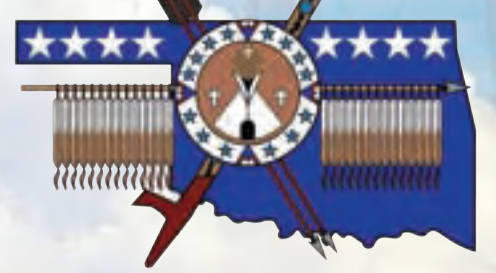


ENTERING  
CHEYENNE — ARAPAHO  
NATION

# Cheyenne & Arapaho

T R I B A L T R I B U N E

CHEYENNE & ARAPAHO  
TRIBES



Volume 5, Issue 8

www.c-a-tribes.org/tribal-news

Jan. 15, 2010

## Living Legends

### Independence, courage, humor

By Rosemary Stephens, Reporter/Graphic Artist

Ruby Sheridan Botone Bushyhead's walls are covered with Native American art and keepsakes from days gone by.

On the outside Bushyhead appears to be a gentle, mild mannered woman but she will tell you she is a strong activist for Indian rights and a walking encyclopedia of Cheyenne and Arapaho tribal members' genealogies, histories and facts of every treaty ever signed between the U.S. government and Native Americans. Specifically, the treaty surrounding Fort Reno located in El Reno, Okla.

"I have spent my life researching and gathering information pertaining to the rights of Indians and our land. Land that belongs to us ... always has and it needs to be returned," Bushyhead said.

Bushyhead was born Sept. 14, 1926 at a campsite during the Anadarko Indian Expo.

"My mother, Lena Two Hatchet was Kiowa and my daddy was John Sheridan, Cheyenne and Arapaho," Bushyhead said. "We attended the expo every year that I can remember so I guess it was fitting that I was born there."

Bushyhead and her brother, Frank Sheridan, lived in Watonga, Okla. and attended Greenville Elementary. Bushyhead spent many hours with her Cheyenne grandmother, Pipe Woman Curtis.

"I loved my grandmother and all my time was spent with her. She only spoke Cheyenne,

so I learned the Cheyenne language and we would talk for hours," Bushyhead said. "We would pick berries and my mom would make jams and jellies and she did a lot of canning, we always had a really big garden and so we never went hungry even during the depression and we would share the food we grew with all our neighbors."

Bushyhead said in the late 1930s their family moved to Hammon because her father got a job in forestry and during the depression times people had to go where there was work.

"My dad went to work in one of Roosevelt's pro-

grams cutting timber and he did that for quite awhile. After Hammon we moved to Clinton and my dad went to work for the hospital there and that's where I graduated high school ... Clinton," Bushyhead said. "I played softball all through high school and I was darn good too."

Bushyhead said she loved to read and she read every book in the Clinton library. She said she especially loved to read history and loved England's history about queens and princesses.

Bushyhead graduated in 1946, but the date she remembers like it was yesterday is May 5, 1946. That was the day Bushyhead's grandmother died.

"I thought my world had ended the day my grandmother died. To my way of thinking she was the kindest woman I ever knew and I couldn't do any wrong through her eyes. I was so close to her," Bushyhead softly said.

After graduating high school Bushyhead said she met her first husband, Jerome Bushyhead.

"I messed around and found myself married and a short time later I had my first son, Frankie. Frankie's an artist too ... real gifted like Jerome was," Bushyhead said.

She said it was shortly after that when her father became sick with stomach ulcers and later was diagnosed with cancer. It was also the same time she divorced Jerome.

In 1956 Bushyhead said she quit her job to help take care of her mother who was also sick with cancer. Bushyhead cared for her mother until her death.

"It was a bad year, my mother got real sick and I had remarried in 1954 to



Ruby Sheridan Botone Bushyhead

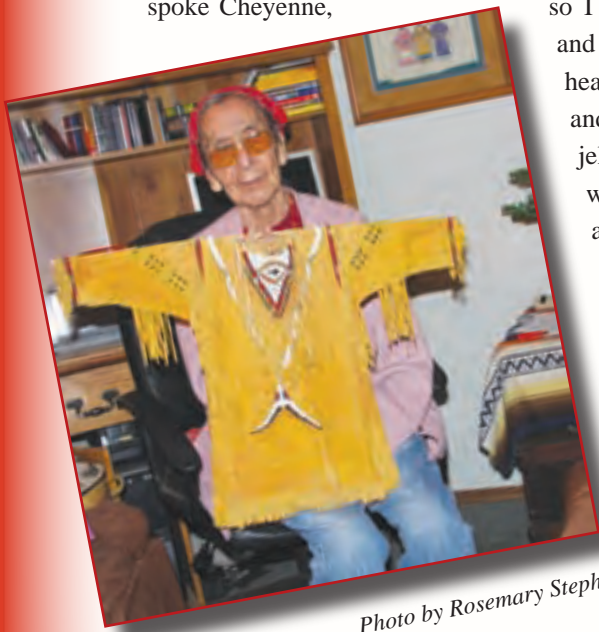


Photo by Rosemary Stephens

Ruby Bushyhead holds up her father's shirt from when he was a boy.

See *Independence*, page 8

## Woman's battle for trust a long one

(GREAT FALLS, Mont.) - Elouise Cobell grew up hearing stories of Native Americans traveling dozens of miles by wagon through waist-high snow in hopes of collecting payment for development by others on their land.

Cobell, 64, recalls that people on the Blackfeet Indian Reservation would wait outside the Old Agency for hours, only to be told that no payments would be issued and to come back the next day. The checks - sometimes for \$1 - would arrive months later and sometimes not at all.

These stories affected Cobell at a young age and provided inspiration through her 13-year lawsuit against the federal government, which ended with a historic \$3.4 billion settlement last month.

"When individual Indians went to collect money, they were treated subhuman," Cobell said in a recent interview. "That's what drove me. I could not tolerate that."

Cobell's rise from poverty to becoming the face of Indian trust reform has been well-documented, making her something of a folk hero on the Blackfeet Reservation - and in Indian Country.

Cobell learned about perseverance early on, growing up as the third youngest among eight children on an isolated patch of land on the south end of the reservation in the 1950s.

They lived a poor life with no running water or telephone, but her parents taught the children to reach out and care for others. She remembers her mother telling her, "I expect to raise strong daughters."

"Everyone lived simple, the basics of life. You had nothing extra," Cobell said. "When I look back, we didn't have what everybody else had, but we didn't know it."

There were crises, such as a car wreck that left her brother a quadriplegic. But the family's philosophy kept them together - don't feel sorry for yourself and keep going. Her brother went on to become a painter and other family members attended college.

Cobell's parents established a one-room school for their children and neighbors to learn in. Cobell soon began dreaming of a world outside the reservation, to one day wear the fancy clothes she saw in week-old editions of the Sunday New York Times

that were delivered to the school.

"I thought 'one of these days, I'm going to be outta here,'" Cobell said.

Cobell graduated from Valier High School and attended business college in Great Falls. After a stint in Seattle, she met her husband and returned to the Blackfeet Reservation, eventually becoming the tribe's treasurer in 1976.

She then began hearing those same stories about tribal members not receiving royalties for the oil, gas, grazing, mining and other development happening on their properties, which were held in trust by the U.S. government.

The agreement between tribes and the federal government was that the government would handle the leasing of millions of acres of Indian-owned land and then disperse the generated revenue to the owners.

Cobell found the government's records for tribal trust accounts were in shambles, making it hard to track how much was owed. She tried to get answers from the federal government to questions asked by tribal

See *trust*, page 3

## Officials meet to develop strategies, improvements in BIA schools

(WASHINGTON, DC.) - As a follow-up to the tribal conference held at the Department of the Interior this past November, Secretary of the Interior Ken Salazar and Secretary of Education Arne Duncan met with prominent American Indian educators Jan. 11, 2010 to discuss the educational challenges and opportunities facing tribal communities and share strategies that have helped to advance opportunities for American Indian students around the Nation.

"I asked these accomplished professionals, all of whom have exemplary records of educational service, to share their thoughts on the partnerships, projects and creative efforts that have

proven successful in their schools and communities," Salazar said. "It is essential that we continue to improve the delivery of educational services through our schools and programs while ensuring the concerns of tribes and the best interests of American Indian students are addressed."

"Today's meeting was a critical first step in our partnership with the Department of Interior and tribal leaders to address the academic needs of American Indian and Alaska Native students," said Duncan. "Our agenda is broad, our work is urgent, and we will collaborate to ensure that the unique educational and culturally related aca-

See *schools*, page 7

# Cheyenne and Arapaho Tribes

100 Red Moon Circle, P.O. Box 38, Concho, OK 73022

**Main Number: (405) 262-0345 / Toll Free: (800) 247-4612**

Operator ext. 0 / NOTE: Some office phone numbers begin with a prefix of 422 and some begin with 262.

