Even if a product says it has zero trans fat, check the ingredients list. If it contains partially hydrogenated vegetable oils, then it's going to have to have some amount of trans fat in it.

For more information, contact us at the Diabetes Wellness Program at 405-422-7685.

Cheyenne and Arapaho Tribes of Oklahoma
Strategic Prevention Framework-Tribal Incentive Grant Program (SPF-TIG)
Bureau of Indian Affairs, Law Enforcement-Concho Agency (BLA)
Invite You To

2016 MOCK CAR COLLISION SIMULATION

MAY 6, 2016 - 10AM TO 11AM

BUILDING 1, CONCHO, OKLAHOMA

ALL YOUTH WELCOME TO ATTEND

Proud Sponsors: Bureau of Indian Affairs, Law Enforcement, (BLA) Concho Agency, Cheyenne and Arapaho Transportation and Safety Program, Cheyenne and Arapaho Tribes Security, Cheyenne and Arapaho Tribes Diabetes Wellness Program, Cheyenne and Arapaho Tribes Culture and Heritage Program, Cheyenne and Arapaho Tribes EMS, Air Evac Lifeteam, Cavin Wrecker Service, El Reno Fire Department, MADD, B.A.C.A., Canadian County Sheriff Office, Mercy EMS and El Reno VFW Post 382.

For more information contact:
Maria Farmer at (405) 422-7428
or Officer Alisha Talamascey at (405) 229-1451

DISCLAIMERS

*Not Responsible for accidents or thefts. *No alcoholic beverages or firearms.
*Simulation will be graphic in nature and content. Parental Discretion is advised.
Not suitable for small children.



Broccoli & Bacon Salad

- 2 pounds broccoli florets
- 10 slices crisply cooked bacon, crumbled
- 1/2 cup chopped red onion
- 1/2 cup golden raisins
- 1/2 cup cashews
- 1/2 cup sliced water chestnuts
- Dressing:
1 cup mayonnaise

- 1/2 cup white sugar
- 2 tablespoons vinegar
- Add all ingredients
- Toss broccoli, bacon, red onion, raisins, cashews, and water chestnuts together in a large bowl.
- Whisk mayonnaise, sugar, and vinegar together until smooth; pour over salad and toss to coat.



Cover bowl with plastic wrap and refrigerate until the dressing sets, at least 4 hours.



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POWWOWS & EVENTS CALENDAR

Benefit Dance for Glen Pedro, Northern Arapaho Sundance Pledger

April 16, 2016 at the Geary Community Center in Geary, Okla. Gourd dance begins at 3 p.m., supper at 5:30 p.m.

MC Eugene Mosqueda, HS Fred Mosqueda, HM Rory Littleraven, HL Amaris Sweezy, HLB Jayden WhiteEagle (2), HLG Trinity Cartwright (5), AD Michael Bell, Honored Chief Elvin Kenricks.

For more information contact Frank Mosqueda at 580-450-0914 or Toni Cartwright at 405-687-1165.

Graduation Dance for Nate PlentyBears

April 23, 2016 at the Concho Community Center at Concho, Okla. Supper at 5 p.m., with dance to follow. Everyone is invited to attend.

MC Burl Buffalomeat, HS James Redbird, HMD Rory Littleraven, HLD Lisa Pena, HLB Christopher Maldonado (2), HLG Savina Chanate (3), AD Michael Bell, Honored Elder Merle Lopez Bigmedicine.

For more information contact Jennifer Green at 405-473-1065.

Peyote Meeting for LaFreda Whitecrow, U.S. Army National Guard

Beginning at 7 p.m. May

7-8, 2016 at the Native American Church building in Concho, Okla.

LaFreda will be deploying to Kuwait in July 2016. She is the daughter of Tammy Whitecrow, granddaughter of Freda White Buffalo and great-granddaughter of John and Phoebe White Buffalo, Bertha Little Coyote and Eula Hill.

For more information call 405-675-8515 or 405-900-2951.

Comanche Little Ponies 48th annual Celebration

May 7, 2016 at the Comanche County Fairgrounds, Expo Center, 920 S. Sheridan Road in Lawton, Okla.

Free and open to public. Please bring own chairs. All singers, dancers, princesses and drum groups are cordially invited. Arts & crafts vendors, concessions stands and raffles all day.

MC Wallace Coffey, HS Robert Tehanuno, HGD Balleente Herrera, HLD Erin Yarholer, HWD J.T. Liles, Host Drum Young Buffalo Horse, ADs Travis Codynah and Sam Howell, Color Guard Comanche Little Pony Veterans.

For more information call 580-583-5279.

Memorial Powwow for Donald Spottedcorn Jr.

May 21, 2016 at the Canton Gym in Canton, Okla.

Gourd dance begins at 1 p.m., Spottedcorn Family Memorial at 2 p.m., supper at 6 p.m. and grand entry at 7 p.m.

MC Burl Buffalomeat and Eddie Mahseet, HS Rick and Jimmy Anquo Jr., HGD George Akeen, HMWD JR Lonelodge, HL Tammy Seger Rios, HTB Devin Whiteman, HTG Veronica Kay Youngbull, HLB Jayden Plentybears, HLG Tina Ortiz, Honored Elder Gloria Uranga, Honored Family Jerry Redman Sr., Honored Arapaho Veteran Alvin Sage, Honored Cheyenne Veteran Randy Hawk, ADs Ralph Birdshead and Greg Fletcher.

2016 Chilocco Annual National Association Reunion

May 26-29, 2016 at the First Council Casino in New Kirk, Okla. and the Chilocco campus.

The Chilocco Reunion will be honoring the golden class of 1966 for its 50th year anniversary. Members of the class of 1966 are encouraged to attend.

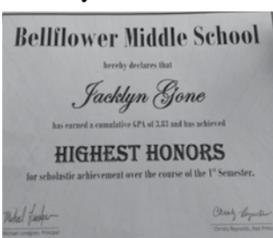
Registration contact is Emma Jean Falling, evening telephone 918-266-1626. Contacts for the class of 1966 are Clarence Johnson, 918-752-9512 or Pauletta Elephant Johnson 918-812-8603 or 918-366-6158.

HAPPY BIRTHDAY



Happy 15th B-Day, Darrin Whiteskunk and Happy 12th B-Day Derek Whiteskunk!

**Love Your Family
.....
Congratulations
Jacklyn Frances Gone**



Jacklyn Frances Gone is an 8th grader at Bellflower Middle School and she just received the Academic Achievement Award and we couldn't be more proud of her. She was also elected President of CJSF (California junior scholars federation) last October. We love her and pray for her continued success.

Jacklyn is the great granddaughter of the late Silas and Frances Whiteshield, grand daughter of Anthony and Dolores Whiteshield and daughter of Jessica Whitshield.



Happy 7th Birthday to our Lil' Angel Neveah Marie White Crow
Love you always, big mom Feathers, lil' mom Tammy, great-grandmom Freda White Buffalo, Malieb, JJ., Athena, all your aunts and uncles



We Salute You PFC LaFreda Marie Whitecrow

PFC LaFreda Marie Whitecrow is a member of the U.S. Army National Guard, Unit A, Company 77.

LaFreda joined the Army in 2013, and she will be deploying to Kuwait in July 2016.

We are so proud of LaFreda and want her to know how much she is loved. Please join us for a Peyote Meeting in LaFreda's honor on May 7-8 at the Ntve American Church Building in Concho, Okla. (See details under Calendar of Events on pg. 8.)



WANT TO WISH OUR SISTER A
HAPPY 23RD BIRTHDAY
APRIL 26!
WE LOVE YOU SO MUCH AND COULDN'T ASK GOD FOR A MORE BEAUTIFUL AND FUN SISTER! OUR BEST FRIEND WE LOVE YOU! MAY GOD BLESS YOU WITH MANY MORE BIRTHDAYS TO COME!
LOVE ALWAYS SISTERS



VOTE FOR YOUR FAVORITE Oklahoma Indian Nations Princess Penny-A-Vote

Mya Rayanna Guzman



Mya Rayanna Guzman is running for the 2016 Junior Miss Princess, Oklahoma Indian Nation Powwow.

Mya is a proud Cheyenne and Arapaho tribal member.

I am 12 years old, in 6th grade at Roblyer Middle School in El Reno, Okla. I am in the Talented and Gifted program. My hobbies are reading, painting and beading. I love painting and learning all about our Native culture and heritage. I hope to become a lawyer one day.

My maternal grandparents are the late William L. Pedro & Lela Pedro, Concho, Okla. My paternal grandparents are Richard Guzman Sr.

and Shirley Alvarado, of Los Angeles, Calif. My mother is Sarah Pedro and my father is Richard Guzman Jr. I am running for the 2016 Junior Miss Princess title, of the Oklahoma Indian Nation Powwow. It would be a great honor to represent as the Junior Miss Princess, for the tribe, my family and the powwow committee. If I am selected for Junior Miss Princess, I will gracefully represent with respect and dignity for myself and our tribe.

I want to say Nea'ese/Hahou! (thank you) in advance for any contributions toward my quest for the Junior Miss

Princess title.

One Penny a Vote! Votes to be counted April 26, 2016. To make a contribution contact 405-246-8730.

VOTE FOR YOUR FAVORITE C&A Labor Day Powwow Princess - Penny-A-Vote

Jaden "Emillie" Aurelia Harrison is a Cheyenne and Arapaho tribal member and is running for the C&A Labor Day Cheyenne Junior Princess 2016-2017.

I am the 10 yr. old daughter of Miles and Jissena (Fulsom) Mott of Clinton, Okla. and Kyle Harrison of Enid, Okla. My maternal grandparents are Verl and Velva Fulsom of Clinton, Okla. My great-grandparents are Ervin and Bernice Bull of Clinton, and Joe and Jean Fulsom of Dexter, Kansas.

I enjoy dancing at powwows and benefit dances. I love to sing and read books. My favorite subjects in school are math and science. I hope to one day become a physicist.