## Cheyenne and Arapaho Tribal Offices-Concho

Department of Administration	ext. 27540
Executive Office	ext. 27400
Security Office	ext. 27911
Communications/IT	ext. 27744
Per Capita Office	ext. 27525
Records Management	ext. 27708
Accounts Payable	ext. 27500
Finance Office	ext. 27628
Enrollment Office	ext. 27602
Social Services	ext. 27583
Indian Child Welfare	ext. 27472
STOP Violence Against Indian Women	ext. 32322
Employment, Opportunity Training Serv.	ext. 27496
Department of Education	ext. 27568
Johnson O'Malley Program	ext. 27658
School Clothing Program	ext. 27733
Vocational Rehabilitation	ext. 27617
C-A Technology Innovation	ext. 27638
Language	ext. 27640
Culture & Heritage	ext. 27433
Childcare Development Center	ext. 27698
Native American Church	ext. 27712
R.E.Sp.E.C.T.	ext. 27570
R.E.A.C.H.	ext. 27687
Headstart Program	ext. 27635
Workforce Investment	ext. 27660
Personnel	ext. 27551

Environmental Protection Agency	ext. 27652
Operations & Maintenance	ext. 27546
Planning & Development	ext. 27620
Procurement	ext. 27545
Property & Supply	ext. 27534
Tribal Tribune Newspaper	ext. 27446
Tribal Council	ext. 27430
Tribal Police	ext. 27703
Trial Court	ext. 27558
Economic Development	ext. 27454
Smoke Shop	ext. 27456
Roads Construction Program	ext. 27434
Election Commission	ext. 27610
Community Health Representatives	ext. 27670
Elder Care	ext. 27411
Health Education	ext. 27674
Tax Commission	ext. 27488
Crisis Assistance	ext. 27580
Office of Veteran Affairs	ext. 27682
Diabetes Wellness Program	ext. 27688
EMS	ext. 32309
Emergency Youth Shelter	ext. 27577
El Reno Indian Health Services	ext. 27631
Geary Nursing Home	ext. 27824

## Legislative Offices:

C-1 District	(405) 422-7777
C-2 District	(405) 422-7415

C-3 District	(580) 323-2324
C-4 District	(405) 422-7423
A-1 District	(405) 422-7414
A-2 District	(405) 422-7419
A-3 District	(580) 323-2423
A-4 District	(405) 422-7732

## Cheyenne and Arapaho Tribal Offices-Clinton

Housing Authority	(800) 482-4288 (580) 323-4877
Enrollment Office	(580) 323-2441
Indian Child Welfare	(580) 323-2323
Childcare Development Center	(580) 323-2363
R.E.Sp.E.C.T.	(580) 323-2602
Emergency Medical Services	(800) 464-2410 (580) 323-7087
Independent Living Center	(580) 331-2455
Elder Nutrition Center	(580) 323-0200
Substance Abuse Program	(580) 323-9400
Clinton Indian Health Services	(580) 323-2884

## Cheyenne and Arapaho Tribal Offices-Watonga

Food Distribution Program	(580) 623-7813
Watonga Fitness Center	(580) 623-2193
Watonga Indian Health Services	(580) 623-4991
Cheyenne and Arapaho Tribal College	(580) 774-3742
Calumet Grocery Store	(405) 893-2622

## First American Indian bishop dies after illness

(ALBUQUERQUE, N.M.) - The nation's first Native American bishop died Jan. 7, 2010 at a Florida hospital from an undisclosed illness, according to the Roman Catholic Diocese of Gallup. He was 64.

Donald Pelotte served for 18 years as bishop of the diocese that covers northwestern New Mexico and northeastern Arizona.

The diocese did not release details about Pelotte's illness. He was admitted to Holy Cross Hospital in Ft. Lauderdale on Dec. 27.

Pelotte's time as bishop ended about a year after he suffered severe injuries during an apparent fall in his Gallup home in July 2007. Physicians who examined the bishop contacted the police.

Lee Lamb, a spokesman for the diocese, said that Pelotte's death was not related to the fall.

Pelotte was known for his work to build the Catholic Church in Native American communities across the country, developing

training programs for deacons and lay ministers who were tribal members.

Monsignor Paul Lenz, a former longtime director of the Bureau of Catholic Indian Missions in Washington, D.C., who recommended Pelotte for bishop, recalled a celebration for Pelotte in Gallup.

It was not held in the cathedral, he said, but in a park.

"The people were overjoyed, just unbelievably happy that they could come for the ordination of one of their own," Lenz said.

Pelotte became the first Native American bishop in 1990. His father was a member of the Abenaki tribe.

Lenz and the Rev. John Hatcher, president of the St. Francis Indian Mission in St. Francis, S.D., both said Pelotte was beloved and respected by tribal members in the United States and Canada.

"He was a wonderfully happy man," Hatcher said. "To be in his presence was to be happy."

Pelotte was born April 13, 1945, in Waterville, Maine, and was ordained in 1972.

As the 33-year-old head of the Congregation of the Blessed Sacrament, Pelotte was the youngest leader of a men's religious community in the United States at the time, the diocese said.

Pelotte ordained his twin brother, the Rev. Dana Pelotte, in 1999, marking the first time where a bishop ordained his twin, Lamb said.

Pelotte retired in April 2008 after the apparent fall in his home. He suffered severe bruising across his chest, arms, knuckles, legs and feet. Two months later, Pelotte reported intruders in his home, but police officers responding found no one. The bishop told officers one male and three females were running through the home, wearing costumes and masks. He said the intruders were between 3 and 5 feet tall, according to a police report.

The Diabetes Wellness Program would like to announce **buffalo meat is now available to eligible participants for disbursement.**



### As a reminder:

The Diabetes Wellness Program offers the buffalo meat distribution through a grant. This is a supplemental program for elders and diagnosed diabetic clients who are within the grant guidelines. Due to the demand for this program, we would like to remind you of the guidelines to be eligible for participation.

- You must be an enrolled Cheyenne-Arapaho tribal member or a member of a federally recognized tribe.
- You must be a diagnosed diabetic or 55 years-old and older.
- Only one disbursement of buffalo meat will be given per household. You cannot give the same address as another participant.
- You must live within the Cheyenne-Arapaho county service area.

Those who do not meet the guideline, will no longer be able to receive the buffalo meat.

**If you have any questions, please contact Diabetes Wellness at (405)422-7688.**

## Lunch & Learn

Join the Diabetes Wellness staff for lunch and learn how to keep your bones strong and healthy. Get tips on nutrition, physical activity and fitness.

**When: Wednesday, January 20th**

**Time: Noon to 1:00pm**

**Location: Willie Fletcher Wellness Center (Conference Room)**

**Topic: Building Stronger Bones**

Dana Attocknie, Managing Editor  
(405) 422-7608 dattocknie@c-a-tribes.org

**Cheyenne and Arapaho**  
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Oklahoma Press Association member



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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - \$35; Enrolled C & A tribal members - FREE.

**DEADLINES:** The Tribal Tribune is published on the 1st and 15th of each month. The deadline for the 1st issue is the 23rd of the previous month and the deadline for the 15th issue is the 8th of that month.

# W. Richard 'Dick' West, Sr. art scholarship

Submitted article

The Cheyenne and Arapaho tribes Department of Education has been receiving a contribution for an art scholarship from a most gracious tribal member, W. Richard West, Jr. The scholarship is named in honor of his late father, Walter Richard (Dick) West, Sr., who passed away on May 3, 1996. His Cheyenne Indian name was "Wah-Pah-Nah-Yah" or Lightfoot Runner.

Richard, Jr., better known as Rick West, was honored during the Cheyenne and Arapaho Colony powwow with a gift of a beautiful eagle blanket from the Department of Education.

Doris Yelloweyes Hamilton, a noted seamstress of El Reno, Okla., made the blanket. West is the former director of the Smithsonian Institute's National Museum of the American Indian, in Washington, D.C.

West has pledged an amount each year plus a matching amount from a donor foundation, first the Ford Foundation, now the Kaiser Foundation. West has stipulated the scholarship is to be awarded to a Cheyenne and Arapaho student or students, majoring in art, because his father was an artist.

Applicants must be a current student enrolled in a college or university and must be a member of the Cheyenne and Arapaho tribes.

Applicants must provide the following information:

1. Verification of Cheyenne and Arapaho tribal membership/copy of CDIB.

2. A completed Gaming application (go to [www.c-a-tribes.org/education](http://www.c-a-tribes.org/education)).
3. A letter from the school advisor verifying the degree program the student is enrolled in.
4. A copy of the students degree plan.
5. An official transcript of grades.
6. A personal letter of intent (stating educational plans in regards to the degree that will be earned and objectives following graduation).

Two scholarships will be given in the spring 2010 term.

The two scholarship recipients for Fall 2009 were Eaneva Winesberry from California and B.J. Stepp from Elk City, Okla. The students were selected according to their major and interest in art, past academic performance, and that their first interest is drawing. William 'B.J.' Stepp, Jr., of Elk City, Okla., son of William and Leona Stepp; and Eaneva Winesberry of Marin, Calif., daughter of Rita Whiteshield, each received a scholarship in the amount of \$2,500 for the Fall 2009 term.

Stepp is a student at Southwestern Oklahoma State University in Weatherford, Okla., classified as a senior. His major is art education, and he wishes to be an art teacher.

A natural born artist, he had attended the Institute of American Indian Arts in Santa Fe, N.M. for two years, and transferred to SWOSU to complete his bachelor's degree. He also received an associate degree in art from IAIA. He participates in local art shows and art fes-

tivals. He also is active in cultural activities, and in the traditional dance category. His name is often seen on powwow flyers as head man dancer. He attended the honoring of Rick West at Colony and presented Rick with one of his painted drawings.

Winesberry is a freshman at the College of Marin in Kentfield, Calif.

She states, "I come from the Redmoon community in Hammon, Okla. My mother is Rita Whiteshield, daughter of Henry and Blanche White Shield. I would like to start off by thanking Richard West for the scholarship amount of \$2,500, which provides me the ability to pay for school and purchase quality art supplies that I myself would not have been able to purchase, especially in such tough economic times. Your willingness to specifically give to aspiring artists, like myself, enhances my motivation to become an extraordinary artist."

"Thank you Mr. West; I feel both fortunate and honored to accept the scholarship. Additionally, I would also like to acknowledge and thank the Cheyenne

and Arapaho education department for their continued financial and instructive support. The support makes it easier for me to afford tuition costs of college. Furthermore, I feel that the staff at the education department "goes the extra mile" in helping Native American students learn more information to make their goals more attainable. I am very grateful to the education department." Winesberry, Cheyenne Indian Name (ah' nev means Winter) was unable to attend the honoring of Rick West because of distance.

The Cheyenne and Arapaho education department is deeply grateful to W. Richard West, Jr., for the scholarship contribution. West is proud to be a member of the Cheyenne and Arapaho tribes, as we are extremely proud of him.

These words were spoken to our department of education by Rick West, "I thus want to leave you ... with some words in Cheyenne that I offer to you, in the spirit of prayer and benediction and in genuine respect and affection: (spoken in Cheyenne) "Thank you very much for your kind attention. Good luck and Godspeed."

For more information on the art scholarship, call Wanda Whiteman at the tribes education department at (405) 422-7560.



W. Richard West, Jr

## Public Notice

The Social Service Department "LIHEAP program" will be dispersing house weatherization materials for all eligible applicants starting Dec. 23, 2009 at the social service department office at the tribal complex.

Weatherization materials include: Blankets, plastic covering for windows, nails and caulking.

Questions/applications: please contact the LIHEAP coordinator Kim Lonebear at (800) 247-4612, ext. 27594 or (405) 422-7594

A.A Meetings  
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# Turner bid for Yellowstone bison draws protest

(BOZEMAN, Mont.) - Ted Turner's bid to get 74 wild bison from Yellowstone National Park is drawing stiff opposition from those who say the animals are being given up for private profit instead of conservation.

Turner has offered to take the animals at the request of Montana's Democratic Gov. Brian Schweitzer.

The media mogul would keep the bison five years and then return them to the state. As compensation, Turner would keep 90 percent of the animals' offspring, meaning he would gain an estimated 190 bison from a herd prized for its genetic purity.

Turner is a longtime champion of bison conservation and owns an estimated 50,000 of the animals across the West. But rising criticism over his latest plan is putting the media mogul in an awkward position. His representatives insist he cannot take the animals without getting something in return.

Some conservationists and federal officials - plus a group representing dozens of Native American tribes - say the animals should not be commercialized. At a public hearing over the Turner proposal, they said the bison belong on public or tribal lands. That's what state and federal officials had promised over the last several years.

"You're not being true to your commitment not to commercialize these animals," said Glenn Hockett with the Gallatin Wildlife Association.

The animals are now in disease quarantine just outside Yellowstone. They are part of a five-year program to divert some park bi-

son from the periodic slaughter the animals face, part of efforts to prevent the spread of the disease brucellosis to cattle.

After prior attempts to relocate quarantined bison failed, state officials had warned they could soon be slaughtered.

Russell Miller with Turner Enterprises said keeping most of their offspring would be necessary to offset the cost of keeping 74 animals for the state for five years.

"We thought there was an emergency," Miller said after the hearing. "We're not a philanthropy. We're trying to create a blend between conservation and commercialization."

Public comment on the proposal ended Jan 12, 2010. Montana Fish, Wildlife and Parks Director Joe Maurier will now have the final say on the fate of the quarantined bison.

Some of the Guernsey animals' offspring could be sold after five years, Ken McDonald with Fish, Wildlife and Parks said. But that commercial prospect has gone largely unnoticed by critics of the bison relocation effort, who have focused their ire on Turner.

The 2006 decision approving the quarantine program stated "the bison will remain wild and noncommercial." Opponents of

the Turner plan have pinned their complaints on those words and similar statements from state and federal officials.

McDonald acknowledged the state could have come up with a better plan for the animals years ago, but said there is now little choice. He said they need to be moved by the end of March to make room for a second round of about 80 quarantined bison.

"I know we can be criticized for, 'We should have done this five years ago,'" McDonald said. "Where we are today is, we've got these bison and we've got to find somewhere" to put them.

Despite the state's warnings of slaughter if a new home for the bison is not found soon, a U.S. Department of Agriculture representative, Ryan Clarke, said that slaughter was not imminent. Clarke noted the bison have been in quarantine for years and could remain longer if needed.

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## trust

Continued from page 1

members but didn't get any response.

"We were treated like nobodies, even though it was our own money. The people were treated terrible," Cobell said.

She added she initially didn't want to sue the federal government; she just wanted to fix its trust accounting systems. However, at that time government bureaucrats had a habit of ignoring and demeaning those who asked about trust accountability, according to Cobell. And she wasn't the only tribal treasurer who had questions.

"I just got tired of it. The only way I was going to make sense of it was to sue 'em," Cobell said.

A legislative attempt to spur trust management reform in 1994 failed because of a lack of funding. There also was no money to put up a legal fight against the government.

Cobell soon met attorney Dennis Gingold, who was a banking attorney based in Washington, D.C. Gingold was supportive from the outset.

"(Gingold) gave up his entire practice to work on this because he thought it was the right thing to do," Cobell said. "He thought the same way I did. It's not an Indian issue; it's a banking issue."

There also was help from the Native American Rights Fund, along with attorney Keith Harper and others from the firm Kilpatrick Stockton LLP. Along

the way, Cobell would win cash awards and grants that she used to pay the attorneys.

What would be later referred to as "the Cobell lawsuit" was filed in 1996. Cobell was one of five lead plaintiffs from tribes across the nation. The other plaintiffs would come to hearings when they could, but Cobell soon became the face of the case.

The plaintiffs sued the Bureau of Indian Affairs, saying the U.S. government failed to properly manage Indian trust assets. The hope was that the government would fix its accounting system and pay back-royalties to Native American landholders. The plaintiffs represented present and past Indian trust beneficiaries, including more than 300,000 current individual Indian Money account holders.

Restitution would be in the tens of billions of dollars, the plaintiffs' attorneys said then.

The odds were against the small legal team, which was dwarfed by the rows of attorneys representing the government during the hearings, Cobell said. But she remained confident.

"We knew we were right, and they were wrong. I never put that out of my mind every time I came to the table. The right has got to win," Cobell said.

There were big early victories, such as when a federal

See trust, page 7

# Elders Day Out

Inviting Cheyenne & Arapaho Tribal Elders!

Wednesday, January 20, 2010

Sam Noble Museum of Natural History

Norman, Oklahoma

## TRANSPORTATION SCHEDULE

Hammon—Community Bldg.	8:00 am	Seiling—Shell Gas Station	8:00 am
Elk City—Love's Gas Station	8:15 am	Canton—Shell Gas Station	8:45 am
Clinton—Homeland	9:00 am	Watonga—Karl's Apple Market	9:30 am
Thomas—Terrier Express	9:00 am	Kingfisher—Walmart Parking Lot	10:15 am
Weatherford—Old Walmart	9:30 am	El Reno—Walmart Parking Lot	10:15 am
Oklahoma City—Walmart Parking Lot at Reno & MacArthur Blvd.	10:30 am		



To register for transportation or for more information contact the R.E.Sp.E.C.T. Program at 405-422-7578 or 580-331-2601!

## TRIBAL TIDBITS



Courtesy photos

The Cheyenne and Arapaho tribe's Workforce Investment Act (WIA) program participants volunteered their time during Christmas break to take Christmas gifts to the residents of the Geary Nursing Home in Geary, Okla.



Eddie Blackwolf and Sage Lamebull carry Christmas stockings and gift baskets.



Sage Lamebull gets a thank you and a hand shake from one of the nursing home residents.



Courtesy photo

### Submitted article

Thank you to everyone who donated to the Cheyenne and Arapaho Head Start-Clinton program.

The children and parents had a wonderful Thanksgiving and Christmas. Each family received a turkey for Thanksgiving and a ham for Christmas. The casinos had an Angel Tree set up for people to pick a picture and purchase a gift for a child. Each child received a gift.

The children also received a lot of Christmas presents and goodies that the teachers were able to purchase with the money that was donated.

Santa also visited the center and everyone had a great time.

Appreciation goes out to everyone that donated to make this a wonderful holiday.



The Concho Head Start students try out their new indoor exercise/activity equipment they received from a grant on Jan. 12, 2010 at the Community Center in Concho, Okla.

The equipment is designed to promote physical exercise in a fun environment.



Photos by Rosemary Stephens

## Be a National Park Ranger this Summer

Apply for the Teacher to Ranger to Teacher Program Summer 2010

Put on the ranger uniform, receive training, and work for the National Park Service at Washita Battlefield National Historic Site for eight weeks between June and August 2010.

The intent of the Teacher to Ranger to Teacher (TRT) program is to link National Park units and teachers with Title I student populations in urban and rural school districts.