I would like to say Nea'ese and Hahou for your donations! If chosen I will uphold my title to the best of my ability with respect and dignity for my family, my people and the powwow committee.

To make a donation please call 405-626-7074.



Congratulations Cheyenne & Arapaho Employees of the Month

January EOM

February EOM



January Employees of the Month are l-r: Eric Sandoval, Dept. of Enrollment Cemetery Groundskeeper, James Reveles, Dept. of Social Services ICW Caseworker, Pedro De Leon, Dept. of Treasury Gaming & Bank Accountant, Benita Bear, Dept. of Education Family & Community Partnership/Transportation Manager, Teisha Tallbear, Dept. of Health Substance Abuse and Thalia Twins, Dept. of Housing Receptionist. (Not pictured Damon Dunbar, Dept. of Administration Procurement & Grants / Acting EPA Director.



February Employees of the Month are l-r: Brian Sevenstar, Dept. of Social Services Greenhouse Aide, Sierra Shadaram, Dept. of Enrollment Coordinator, Derwin Lime, Dept. of Administration Grounds Maintenance, Esther Aguilar, Dept. of Housing Specialist, Anna Schefler, Dept. of Health EMS, Kristen Korstjens, Dept. of Education Information Specialist and April Curtis, Dept. of Treasury AP Receptionist.

In Loving Memory

Joseph "Joe" Edmond Birdshead, 77, of Billings, Montana began his journey on March 23, 2016. He was born May 13, 1938 in Concho, OK, the son of Joseph and Rose (Tallbear) Birdshead. He grew up at Colony, Geary, Canton and Carlton, where his family farmed.

After graduating from Canton in 1956, he completed a two-year business course at Haskell Institute, Lawrence, Kansas, then took his first Civil Service job with USDHEW, Washington DC. He worked with the Civil Service on reservations in many states.

In 1972 Joe helped some southeastern tribes form their health system and in 1975, while serving as chief administrative service officer with the Albuquerque Area Indian Health Service, he was appointed as Concho Agency BIA superintendent, the first tribal member to hold that position.

In that position he helped place some Concho tribal lands that had been in fee status into trust and helped ceremonial elders acquire land in trust adjacent to Bear Butte in South Dakota. Joe helped establish the first police force and tribal court in the C&A area. Other projects he helped with included opening the first C&A smokeshop

in Watonga and constructing the senior citizens center in Clinton. He received numerous performance awards from the US Civil Service.

His Arapaho name is "Big Comanche." A descendent of Arapaho chiefs Tallbear, Little Raven, Susie Mixed Hair Tallbear and Rose Tallbear Birdshead, he was initiated in 1975 as an Arapaho chief at Barefoot Park near Canton. In 1985 he was initiated as a Cheyenne chief at the Seiling ceremonial grounds before the Sun Dance that year. He retired from federal service on Sept. 30, 1997.

A pipemaker, Joe has made more than 100 ceremonial pipes used in Sun Dances and sweat lodges by members of several southern and northern plains tribes. He tried to live up to the vows he took when he accepted his position as Chief. He knew many traditional Arapaho songs. He composed songs for ceremonies, families and individuals. He sang at sundances in Wyoming, Northern Cheyenne and in Oklahoma. He also sang at benefit dances, powwows (and 49s!).

Wherever Joe went he taught all who he came in contact with. His life touched so many people all across the nation, either through his pipes, through singing or through his work. In addition

to all this Joe was an avid Oklahoma Sooner fan.

Joe is survived by his wife, Jo Ann (Wolftongue) Birdshead, daughter Susan (Ron) Desjarlais of Belcourt, N.D., sons, Joseph Allen Birdshead of Geary, Okla., David (Shelley) Birdshead of Oklahoma City, Mark (LuAnn) Birdshead of Oklahoma City, Amick (Taloa) Birdshead of Ada, Okla., Phillip (Julie) Birdshead of Billings, MT, sisters, Frances Bates, Myrlie Hawk; brothers, Clifford, Lawrence, Lavern and Sterling Birdshead, 25 grandchildren and 15 great-grandchildren

He was preceded in death by his parents, daughter Nuo'wahghhis Birdshead Richardson, brothers Earl Labeau, Marvin Whiteshirt, Chuck Birdshead, Ralph Birdshead Sr., Amick Birdshead and sister Tommie Rose Birdshead Cravatt.

A traditional wake service was held March 28 at the Canton Native American Gymnasium.

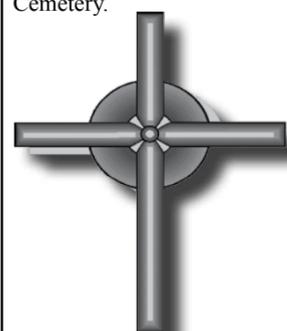
Funeral services were held March 29 at the Canton Schools Multi-purpose Building with Pastor Gerald Panama officiating, followed by an Interment at the Canton Reinterment Cemetery under the direction of Haigler-Pierce Funeral Home, Canton, Okla.



Walter Edward Coffey
March 20, 1953
April 5 2016

Wake services were held for Walter Edward Coffey on April 11, 2016 at the Concho Community Center in Concho, Okla.

Funeral services were held on April 12, at the same venue, followed by an Interment at the Cantonment Cemetery.



Earl L. "Babe" Littleman, Sr.
Sept. 18, 1933
April 1, 2016

A traditional Indian wake service was held April 4, 2016 at the Canton Native American Gymnasium in Canton, Okla. for Earl Lyman "Babe" Littleman Sr., 82, of Seiling, Okla. Funeral services were held on April 5, 2016 at the same venue with Reverend George Akeen Jr. and Reverend James Scott officiating, followed by an Interment at the Cantonment Cemetery under the direction of Haigler-Pierce Funeral Home.

Earl was born Sept. 18, 1933 in Seiling, Okla. to Milton and Rose (Bare Bow) Littleman. He departed this life on Friday morning, April 1, 2016 in Okeene, Okla.

Earl enjoyed going to powwows, joking around and telling stories. He loved fishing and hunting. He is remembered as a good mechanic and for his softball playing days. He worked as a farm hand for many years, helping Waverly Pollock with his farming operation.

Earl was preceded in death by his parents, his wife Ada Littleman, daughter Earla Littleman Bullcoming, great-grandchild Kemper Shropshire, one sister Norma



Jean Littleman, five brothers, Jackie Whiteshield, Harvey Whiteshield, David Whiteshield, Leroy Littleman and Freddie Littleman

Survivors include sons Elmer Tsatigh, Kenneth Littleman, Theodore Littleman and Earl Littleman Jr., daughter Earlene Beaver, grandchildren Kenneth Littleman Jr., Aaron Bullcoming, Johnathan Bullcoming, Andreaanna Tsatigh, Billie Shropshire, Edgar Littleman, Earl Littleman III, James Beaver Jr., Floyd Beaver and Bobby Jo Beaver, great-grandchildren Hunter Tsatigh, Elmer P. Tsatigh, Lizeth Van Pelt, Jacquelyn Van Pelt, Isaac Tsatigh, Nicholas Tsatigh, Jamie Shropshire, Marshal Littleman, Charity Littleman and James Anthony Littleman.

CLASSIFIEDS

Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver's license and a copy of CDIB to Personnel Department, PO Box 38, Concho, OK 73022 or email atisdale@c-a-tribes.org.

Transit Driver II
On-Call Status
Tribal Transit
Closing: Until Filled

Qualifications:
Valid Oklahoma Class D driver's license. Must possess or be willing to obtain CPR certification. Transit drivers must pass a pre-employment drug screening process and are subjected to random drug testing. Must be able to lift a minimum of 50 pounds with no physical barriers. Applicant must be able to communicate effectively to patrons and supervisors any findings or incidents. High school diploma or GED equivalent is required. Cheyenne-Arapaho preference.
SALARY: Negotiable

Warehouse Tech I
Food Dist. - Watonga
Closing: Until Filled

Qualifications:
High school graduate or GED required. Must be able to do moderate to heavy lifting. Must pass a physical examination. Must have demonstrated ability to operate PC Computer. Oklahoma CDL preferred, forklift operator's license. Cheyenne and Arapaho preference.
SALARY: Negotiable

Administrative Assistant
Roads Program
Closing: Until Filled

Qualifications:
Certification of completion from an accredited secretarial school and/or clerical course/program, minimum of at least two years experience in clerical, secretary or receptionist work or equivalent. High school diploma, or GED certification required. Years of experience may be acceptable to be equivalent to the education and experience requirements. Must demonstrate knowledge in the operation of various office machines. Demonstrate computer skills and/or knowledge, specifically Microsoft Word and Excel and expressed knowledge in MS Access and Powerpoint will be a plus. Must be willing and able to attend various training programs as designated by the program director. Must possess a current Oklahoma state driver's license and be willing to attend a Defensive Driving Course. Ability to communicate and relate to Indian and non-Indian communities. Must pass pre-hire drug screen/test. Cheyenne-Arapaho preference.
SALARY: Negotiable

Surveillance Operator
Clinton(2) Hammon (1)
Gaming Commission
Closing: Until Filled

Qualifications:
Maintain constant surveillance of Lucky Star premises. Work in an enclosed environment for extended periods of time. Maintain required record keeping reports. Possess the ability to comprehend the overall security mission. Monitor all security and safety electronic systems. Maintain constant vigilance of surveillance camera system. Must be able to sit at console for extended periods of time, visually observing a multitude of areas consisting of customer activities and employee functions. Must be courteous to all customers and co-workers. Must be able to comprehend the approved SICS, TICS and MICS set forth by IGRA, NIGC, Gaming Commission and the state. Must pass pre-employment drug test. Must be able to qualify and maintain a Cheyenne-Arapaho gaming license.
SALARY: Negotiable

ETA Career Developer
Employment Training
Administration
Closing: April 19, 2016

Qualifications:
Must possess an associate's degree from an accredited school or have at least four years experience with federal, state or tribal government. Two years practical experience in service provider program. Must possess a valid Oklahoma state driver's license and have dependable transportation. Must be able to pass an O.S.B.I. background investigation. Must be skilled in operating various types of office equipment and be computer literate. Tribal preference.
SALARY: Negotiable