Teachers spend the summer working in the park performing various duties depending on their interests and the interests of the park, including developing and presenting interpretive programs for the general public,

staffing the visitor center desk, developing curriculum-based materials and taking on special projects. They spend part of their school year presenting park-related activities in uniform to their students. Teacher-Rangers also make presentations to other students, teachers, and schools during National Park Week.

The teacher will receive a stipend and the program is open to any school district teacher. Contact Kathryn Harrison, park ranger/education coordinator, (580) 497-2742 or go on line to [kathryn\\_harrison@nps.gov](mailto:kathryn_harrison@nps.gov).

For more information about the Teacher-Ranger-Teacher program, visit <http://www.nps.gov/learn/trt/>.

## ICC presents the National Indian Realty Awards

ICC Indian Enterprises will present Awards for the top 15 Indian Realty Offices in the nation and the top 20 Indian Land Professionals in the nation on Feb. 1, 2010 in Anaheim, Calif. This will be the 12th annual Realty Awards presentation.

Top Honors to David Murray and Uintah and Ouray Agency

The awards are determined by a series of tests in all aspects of realty.

Scores on the test determine points going to the scoreboard for each individual and for the realty office.

All award recipients are Indian Land Professionals (ILP) David Murray of Uintah and Ouray Agency will be presented with the "Indian Land Professional of the Year."

Uintah and Ouray Agency of Fort Duchesne, Utah will be presented with "Outstanding Realty Office of the Year."

Those receiving awards are as follows:

### Outstanding Realty Office Awards

1. Uintah and Ouray Agency (Utah)
2. Alaska Regional Office
3. Muckleshoot Indian Tribe (Washington)
4. Hopi Tribe (Arizona)
5. Yakama Nation (Washington)
6. Rocky Mountain Regional Office (Montana)
7. Midwest Regional Office (Minnesota)
8. Great Lakes Agency (Wisconsin)
9. Oneida Nation (Wisconsin)
10. Cherokee Nation (Oklahoma)
11. Minnesota Agency
12. Great Plains Regional Office (South Dakota)
13. Bristol Bay Native As-

sociation (Alaska)

14. Gila River Indian Community (Arizona)

15. Southern Plains Regional Office (Oklahoma)

### National Individual Realty Awards

1. Dave Murray, ILP Uintah and Ouray Agency
  2. Darnell Day, ILP Concho Agency OST
  3. Vonnie ShortBull, ILP Rosebud Sioux Tribe
  4. Kim Yearyeen, ILP Native Lands Consulting Services
  5. Cheryl Ethelbah, ILP White Mountain Apache Tribe
  6. Annabell Kingbird, ILP Minnesota Agency
  7. Ann Alexander, ILP Southern Plains Region
  8. Chester Earl, ILP Puyallup Tribe
  9. Davis Pecusa, ILP Hopi Tribe
  10. Roxanne Poupart, ILP Rocky Mountain Regional Office
  11. Norma Corwin, ILP Muckleshoot Indian Tribe
  12. Jeff Zander, ILP
  13. Donna Lynk, ILP Bad River Band
  14. Amy Boucher, ILP Muckleshoot Tribe
  15. Catherine Wright, ILP Hopi Tribe
  16. Clara Lovato, ILP Mes-calero Agency
  17. Annette Siquieros, ILP Papago Agency
  18. Gail Primeaux, ILP Miami Agency
  19. Robert Charley, ILP Hopi Tribe
  - Tie Rozelda Namingha, ILP, Hopi Tribe
  - Tie Marion Duffy, ILP Great Lakes Agency
- For additional information on the National Indian Realty Awards visit [www.iccindianenterprises.com](http://www.iccindianenterprises.com)

## Native artists explore skin as a subject

Eight Native American artists who investigate skin as subject matter will be presented in "HIDE: Skin as Material and Metaphor," a two-part exhibition opening at the Smithsonian's National Museum of the American Indian in New York.

Through various media, the artists use and depict skin, questioning identities and stereotypes and evoking images of landscapes, shields and fragility.

The first part of the exhibition will open March 6, 2010 with solo exhibitions by Sonya Kelliher-Combs (Inupiaq/Athabaskan) and Nadia Myre (Anishinaabe), and close Aug. 1, 2010.

The second segment, opening Saturday, Sept. 4, 2010 and closing Jan. 16, 2011, will include a solo exhibition by Michael Belmore (Ojibway) and a photographic installation with work by Arthur Renwick (Haisla), KC Adams (Métis), Terrance Houle (Blood), Rosalie Favell (Cree

Métis) and Sarah Sense (Chitimacha/Choctaw).

Video works by Myre and Houle will run in the gallery throughout the entire course of the exhibition.

"Skin is a complex and weighty subject that directly addresses issues of Native identity and history," said Kevin Gover (Pawnee/Comanche), director of the National Museum of the American Indian. "The artists in this exhibition all wrestle with this engaging question, each arriving at different places, but all contributing to an understanding of contemporary Native identity."

"There is a double meaning at play here in 'HIDE.' There is the actual material—hide—and the reference to that which is hidden, disguised and out of view," said John Haworth (Cherokee), director of the Heye Center. "Loaded with meaning as well as misrepresentation, skin is part of our identity and a cover for our inner selves."

## EATING well for DIABETES

By Kristie Purdy, MA, RD/LD  
C&A Diabetes Wellness Program

### Sugar-free does not mean calorie-free or carbohydrate-free

Just because a food or beverage says its "sugar-free," don't assume it's calorie-free or carbohydrate-free as well. A sugar-free food may not contain sugar but may contain calories from other carbohydrates, fats and proteins. If you have diabetes and are trying to control your blood glucose (sugar) levels, your best bet is to carefully read the nutrition facts label.

Over the past several years the market for sugar-free foods has exploded. Many people can eat sugar-free candy like there's no tomorrow. Eating large amounts of sugar-free foods can raise blood sugar and several hundred calories a day can be eaten without even realizing it. For the sake of carbohydrate counting in controlling blood sugar levels, it does not matter what form of carbohydrate the food comes in. The carbohydrate can come from natural sugar, added sugars, grain, milk, etc.

Many sugar-free foods contain more fat than their traditional counterparts do. Food manufacturers need to make-up for loss of flavor in some way, and they often choose to add more fat to meet customer's preferences for rich-tasting foods.

Many food labels are very misleading. It is important to make wise food choices and understand the terminology used by many food labels. Below is a list of terms many food labels use along with their meaning.

- **Sugar-Free:** The food must contain less than 0.5 grams of sugar per serving.
- **No Sugar-Added or Without Added Sugar:** The food must have no sugar added during packing or processing, including the addition of foods that naturally contain sugar such as fruit juice or purees. These foods are to not undergo any processing that increases the sugar content beyond that naturally found in the food.
- **Reduced Sugar:** Any food labeled with this term must contain at least 25 percent less sugar than its traditional counterpart.

Many no-sugar added ice-creams or chocolate offer no benefit over traditional versions.

Treats such as these contain sugar, because they are made from milk, which contains the natural sugar lactose. The so-called "added

sugars" do not change the total carbohydrates much, if at all. It is usually better to enjoy a small serving of a high-quality treat you will truly enjoy.

It's a myth that people with diabetes can not eat any sugar. You can have food or drinks sweetened with sugar if you work them into a smart eating plan that controls the amount of total carbohydrate at each meal. While your body needs carbohydrates for energy, having too many carbohydrates in any form can push your blood sugars out of range.

Many sugar-free candies and sweets contain sugar-alcohols. When eaten in moderate to high quantities, sugar alcohols can have a "laxative" effect on many people. This is because part of the sugar alcohols are not digested or absorbed. The sugar alcohol goes through the intestinal tract and starts to ferment and attract water. This can create discomfort in many people ranging from gas to diarrhea.

Many people with diabetes who are trying to control their blood sugar and people who are trying to control their total calorie intake for weight maintenance turn to sugar substitutes and artificial sweeteners.

Sugar substitutes and artificial sweeteners are widely used and can be found in many types of food ranging from soda, candy and yogurt. Artificial sweeteners are approved by the Food and Drug Administration (FDA). Based on research, they pose little or no risk when used in moderation.

Again, it's important to read the nutrition facts label because some sugar-free foods do contain fewer carbohydrates. So, do not dismiss these foods altogether. The following sugar-free foods do contain fewer total carbohydrates: most diet soft-drinks, most gelatin desserts, pudding, and yogurt.

You can become a smart shopper by getting the facts on food labels and learning what the terminology on many of these food labels mean.

Studies have shown that many consumers tend to over eat foods that are labeled "reduced sugar." Portion control is key for anyone trying to eat a well-balanced and nutritious diet.

For questions concerning nutrition, diabetes or weight management, please contact the Cheyenne and Arapaho Diabetes Wellness Program at (405) 422-7688.

# WANTED

## NATIVE AMERICAN INDIAN GOODS

### Pawn \* Buy \* Sell \* Trade

Dean's Drive-Thru Pawn Shop  
2617 S. Robinson-OKC, OK

[www.deanspawn.com](http://www.deanspawn.com)

# 405.239.2774

# Keene James is varsity track, field record breaker

Submitted article

Keene James attends John Marshall High School in Oklahoma City. The Cheyenne and Arapaho tribe's higher education staff recently visited with him, while providing college preparation information to tribal students.