Don't miss your copy of the *Tribal Tribune*.
Send address changes to Tribal Tribune, PO Box 38, Concho, Okla. 73022

Reporter/Ad Sales
Tribal Tribune/PIO
Closing: Until Filled

Qualifications:
Must have experience in journalism, photojournalism and would prefer experience in photography and graphic design. High School diploma required. Prefer bachelor's degree in related field, however will strongly consider years of experience in the industry in lieu of degree. Must have strong writing skills. Must be experienced with Macintosh platform (utilizing programs such as InDesign, Photoshop, Illustrator, Adobe PDF). Also must be familiar with Microsoft Office on Mac platform. Must be familiar with social media apps such as Twitter and Facebook and maneuvering around the Internet. Must possess a valid Oklahoma driver's license and have dependable transportation. Must be willing to work a flexible work schedule, which will include nights, weekends and holidays. Must be familiar with Native American traditions and cultures, be outgoing, professional and interact well with both Native and non-Native communities. Must be able to multi-task and work effectively under high stress situations. Tribal preference.
SALARY: Negotiable

Fitness Assistant
Willie Fletcher Wellness
Closing: April 18, 2016

Qualifications:
Must be at least 18 years of age with a high school diploma or GED certification. Must valid Oklahoma driver's license, own vehicle, and proof of insurance. Knowledge of Cheyenne-Arapaho culture. Must be willing to obtain CPR or First Responder Certification. Cheyenne-Arapaho preference. Must be able to pass pre-hire drug and alcohol screening. Other duties as assigned.
SALARY: Negotiable

WANTED FEMALE MUSICIANS
To start a country band. None to very little experience. Prefer 35 years and older, but 18-34 may apply.
Contact (by text only) Kansas Southpaw at 316-821-6881

NOTICE FROM THE REDMOON GOURD CLAN
PO BOX 75
HAMMON, OK 73650



To Whom It May Concern:
As of October 2015, the Redmoon Gourd Clan members have elected the following officers:
Orville Whiteskunk, Chairman
580-309-1380
Wilbur Bullcoming, Vice-Chairman
580-339-3320
Veronica Candy Secretary/Treasurer,
580-715-0233

Please feel free to contact any of the numbers provided above for requests or information concerning the gourd clan. Requests will be discussed and agreed upon by the members in order that everyone is contacted with the dates.
We appreciate the Cheyenne-Arapaho tribe and are making every effort to represent our tribe in this way of the gourd dance so that our future generations will continue to learn and be proud of our traditions.

Cheyenne and Arapaho tribes
P.O.Box 38
Concho, OK 73022
(405) 262-0345 / (800) 247-4612
www.c-a-tribes.org

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022

FILED APR 04 2016
PAGE
IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Guardianship Of:)
D.L.M. DOB: 07-23-99)
A Minor Child) Case No: PG-2016-0021

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: SELENA ANN MORTON-BOTELLO
Address Unknown

You are hereby notified that Samantha Morton has filed in this Court a Petition For Guardianship of the persons and/or estates of D.L.M. DOB: 07-23-99, minor child, and that on April 4th, 2016, the petitioner, Samantha Morton was granted Temporary Emergency Guardianship of the minor children and is hereby set for a hearing in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 21st day of APRIL, 2016 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Temporary Guardianship should not be granted.

Dated this 4th day of April, 2016..

[Signature]
Fran Wilson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

Petitioner:
Samantha Morton
5635 N. Calumet Rd.
Calumet, OK 73014

Department of Social Services

JOB FAIR

This job fair is free and open to the community. Candidates of all ages, and experience are encouraged to attend. See yourself as the face of exciting new opportunities!

Date:
April 27th, 2016

Location:
Canton Community Hall
206 N. Jefferson St.
Canton, OK 73724

Time:
11:00 am - 2:00 pm

LUNCH WILL BE PROVIDED.

[Cheyenne & Arapaho Logo]

If you have any questions, you may contact the Social Services office at 405-422-7476.

TAKING BIDS
LAWN CARE
CONTRACTORS

Cheyenne & Arapaho Department of Housing
We will be accepting bids on the lawn contracts Monday April 25th until Friday April 29th 2016. It is tribal preference, so if you're interested in working as a contractor for the Cheyenne & Arapaho Department of Housing Lawn program, please stop by the office & pick up a bid form.