James is on schedule to graduate with the class of 2010.

James was born on Jan. 3, 1991 in El Reno, Okla. He is ¼ Cheyenne and his mother is Jozet James. She is ½ Cheyenne. He is a member of the Cheyenne and Arapaho tribes. His family is from El Reno, Okla.

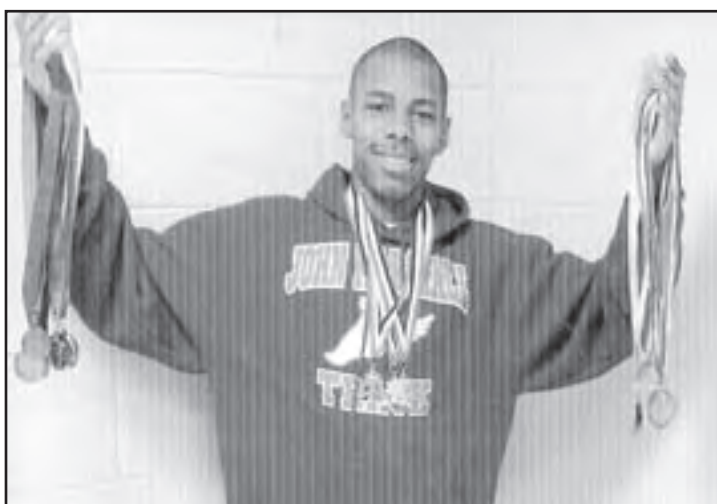
He attends John Marshall High School in Oklahoma City where he runs track and field. He participates in the open 100, 200, 400 and 4 by 4 relays. He has broken two

records with his relay team. James plans to break the record again this year. He has over 20 metals in track.

Outside of track, he is Skills USA president of auto collision repair class. He is vice-president of John Marshall's FFA program.

James is a member of John Marshall's Native American Club. He also designed the club t-shirt. James is a very hard worker for the club.

James has 30 academic awards and 20 metals for showing rabbits at fairs. James



Keene James

Courtesy photo

plays football, basketball and baseball. He currently has a 3.2 GPA.

"He is a perfect example of a hardworking student," Rachel McCoy, prevention monitor at Oklahoma City Public Schools Native American Student Services, said.

# Justice Department orders crackdown on tribal crime

(WASHINGTON) - The Justice Department on Jan. 11, 2010 ordered prosecutors in 33 states to step up their efforts to combat persistently high violent crime on Indian reservations,

particularly offenses against women and children.

Attorney General Eric Holder was to announce the initiative after his deputy, David Ogden, issued a memo to federal prose-

cutors in those areas instructing them to do more to fight tribal crime - a problem the Justice Department has long been accused of ignoring.

Ogden's memo also said 47

new prosecutors and FBI personnel will be assigned to handle such crimes.

On tribal lands, federal officials are usually responsible for prosecuting serious crimes.

While the nationwide crime rate continues to fall, statistics show American Indians are the victims of violent crime at more than twice the national rate - and some tribes have murder rates against women 10 times greater than the national average.

Often, law enforcement on reservations is stretched thin across wide geographic areas.

Still, little is known about what exactly is happening on reservations or how the incidents are handled. Data has been sparse for decades and crime surveys rarely separate out tribal statistics.

Ogden wrote in the memo that the new demands being placed on prosecutors will help make reservations safer and turn back the unacceptable tide of domestic and sexual violence there."

The issue of jurisdiction has also long been an obstacle. The Justice Department shares responsibility for Indian crime with the Bureau of Indian Affairs, which is part of the Interior Department, and with state and tribal governments. Jurisdiction over a crime can vary by state, by the severity of the crime and by whether the victim and suspect are Indian or non-Indian.

While the Bureau of Indian Affairs polices reservations, the Justice Department's role involves investigating and prosecuting crimes that fall under federal jurisdiction and administering grant programs designed to reduce crime on reservations.

Democrats in Congress criticized the Bush administration for not doing more to address the problem and for declining to prosecute many crimes in Indian country.

While campaigning on Indian reservations last year during the Democratic primary, President Barack Obama promised more protections for tribes, including efforts to improve law enforcement.

## REACHing Out



### TALKING CIRCLES

\$50 Wal-Mart card  
for TOBACCO USERS

WHO ARE THINKING ABOUT QUITTING

The Cheyenne and Arapaho Tribes Southern Plains R.E.A.C.H. U.S. Project will be conducting the focus group "Talking Circles" in various locations throughout Western Oklahoma beginning in January. R.E.A.C.H. U.S., the Oklahoma State Department of Health and the University of Oklahoma will combine efforts to gain insight into tobacco use among the tribes. Tribal people who use tobacco and wish to quit are encouraged to be a part of the "Talking Circles" which are about quitting commercial tobacco and finding materials that promote cessation. If you qualify, you can receive a \$50 Wal-Mart card. Participants in the age group of 35-50 will have priority, but other age groups will be considered. The "Talking Circles" will be conducted in Clinton, El Reno and Watonga in January. Tentative dates for the Talking Circles are as follows:

<b>Clinton</b>	<b>1 - 4 p.m.</b>	<b>Jan. 23, 2010</b>	<b>Fitness Center</b>
<b>Watonga</b>	<b>1 - 4 p.m.</b>	<b>Jan. 30, 2010</b>	<b>Watonga Multipurpose Center</b>
<b>El Reno</b>	<b>1 - 4 p.m.</b>	<b>Feb. 6, 2010</b>	<b>Education Office</b>

If you are interested in participating contact Margie Deer at the R.E.A.C.H. U.S. Program to sign up. You may leave a message by stating your name and a contact number. The phone number is (405) 422-7687. The office is located with RESpECT at the court house in Concho if you wish to sign up there. If out of the area call TOLL FREE 1 (800) 247-4612 Extension 27687. Leave a call-back number.

The "Talking Circle" focus groups will also be held in Hammon and Elk City in February, Seiling and Canton in March. Please call if you are interested in being in a focus group in any of these areas.

## Chicken and Gravy



### Cooking with commods

- 4 boneless, skinless chicken breasts
- 2 tablespoons butter
- 2 tablespoons olive oil
- 1/2 cup flour
- 1 quart chicken broth (preferably homemade)
- salt to taste

Directions

1. Put butter and olive oil in a pan over medium-high heat.

2. Cut up chicken into pieces and add to pan. Cook slightly, but don't brown too much.
3. Add chicken broth.
4. When the broth is warm, mix about a cup of broth with the flour in a mixing bowl, and stir until well mixed.
5. When the broth in the saute pan is at a full boil, add the flour/broth mixture.
6. Stir until thickened.
7. Add salt.
8. Serve over toast

## BRIEFS

### Roles and Responsibilities for all Supervisors, Secretaries, Board Members and all Administrative Support Staff Seminar

Jan. 25-26, 2010 at the Tropicana Hotel and Casino in Las Vegas, Nev. To register or for more information log on to www.jdaltoninstitute.com/seminars.html.

### Academic Excellence Workshop-Indian Ways

Jan. 28-29, 2010 in Flagstaff, Ariz. For more information or to register visit www.stcstt.com.

### Tribal Election Clerk, Staff Critical Issues for all Election staff and all Election Board, Committee Members

Feb. 1-2, 2010 at the Tropicana Hotel and Casino in Las Vegas, Nev. To register or for more information visit www.jdaltoninstitute.com/seminars.html.

### The National Indian Gaming Association Winter Legislative Summit

Feb. 3-4, 2010 at the Hyatt Regency on Capitol Hill in Washington, DC. For more information visit www.indian-

gaming.org.

### The 2010 Mid-Year United National Indian Tribal Youth, Inc. (UNITY) Conference

Feb. 10-14, 2010 at the Hilton in Arlington, Va. For more information visit www.unityinc.org.

### Indian Country Human Resource Certification,

Feb. 15-19, 2010 at the Downstream Casino Resort in Quapaw, Okla. For more information or to register visit www.falmouthinstitute.com.

### The Third annual Tribal Casino and Hotel Development Conference-Master Planning, Design and Construction

Feb. 16-18, 2010 at the Pechanga Resort and Casino in Temecula, Calif. For more information or to register visit www.indiangaming.org.

### The 2010 Inaugural Alliance for Multilingual Multicultural Education Conference-Equal Educational Access and Opportunity

Feb. 17-19, 2010 at the Albuquerque Convention Center

in Albuquerque, N.M. For more information or to register visit www.conference.ammeglobal.org.

### The 28th annual Water Law Conference-Environment, Energy, Resources

Feb. 17-19, 2010 at the U.S. Grant Hotel in San Diego, Calif. For more information or to register visit www.abanet.org.

### Children with Diabetes Conference-Focus on Technology

Feb. 19-21, 2010 at the JW Marriott in Houston, Texas. For

more information or to register visit www.diabetesnet.com.

### The Online Marketing Education Conference

Feb. 22-25, 2010 in San Diego, Calif. To register visit www.onlinemarketingsummit.com.

### The National American Indian Housing Council Legislative Conference

Feb. 23-25, 2010 at the Liaison Capitol Hill Hotel in Washington, D.C. For more information or to register visit www.naihc.net.



# CALENDAR of Events

### Kiowa Tia-Piah Society Benefit powwow

Jan. 16, 2010 at the Comanche Nation Community Center in Apache, Okla. For more information, call Wallace "Hokeah" Bointy at (405) 933-3862.

### Third annual Doyle Lonelodge Memorial Tournament

Jan. 16-17, 2010 Clinton Housing Authority building. Deadline to enter is noon Jan. 14, 2010. No entry fee. Must be Cheyenne and Arapaho tribal members and 18 years of age. To register, call R.E.Sp.E.C.T at (405) 422-7570.

### The 65th annual Northeastern Oklahoma A&M College High School Basketball Tournament

Jan. 21-23, 2010 at the college gymnasium in Miami, Okla. For more information the NEO High School Basketball Tournament contact Grover at (918) 540-6296.

### Benefit Dance for the Native American Church

Jan. 23 2010 at the Multipurpose Center in Watonga, Okla. Gourd dancing 2 p.m. Dinner served at 5 p.m.

### R.E.A.C.H. U.S. "Talking Circles"

From 1 to 4 p.m. Jan. 23, 2010 at the fitness center in Clinton, Okla., from 1 to 4 p.m. Jan. 30, 2010 in Watonga, Okla. and from 1 to 4 p.m. Feb. 6, 2010 at the education building in El Reno, Okla. Tribal people who use tobacco and wish to quit are encouraged to attend. For more information, call Margie Deer at (405) 422-7687.

### Comanche Nation College benefit gourd dance

For the Student Government Association from 6 to 10 p.m. Jan. 29, 2010 at the Comanche Nation College Gym, 1608 S.W. 9th St. in Lawton, Okla. For more information, call Guy Narcomey at (580) 574-3221 or Brian Daffron at (580) 933-2129.

### The 24th annual Tulsa Indian Art Festival

Feb. 12-14, 2010 at the Spirit Bank Event Center in Tulsa, Okla. For more information call (918) 838-3875 or visit info@Tulsaindianartfestival.com.

### Chasing the Sun powwow and 10K

Feb. 19-21, 2010 at the University of Phoenix Stadium in Glendale, Ariz. First powwow held in a NFL stadium. \$100,000 in total prize money. For more information, visit www.nabihoops.com.

### Seminole Nation Domestic Violence Awareness banquet/style show

At 6 p.m. Feb. 20, 2010 at the Enoch Kelly Haney Center at Seminole State College, 2701 Boren Blvd., Seminole, Okla. Cost is \$25 per ticket. Style Show starts at 4:45 p.m.

### The 11th annual Trout Derby

Feb. 20, 2010 at Lake Pawhuska in Pawhuska, Okla. For more information call the Pawhuska Chamber of Commerce at (918) 287-1208.

### The annual Peoria Tribe Stomp Dance

At 7 p.m. on March 6, 2010 Festival of Native American Dance held the first weekend in March. For more information, call (918) 540-2535.

### The 2010 Miss, Jr, and Little Miss Indian Oklahoma City competition/performance

At 6:30 p.m. March 26, 2010 at the Destiny Christian Center, 3801 SE 29th St. Del City, Okla. For more information, call Shirley Wapskineh at (405) 632-5227. Visit www.misindianokc.org or www.okcic.com.

### Third annual "Preparing for the seventh generation: The journey continues in commercial tobacco control"

April 7, 8, 9, 2010 in Oklahoma City. No registration fee.

### Oklahoma City University Native American Society annual spring contest powwow

April 10, 2010 at the OCU Freede Wellness Center in Oklahoma City.

### Wounded Knee Memorial Motorcycle Run

Aug. 6-7, 2010 from Fort Yates, N.D. to Eagle Butte, S.D. to Wounded Knee. Honoring the trail of Chief Big Foot. For more information, call Bruce Hansen at (262) 903-0869 or hansen@elknet.net

### The Cheyenne and Arapaho tribes Workforce Investment Act (WIA)

(800) 247-4612, ext. 27664  
(405) 422-7664.

# HAPPY BIRTHDAY

To You ... Happy Birthday To You ... Happy Birthday Dear ...



Happy Birthday Auretha Cly  
From all your friends at Clinton Head Start

Happy 12<sup>th</sup> Birthday Hanna (Mudbug)  
Love your family

Happy Birthday Levi Pedro  
Dec. 23 and Tracy Hornsby, Jr.  
Jan. 24  
Love, Mom

Happy 5<sup>th</sup> Birthday Lindsay Roy  
Jan. 21  
Our Arapaho Princess  
Love, mom, dad and the whole crew

Happy Birthday Bruce Whiteman III  
Jan. 25-13 years old  
Glad you're becoming a teenager!  
Love, Dad, Aunties, Brothers, and family

Happy Birthday Matilda Marquez  
From all your friends at Clinton Head Start

Happy 21<sup>st</sup> Birthday William Brady "Big Brady"  
Jan. 16  
Happy Birthday Raymond Brady "Little Brady"  
Jan. 22  
Love you both, mom



Happy 58<sup>th</sup> Birthday Murray Whiteshield  
Jan. 27  
From E.J. Baker and your many relatives and friends

Happy Birthday to Jim and AJ Paris  
Jan. 4th  
Love the Beaches, Bishes & Nowlins

Happy Birthday Rosemary (Bird) Armendariz and Roselyn (Bird) Nolasquez  
Jan. 22  
and many more to come. We all love you and wish you the best. Love from the hearts of mom, sisters, children, grandchildren, aunts, uncle's and all the rest of the family



Happy Birthday Wade(r)  
Jan. 26  
You are the pride and joy of your dad's and mine's lives and we are very proud of the man you are.



Happy Birthday Ransel Rhoads  
From all your friends at Clinton Head Start



Happy 58<sup>th</sup> Birthday Rupert  
Love your family

The C-1 Legislative office of Bruce Whiteman Jr and staff would like to thank Economic Development, O&M, and Property and Supply for helping with the moving of offices the first week of January.

*God's Treasure*  
By Marion Redbird  
Look up and catch the morning sun - it's just now peeking through; look up before the clouds turn gray ... a summer shower is due.

Look and see the silvery dew. Look and see the silvery stars as God turns on their light; look up and see the yellow moon cast shadows in the night.  
Look down into a child's eyes, so innocent and sweet and when you see a mother's smile, it makes your day complete.

When nighttime ends and day begin, what beauty we behold!  
For all good things He promised us - God's treasures now unfold.

**Volunteer Sought**  
Anyone interested in volunteering to hold a weekly prayer circle or Native American group with the Native American women at the Mabel Bassett Correctional Facility in McCloud, Okla. is asked to complete a volunteer application from the Department of Corrections Web site. The application can be sent to the chaplain or warden Mike Murray, 29501 N. Kickapoo Rd., McCloud, OK 74851-8320.

Happy 14th Birthday Adeas Jaughn Old Crow  
Jan. 20  
Love mama Mel

*She's my Mom  
I love everything you do ... and what you stand for  
My mom. She's shown me love in many ways ... she's a friend when I'm in need to vent ... She's my mom ... My mom's all she can be. She's my hero ... even tho her second home's the casino J ... She's my mom  
My Mom is the best Nisket a Nisket can be ... just ask her grandkids and they'll agree ...  
She's my mom. I love her soo ... just wanted the world to know ... She's my mom  
Whenever you need me, or whether you don't, I will always make a joke if you laugh or if you cry ...  
MOMMA don't be scared ... I'll wipe your eye, in the beginning or in the end ... you'll always be my true friend!  
I love you and miss you whole buncha much.  
Happy New Year's and Have the best birthday ever (an then sum)  
Alice Whitetail. Happy Birthday momma and may God keep you safe - you're in my prayer.  
Love your baby girl D\*Bo/Tristin Rivers.  
God Bless*

Happy Birthday Angela French-Jan. 14  
Wilma Redbird-Jan. 15  
Ramona Welch-Jan. 23  
Have a very happy birthday with many more to come!  
Love, Mel

**To the people:**  
We wish to thank everyone for the help that we received for our fourth annual Nawah-Numshim Christmas dinner. Once again we had a very successful dance with lots of food, a great head staff, a big crowd and vendors who donated various items for our raffle.  
Many thanks to Santa Claus, the picture booth, Joyce Woods, Josh, Greg, No. 1 cook, Jennie Mae, Connie Old Man, Sophina Williams, Mary Vega, Eddie Big Medicine, Delores Colbert, Yo-Yo Armstrong and Susan.  
Also many thanks to Cody Zimmer, Mr. Avans, the Culture and Heritage program, the R.E.Sp.E.C.T. program and the Cheyenne and Arapaho Smoke Shop.  
Without people like you we wouldn't be able to function well. May God bless you and I wish you a very happy New Year.  
If I left anyone out, you know who you are, thank you so much, even if you had a good word or a thought about us. This is about the joy of Christmas and the children. We were unfortunately unable to give to elders because of the economy, but we will have a better year in 2010.  
Sincerely,  
Merle Big Medicine  
Nawah-Numshims  
Merlin and Julie Little  
Thunder  
Ernest Big Medicine  
Wilma Big Medicine  
Ella Akeen

### 3rd Annual Doyle Lonelodge Memorial Tournament

January 16th-17th, 2010  
Clinton Housing Authority Building

Men's and Women's Double Elimination Tournament  
Teams must be comprised of Cheyenne-Arapaho Tribal Members Only  
4 Person Roster Limit-Must be 18 years old to compete  
\*CDIB's will be checked before the team is allowed to play\*  
\*Each team should arrive 20 minutes before first game to check in\*  
\*Any player not showing proof of C-A Tribal Membership will not be allowed to play\*

**NO ENTRY FEE!!**  
NFHS Basketball Rules will be in effect  
Deadline to enter is January 14th @ noon.  
Teams will be called with first game time @ 5:00 p.m on January 15th.  
Rosters should also be turned in at this time

To Register a team please contact the R.E.Sp.E.C.T. Concho Office at (405) 422-7570 or 1-800-247-4612 ext. 37570

## Adult Co-Ed Volleyball League

League Begins: February 7, 2010  
League Tournament: March 7, 2010  
Deadline to Enter Team: Wednesday, February 3  
Darlington School Gym

All players must be a Cheyenne-Arapaho Tribal Member, or a Native American residing within the C-A service area, and must be 18 yrs and older!