Cheyenne & Arapaho Department of Housing
2100 Dog Patch Rd./P.O. Box 1357
Clinton OK 73601
PH: (580)331-2400

ATTENTION ALL ELDERS

The Cheyenne & Arapaho Dept. of Housing will be accepting applications for the Elder Lawn Program for the 2016 summer season. Applications for lawn services will be accepted until **April 15, 2016**.
To qualify you must be a tribal elder residing in one of the C&A service areas and own your own home. **NO RENTAL PROPERTIES** will be considered. To obtain an application contact:

C&A Dept. of Housing
2100 Dog Patch Rd.
PO Box 1357
Clinton, OK 73601
Ph: 580-331-2400 Fax: 580-323-7036

PUT THIS ON YOUR CALENDAR!
April 22nd & 23rd, 2016

2 Day Yard Sale

All proceeds go to Child Care field trip fund

Friday 9 am-3pm & Saturday 8 am- 12pm

Located: Cheyenne-Arapaho Child Development Center
450 N. Left Hand Drive Concho, OK

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The Office of Veterans Affairs

The Cheyenne and Arapaho Veterans office is NOW TAKING DD-214s with Honorable Discharge and copies of CDIBs for the Memorial Wall located in Concho, Okla.

Deadline set for Sept. 30, 2016.

Memorial Day events are set 11:30 a.m., Friday May 27 at the Memorial Wall in Concho, Okla. For more details contact the office at 405-422-7724, Russell Willey, Director of Veterans Affairs.

DWAYNE'S LAWN & TREE TRIMMING SERVICE

- Tree Trimming
- Tree Removal
- Lawn care
- Weed eating
- Lawn Cutting
- Weed Control

CALL NOW 405-823-7501

C and A athletes place in All West Native American Basketball Classic

By Shaida Tabrizi / Freelance Reporter



The Cheyenne and Arapaho girls team excelled in the All West Basketball Classic tournament, coming just shy of winning the championship. (Courtesy photo)

Of the many activities lurking C&A tribal members to Denver, Colo. in the month of March, only one exists strictly for young athletes.

The 31st annual AMERICAN All West Native American Basketball Classic and Youth Weekend took place March 31-April 3, 2016 at the Gold Crown Foundation Field House, bringing together over 1,000 high school and middle school students to participate in the tournament.

According to *Indian Country Today*, the tournament was created in 1985 as a response to the alarming rate of youth suicides on the Wind River Reservation in Wyoming. Organizers offer more than just basketball games; there are scholarship opportunities as well as motivational speakers.

The competition took place over three days, with male and female players running almost non-stop games and contests on six courts.

The Cheyenne and Arapaho tribes' R.E.Sp.E.C.T. program sponsored four teams to enter the tournament, two

male and two female, in a tradition that goes back to the mid-90s.

"This is the 31st annual and I've been coming up since 2003. So this is like my 13th year, it's weird to say," Coach Reggie Island said, laughing. "The Cheyenne Arapahos have been bringing teams since 1994 or 1995. I just like it because it's all about basketball. There are some tournaments where we'll play like one game a day and there's all this downtime but this tournament there's always something going on. The talent level is really great here. It's my favorite to come to."

The C&A teams played hard in the 2016 tournament, winning all their games on Friday and Saturday, often trading points back and forth until the last second on the clock or even continuing into overtime.

Though the teams fell short on points in the championship, they still celebrated three straight years advancing to the tournament finals.

Whether the teams win



The Cheyenne and Arapaho boys team played a fast-paced game, beating the Northern Cheyenne team from South Dakota 64-52 in the All West Basketball Classic in Denver, Colo. (Photo by Shaida Tabrizi)

or lose, a guaranteed benefit of each trip is the opportunity for the young athletes to travel.

"A lot of the kids don't get to go out of state, so I think it's a really good opportunity. And then they take the kids to Arizona in the summer for the national tournament. Even the trips to Henrietta during spring break is nice too," Rosa Hall, a mother and aunt of team members said. "I wouldn't miss it. I love it. These are

good kids."

Coach Island agreed with Hall, describing the additional activities he and the other chaperones plan to engage the kids.

"Every year there's kids that have never been up here. We went to the mall and we drove through downtown. It's not like we're either at the gym or the hotel," Island said. "Some kids this might be the only trip they take all year. So it's pretty special being a part of that."



Patton breaks school discus record at Kingfisher High

School, personal records fall as KHS boys, girls take 4th at meet.

Rayna Patton, sophomore, set a new school record to highlight the KHS Invitational Track and Field Meet.

Patton set the new school mark in winning the discus throw with a heave of 124 feet, 10 inches.

"That will put her at one of the best throws in the

state," Tom Arrington, track coach said.

It was Arrington's throwers who scored a large portion of Kingfisher's 73 points good for a fourth place finish in the team standings.

Rayna was also second in the shot put.

Her older sister, Phyllisha Patton was first in the shot (37-1.5) and third in the discus.

Door prizes, gifts, and valuable health information. Car seats will be available on a limited basis.

A Healthy Baby Begins with You!
BABY EVENT
Thursday, May 12th
4:30p.m. — 7:00p.m.

Cheyenne & Arapaho Clinton Community Center
2015 Dog Patch Road, Clinton, OK
(West of Lucky Star Casino)

RSVP: Kristie Purdy (580) 331-3458

Sponsored by Indian Health Service - Clinton Service Unit
Oklahoma State Department of Health
Office of Minority Health

When to Visit the ER

Knowing when to make the trip to the Emergency Room (ER) is not always an easy decision to make, especially when a friend or family member is sick or hurting. ER's are made to care for patients with medical emergencies, such as a heart attack or stroke. They are not set up to focus on providing routine medical care. Trips to the ER can be time consuming, costly, and may cause the patient more problems than they started with.