- 9 player roster
- 6 players on court at all times, 3 male & 3 female
- Game point will be 21 and/or a 30-minute time limit

To register or for more information contact the R.E.Sp.E.C.T. Program at 405-422-7570!

# Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: awhite@c-a-tribes.org

### Administrative Assistant Arapaho District 1 Office

#### QUALIFICATIONS:

Minimum high school diploma or GED certification required. Two years of secretarial experience that includes demonstrated computer skills and knowledge. Good grammar and communication skills with ability to compose accurate and professional business letters. Willing to work other than normal hours. Must be familiar with the Cheyenne and Arapaho legislative process. Other duties as assigned. Must be a Cheyenne and Arapaho tribal member. Must be an Arapaho district 1 resident.

**SALARY:** Negotiable

### Cook-Child Care Program Concho

#### QUALIFICATIONS:

High school diploma or GED certification. Must have a valid Oklahoma driver's license. Must pass physical exam. Must have adequate transportation. Ability to pass background check. Must be willing to work flexible hours. Must have food handlers card.

**SALARY:** Negotiable

### Cook-Child Care Program Clinton

#### QUALIFICATIONS:

High school diploma or GED certification. Must have a valid Oklahoma driver's license. Must pass physical exam. Must have adequate transportation. Ability to pass background check. Must be willing to work flexible hours. Must have food handlers card.

**SALARY:** Negotiable

### Culture & Heritage Cheyenne Director

#### QUALIFICATIONS:

Must be thoroughly familiar with the culture, history, and traditions of the Cheyenne-Arapaho tribes. Must be able to make decisions independently and justify all decisions made. Must be able to meet with tribal members on an individual and group basis and demonstrate professional conduct. Must not be easily intimidated by peers, tribal members or tribal representatives. Must have valid Oklahoma driver's license and reliable transportation. Bachelor's degree preferred. Associates degree with an extensive background in Cheyenne-Arapaho traditional activities will be acceptable. Must be computer literate.

**SALARY:** Negotiable

### Administrative Assistant Youth Counselor

#### QUALIFICATIONS:

Must have graduated from high school or possess a GED certificate. Possess a valid Oklahoma driver's license and be able to provide verification of mandatory vehicle insurance verification.

**SALARY:** Negotiable

### Wellness Technician R.E.Sp.E.C.T.-Concho

#### QUALIFICATIONS:

High school diploma or GED required. Valid Oklahoma driver's license and reliable transportation. Must have an active background in sports, recreation and exercise. Must have the ability to interact and communicate with varied educational levels. Must have at least one year of experience working in the sports, recreational or exercise fields. Must be knowledgeable of and sensitive to the tribal member's culture, heritage and beliefs. Good health and physical fitness a plus. Adult and child CPR/first aid certificate required. Cheyenne and Arapaho tribal member preference.

**SALARY:** Negotiable

### Crisis Assistance Director

#### QUALIFICATIONS:

Bachelor's degree (social work or related field preferred) or an equivalent combination of education and experience. Must have ability to work with high number of clients and work as efficiently as possible. Requires two years of professional related experience. Ability to work flexible hours and willing to work other than normal working hours. Must have knowledge of crisis theory and interventions. Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and the general public. Ability to maintain a high level of confidentiality on all client matters and other matters protected by the privacy act as well as other confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Must possess a current Oklahoma driver's license to operate a government and tribal owned vehicle. Prefer knowledge of Cheyenne and Arapaho/Native American cultures and values. Ability to work with difficult clientele. Tribal preference.

**SALARY:** Negotiable

### R.E.Sp.E.C.T. Director

#### QUALIFICATIONS:

Must possess a high school diploma or GED certification. A.A. degree preferred or three years supervisory work experience in related field or its equivalent. Must receive and maintain CPR/first aid certifications. Must be knowledgeable about the Cheyenne and Arapaho people, communities, traditions, culture and customs. Must possess valid Oklahoma driver's license. Must pass background and records check. Cheyenne and Arapaho preference.

**SALARY:** Negotiable

### Chief of Security Concho

#### QUALIFICATIONS:

High school diploma or GED certified. Must possess a valid Oklahoma driver's license and have reliable transportation. Must be able to be Phase IV qualified by completing C.L.E.E.T. security course within 180 day of hire. Must be bondable. Must be willing to work flexible hours which will include nights and weekends. Must not be pending any criminal charges, felonies or misdemeanors of high risk. Must be in good physical condition. Must have excellent oral and written communication skills. Must have adequate knowledge of safety stands and regulations.

**SALARY:** Negotiable

### Emergency Medical Technician/Paramedic

#### QUALIFICATIONS:

All EMT-P candidates must be licensed by the state of Oklahoma and licensed by the National Registry. Must be at least twenty-one years of age and physically capable of lifting 100 pounds dead weight. Must have completed EVOC Course. Must have a current CPR Class "C." Must have AED certification. Must have valid driver's license, good driving record (no accidents in last two years). Must pass pre-employment drug and alcohol test. Must be willing to work flexible hours, including weekends and holidays. Ability to work well with the client population within the service area. Be able to pass physical examination (no combination of diabetes and hypertension) Knowledge of medical terminology, anatomy and physiology. Must have high school diploma or GED. Cheyenne-Arapaho preference.

**SALARY:** Negotiable

### Wellness Technician R.E.Sp.E.C.T.-Clinton

#### QUALIFICATIONS:

High school diploma or GED required. Valid Oklahoma driver's license and reliable transportation. Must have an active background in sports, recreation and exercise. Must have the ability to interact and communicate with varied educational levels. Must have at least one year of experience working in the sports, recreational or exercise fields. Must be knowledgeable of and sensitive to the tribal member's culture, heritage and beliefs. Good health and physical fitness a plus. Adult and child CPR/first aid certificate required. Cheyenne and Arapaho tribal member preference.

**SALARY:** Negotiable

### Culture & Heritage Arapaho Director

#### QUALIFICATIONS:

Must be thoroughly familiar with the culture, history, and traditions of the Cheyenne-Arapaho tribes. Must be able to make decisions independently and justify all decisions made. Must be able to meet with tribal members on an individual and group basis and demonstrate professional conduct. Must not be easily intimidated by peers, tribal members or tribal representatives. Must have valid Oklahoma driver's license and reliable transportation. Bachelor's degree preferred. Associates degree with an extensive background in Cheyenne-Arapaho traditional activities will be acceptable. Must be computer literate.

**SALARY:** Negotiable

### Diabetes Wellness Director

#### QUALIFICATIONS:

Master degree in health education and/or health administration and a minimum of three years administrative experience with demonstrated skills in grant and contract writing, initiative in assuming responsibilities, supervising subordinates, and ability to work cooperatively with professionals as well as lay people in the communities. Note: No substitution is allowed for required supervisory experience. Must have current Oklahoma driver's license.

**SALARY:** Negotiable

## schools

Continued from page 1

demic needs of these students are met."

Improving Indian education was a major topic of discussion during President Barack Obama's historic meeting with tribal leaders at the Interior Department in November 2009.

More than 400 members of federally recognized tribes participated in the event. "Following the White House Tribal Nations Conference, it was clear to me that we must do more to ensure that American Indian students receive an academically rigorous, culturally appropriate education that will prepare them to be productive citizens and leaders in their communities and help to build safer, stronger, healthier, and more prosperous Indian communities," Salazar said.

The discussion at Interior headquarters included a presentation on major concerns and challenges by Interior officials, including Assistant Secretary-Indian Affairs Larry Echo Hawk, and a panel discussion by the experts, who described some of the experiences and education practices that have shown significant results in their states and tribal communities.

Interior's Bureau of Indian Education educates more than 44,000 Indian students in 183 schools and two tribal colleges and the Obama Administration has made educational reform and improvements a focus of its assistance efforts in Indian Country.

The goal of the administration's overall efforts, including the president's \$3 billion invest-

ment in Indian Country through the Recovery and Reinvestment Act, is to help empower American Indian nations so they can build a future of their choosing.