It is important to save a trip to the ER for emergencies only. ERs are not set up to serve patients on a "first come, first serve" basis. Those with more serious medical conditions will be seen first. For those with a minor illness or injury, chances are they will have

a long wait of two hours or more. Not only does a trip to the ER take a lot of time, it can cost a lot of money. When money is spent on a visit in the ER which may have been taken care of by a patient's regular doctor, it decreases funds available to pay for those times when there is a true emergency.

Patients do best when they receive care from a medical team who is up-to-date on their issues and knows them well. A doctor who does not know a patient's medical history is more likely to order tests or repeat actions already done. Medicines may be ordered that are not needed or even harmful. For patients on chronic pain medication, a trip to the ER for pain may lead to problems with their

pain management plan, including being let go from the pain management program.

Use your best judgement when deciding if ER care is needed. A trip to the nearest ER may be needed if any of the following is seen in infants, children or adults.

For Infants & Children

Fever over 100.3° F in an infant under 3 months of age
Fever over 105° F in an infant over 3 months of age, or any fever with stiff neck, not waking up normally, or seizures

Difficulty breathing: very fast breathing, visible ribs or collar bones when breathing, nostrils flaring, slow or labored breaths, or turning blue

Changes in skin color or muscle tone in a baby
Signs of severe

dehydration: less urine, less moisture in mouth, no tears when crying, eyes looking sunken

Ingestion of a deadly chemical or medication

Broken bone or dislocated joint

Bleeding not stopping after 10 minutes of pressure

For Adults

Signs of a stroke: sudden weakness or numbness of face, arm, leg, or body; sudden dimness or loss of vision; loss of speech or trouble understanding speech, sudden severe, unexplained headache, unexplained dizziness or falls

Signs of a heart attack lasting two minutes or more: pressure, fullness, squeezing or pain in the center of the chest; tightness,

burning, or aching under breastbone; chest pain with lightheadedness or shortness of breath

Loss of consciousness

Poisoning

Unexplained drowsiness, stupor, or disorientation

Major injury

Bleeding not stopping after 10 minutes of pressure

Sudden and severe pain

Difficulty breathing

Severe or persistent vomiting

Homicidal or suicidal feelings

Broken bone or dislocated joint

For some situations a visit to the ER is not needed and it would be best for a patient to see their regular doctor. Visits best cared for in a doctor's office visit, include: back pain,

toothache, symptoms of cold and flu, earache, sore throat, minor cuts and injuries, bruises, sprains and strains, fevers (except in infants and those with immune system problems), rash, insect bites or stings without serious allergic reaction, and sexually transmitted diseases.

The CSU understands there are times when patients are sick and need to be seen right away. Each of our medical care teams sets aside a few same day appointments for needs such as this. If you need to be seen right away, please call your medical care team and ask to schedule a sick visit with your provider. If no appointments are available for the day, ask to speak to your nurse to provide help until you may be seen.

Natives in politics

continued from pg. 3

candidates from Oklahoma City, Sen. Anastasia Pittman, a Democrat and Seminole; and Sen. David Holt, a Republican and Osage tribal member. Rep. Seneca Scott, a Democrat and Choctaw, represents Tulsa.

Minnesota has a wealth of urban candidates: Democrats, Susan Allen, a Rosebud Sioux tribal member, represent Minneapolis and Peggy Flanagan, White Earth Ojibwe, represents St. Louis Park. And Jamie Becker-Finn from Minne-

apolis. Alaska has two urban representatives to the state legislature. Democrat Sam Kito III represents Juneau as a Democrat. He is Tlingit. Republican Charisse E. Millett represents Anchorage. She is Inupiaq.

There are also two candidates for the Montana Legislature from urban areas, Shane Morigeau, a member of the Confederated Kootenai and Salish Tribes, running in Missoula, and Greg Lankford, a member of the Little Shell Band.

Another urban race to watch: Laurel Deegan-Fricke running for the Senate in North Carolina from Raleigh. She's a Democrat and a member of what may be the most politically active tribe this cycle, North Dakota's Three Affiliated Tribes.

What distinguishes urban candidates is that their pitch has to be to broad, reinforcing ideas about what people share in politics not what divides us. Oregon's Tawna Sanchez, a Democrat and Shoshone-Bann-

nock, campaigning in Portland, says: "I'm running for Oregon House District 43 because we share a common fate. True prosperity can only be achieved when it extends to all the people of this city. We use the same streets, the same services, and the same coffee shops. Yet we face very real differences when it comes to affordable housing, good schools, and criminal justice. I've spent my life sticking up for women, children, and families. I protested coal and uranium

mining on native reservations. I've helped create a domestic violence program that is a national model."

A shared experience yes, but one that ties that experience to the challenges facing Native Americans.

A record year? Perhaps. Across the country American Indians and Alaska Natives have had more success running for state legislatures than just about any office. Almost one percent of state legislative seats are held by Native Americans (the actual

number is 0.948 percent). If that number seems small, consider this, Native Americans serving in Congress equal about one-third of one percent.

Mark Trahan is the Charles R. Johnson Endowed Professor of Journalism at the University of North Dakota. He is an independent journalist and a member of The Shoshone-Bannock Tribes. Follow Trahan on Twitter @TrahanReports.

Native Fashion scene grows in popularity

By Shaida Tabrizi / Freelance Reporter - shaida.monroe@gmail.com

The first ever contemporary Native American fashion exhibit called 'Native Fashion Now' is currently strutting its way across the country. From the Peabody Essex Museum in Mass., this spotlight of the way Native American clothing design has influenced high fashion will soon visit cities like Tulsa, Okla., Portland, Ore. and New York City.

Not to be left behind, Denver, Colo. just hosted its third annual show, Native Fashion in the City, a unique event which consisted completely of Native American designers, models and stylists.

The show was held at the History Colorado Center on March 26, 2016 and organized by Native Max Magazine, the brainchild of the impressively young Kelly Holmes.

Holmes, Lakota from the Cheyenne River Reservation in South Dakota, founded *Native Max* magazine when she was 16 years old.

"We're a bimonthly glossy, average 56 page magazine where everything inside the magazine is Native American produced," Holmes said, going on to describe the diverse sections which include art, fashion, culture education and entertainment. "Three years ago we had our first Native Fashion in the City event here in Denver and it was such a hit that we decided to host another annual and another one after that. I wanted to see an event really highlight the Native American designers along with the models and photographers and even the stylists. Everyone that

participates in the event."

Pop-up shops lined the runway space before the show, where attendees could purchase a variety of clothing and products from Native American vendors, followed by a pre-show reception and mixer. Audience members milled about, grabbing up seats with the best view and meeting many of the designers and models.

The audience then took their seats and waited with a hushed buzz of excitement for the show to begin. Finally when the excitement level reached its peak, the lights dimmed, the dj began the thumping mix of traditional Native American music with an underbeat of techno and the runway show began.

Graphic twists on conventional Native patterns, formal wear with rega-

lia-styled beadwork, casual screen-printed shirts with political phrases like "Native Americans discovered Columbus" and loads of turquoise jewelry were just a few of the unique highlights of the show.

"We're really helping to fight the cultural appropriation and the stereotypes that are placed against Native Americans especially in regards to fashion. My favorite part is the show and just because I feel like that's where the hard work that everyone puts in, it's there. It's right there. We get to see our month's worth of hard work," Holmes said. "I hope people feel inspired and curious when they leave the event."

Designers showcased at Native Fashion in the City were Cher Thom-



A Native Fashion in the City model flaunts eveningwear that nods to traditional Native American patterns. (Photo by Shaida Tabrizi)

as, Shayne Watson, Still Smoking Designs, Lakota Fashions, Mildj Native Fashion, JG Indie, B.JASH.I Couture and AL Couture.

Holmes hopes to continue the show with the help of those eager to support Native American fashion. "People can get involved by helping us sponsor the event. Every little bit helps," Holmes said.

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PLAYER'S CHOICE 10AM - 11PM	PLAYER'S CHOICE 10AM - 11PM	PLAYER'S CHOICE 10AM - 11PM	\$10 MATCH PLAY 10AM - 11PM	EARLY SPECIAL 2 FOR \$10 10AM - 2PM	EARLY SPECIAL 2 FOR \$10 10AM - 2PM	SUNDAY FUNDAY Under 55+? \$10 with 10 pts earned Mon-Sun 55+ \$10 GETS \$10 (EXCLUDES CONCHO)
HAPPY HOUR HOT SEATS 2PM - 4PM LAST MAN Standing 6PM - 11PM	HAPPY HOUR HOT SEATS 2PM - 4PM STARSTRUCK 6PM - 11PM	HAPPY HOUR HOT SEATS 2PM - 4PM HI-LOW 6PM - 11PM	HAPPY HOUR HOT SEATS 2PM - 4PM PLINKO 6PM - 11PM	HAPPY HOUR HOT SEATS 2PM - 4PM \$50 STAR PLAY 5PM - 12AM	HAPPY HOUR HOT SEATS 2PM - 4PM \$50 STAR PLAY 5PM - 12AM	HAPPY HOUR HOT SEATS 2PM - 4PM BIG DICE GAME 6PM - 11PM

EARN ENTRIES INTO THE SPRING CLEANUP GIFT CARD DRAWINGS!

SPRING CLEANUP 8:30PM TO 10PM

Gift Card Giveaway!

Every Saturday in April!

Giveaways on April 16, 23 and 30 starting at 8:30pm

Earn entries Monday - Friday each week for the Saturday drawing and win up to a

\$1000 Gift Card!

Must be a Star Card Player. See Player's Club for details.

LUCKY STAR TAX DAY!

FRIDAY, APRIL 15

EARN 2 POINTS GET \$15 IN FREE PLAY!

10AM TO 10PM

See Player's Club for details.

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