The panelists included the following: Patricia Whitefoot, president of the National Indian Education Association; Sam Deloria, a nationally renowned Indian policy expert who was executive director of the American Indian Graduate Center; Denise Juneau, superintendent of Public Instruction for state of Montana (and the first American Indian to hold statewide office in Montana); Ryan Wilson, president of the National Alliance to Save Native Languages and former president of the National Indian Education Association; Keith Moore, former director of Indian Education for South Dakota's Department of Education; Benny Shendo, former cabinet secretary of Indian Affairs for the state of New Mexico and director of the American Indian Program at Stanford University; Colin Kippen, former senior counsel to the Senate Indian Affairs Committee; Kara Bobroff, founder of the Native American Community Academy; Patrick Shannon, a former appointee of Michigan Gov. Granholm, overseeing more than 40 charter schools throughout Michigan, with more than 10,000 students; Robert Cook, former president of the National Indian Education Association; and Notah Begay III, founder of the Notah Begay III Foundation which promotes the health, wellness and leadership development of Native American youth.

## TRIBAL TRIBUNE DEADLINES

The 8th and 23rd of each month.



**League #1**  
1. W.A.C.K. Park  
2. Tom Rodriguez  
3. Master Blanes

**League #2**  
1. 4 Balls & 2 Bags  
2. Ethna  
3. Average Joe

**League #3**  
1. Flying Dummies  
2. Blue Sky  
3. Some OK Galsies

**League #4**  
1. Three in One  
2. Brooklyn Bazzards  
3. Red!

Bowling Incentive Activity for League Winners  
January 23, 2010  
12:00-2:00  
El Reno Bowl  
Bowling, Food & Prizes.  
Please wear your shirts!

<b>Highest Average</b> Edward Sage Minnie Woods Mike Woods Marge Day Terry Hamilton Johnna Blue Josh Littlefield Tasha Littlefield	<b>Highest Strike Series</b> Edward Sage Minnie Woods Mike Woods Marge Day Terry Hamilton Paula Levy Josh Littlefield Terry Hank
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## trust

Continued from page 3

judge ruled that two cabinet-level secretaries were in contempt of court for failing to produce adequate financial records for federal trust funds.

The plaintiffs' team also proved the government mismanaged and neglected trust funds for more than a century.

"That was just the best for me," Cobell said.

There also were frustrating setbacks, such as when the federal judge who presided over the case since the beginning was removed in 2006.

A panel of judges from the U.S. Court of Appeals for the District of Columbia Circuit ordered Federal Judge Royce Lamberth removed from the case, saying he lost his objectivity. The court cited one particularly harsh decision in which he accused the government of racism.

"That was a low point. We knew it would be hard to get a new judge up to speed," Cobell said. "The government has all the money in the world, but we don't have deep pockets."

The government continued to contend it owed beneficiaries nothing, one argument among many that was hard for Cobell to take.

Additionally, the plaintiffs didn't have any more money to keep fighting the government.

After many battles and reversals, President Barack Obama pushed for a settlement and both sides were brought in to come up with a solution.

Cobell said her side had to get the government to move its settlement figure from zero to \$3.4 billion. Settlement talks went up to the wire, nearly falling apart the night before the settlement news conference was called.

"I would say that was one hell of an achievement," Cobell said. "I felt good that we actually had a settlement. I suppose I would have felt better if we negotiated for more, but I thought it was something historical."

The settlement includes \$1.4 billion for beneficiaries, with most getting at least \$1,500. It also included \$2 billion to buy reservation land held by multiple owners and turn it over to tribes. Finally, a \$60 million scholarship account was established for tribal members to attend colleges or vocational schools.

"I had a feeling that we do matter, that we're not invisible people," Cobell said.

"This shows we do have a voice."

Cobell isn't yet ready to relax.

Her focus now is on getting Congress and a federal judge to approve the settlement and then getting payments into the hands of Native American landowners.

A deadline for Congress to approve the settlement has been pushed back to Feb. 28, 2010 and the plaintiffs' lawyers agreed to cap legal fees at \$100 million.

According to the federal Office of the Special Trustee, there are 18,158 known Individual Indian Money account holders in Montana, meaning more than \$27 million in settlement cash could be coming to the state if each holder gets at least \$1,500.

Life is slowly returning to normal for Cobell, or at least her closest approximation of normal.

She plans to work at her "real job" as chairwoman of the Native American Bank based in Browning. She also wants to spend more time with her family, which she said sacrificed a lot during her long court battle.

"My heart is not in fighting the U.S. government for years and years. My heart is on building our communities so we don't have to rely on the U.S. government," Cobell said.

FILED  
DEC 29 2009

IN THE TRIAL COURT FOR THE  
CHEYENNE AND ARAPAO TRIBES  
CONCHO, OKLAHOMA

TRIBAL CHILD SUPPORT SERVICES,  
EX REL,  
MISTY BLUE MESTETH,  
PLAINTIFF,  
vs.  
JOSE CAMPOS,  
DEFENDANT,

CASE NO. 09-21301  
PGN: 88921301  
MISTY BLUE MESTETH  
CUSTODIAN  
JOSE CAMPOS  
OBLTOR

NOTICE BY PUBLICATION

TRIAL COURT OF THE CHEYENNE & ARAPAO TRIBES: JOSE CAMPOS

TAKE NOTICE that a Motion to Accelerate the Deferred Sentence has been filed in the Court listed above by the Plaintiff, alleging that you have violated a court order to pay child support. You must appear in the Trial Court of the Cheyenne and Arapaho Tribes, Concho, Oklahoma, on the 7<sup>th</sup> day of March, 2010 at 9:00 a.m., or the Motion will be taken as true and the court will grant in favor of the Plaintiff.

Given under my hand and seal this 29th day of December, 2009

APRIL S. BUCH, CHAF 19721  
Manda Harlan, CHAF 18545  
P.O. Box 1809 Concho  
Ada, Oklahoma 74821  
(580) 436-3413  
ATTORNEY FOR TRIBAL CHILD SUPPORT ENFORCEMENT

## Living Legends

The Cheyenne and Arapaho Tribal Tribune *Living Legends* series showcases Cheyenne and Arapaho tribal elders.

With each story we're helping current and future generations learn from tribal elders as well as share in their life experiences and treasured moments. The stories in this series are personal, intimate and irreplaceable.

If you are an elder and are willing to share your history or if you would like to nominate an elder, please contact me at (800) 247-4612 x27608 or email [dattocknie@c-a-tribes.org](mailto:dattocknie@c-a-tribes.org).

Respectfully, *Dana Attocknie*

## Independence

*Continued from page 1*

Franklin Botone and it seemed like I was pregnant all the time," Bushyhead laughingly said. "Actually I had four children from that marriage. We were married from 1954 to 1961 and then I got rid of him."

Bushyhead said her dad paid for her divorce and she continued to live with her dad until his death in 1966.

"My dad never wanted me to work, but I took the civil service exam anyway during high school and I scored really high and by the time I was 18 I was working at the Clinton Naval Air Base. Then I spent 40 years working for the Concho Agency and I retired in 1995. I have always been independent, my daddy used to say too independent, but I don't think so," Bushyhead said.

She said she continued to work and raise her kids when one day she had a visitor show up out of the blue.

"One day I looked up and there stood Jerome Bushyhead and we got back together. We got remarried, then we got divorced again and I have been free ever since," Bushyhead said.

Bushyhead said from approximately 1967 to 1995 she spent all her time researching everything to do with the Cheyenne and Arapaho tribes.

"I have researched the land treaty involving Fort Reno and it is clear that the land belongs to the Cheyenne and Arapaho people," Bushyhead said. "It is our land and I have sent several packets to Obama's administration in hopes that someone will open one and read the proof that is inside."

In a letter dated March 30, 2009, Bushyhead wrote to President Barack Obama. She stated (in part):

"On March 17, 2009, the U.S. District Court for the District of Columbia (No. 06cv00519) ruled that the Cheyenne and Arapaho Tribes of Oklahoma lacked the right to claim the remaining approximately 7,000 acres in the Fort Reno Military Reserve outside of El Reno, Okla.

The Fort Laramie Treaty of 1851 gave us the right to claim Fort Reno when the Army abandoned 'it as a Military Post' and we now have the U.S. Department of Agriculture claiming it.

The Fort Laramie Treaty was made by D.D. Mitchell and Thomas Fritzpatrick, commissioners, specially appointed and authorized by the President of the United States, and the Sioux, Cheyennes, Arapahoes, Crows, As-

sinaboines, Gros-Ventres, Mandans and Arrickaras.

In Commissioner Mitchell's letter of Nov. 11, 1851, transmitting the treaty to Washington he glowingly tells of the provisions of the Treaty Conference. In the first paragraph, second page, he says, 'The most important provisions in the accompanying treaty I consider to be the following, first, the right acknowledged and granted on the part of the Indians to the United States to establish roads, military and other posts throughout Indian country, SO LONG as they claim or exercise ownership over it.'

"The Cheyenne and Arapaho people fully expected to get the land at Fort Reno back, but white interests have kept blocking this from happening. The Cheyenne chiefs walked out of a conference in 1890 because the government was not abiding by the treaty, leaving the Arapahos, who refused to sign until Commissioner David Jerome threatened them with guns and soldiers if they didn't sign. Arapaho Chief Left Hand thought about the attacks at Sand Creek in 1864 and the Washita in 1868 and he knew the white man was crazy, so he signed," Bushyhead said.

She said the treaty was not only broken but was stomped into the ground by the Cession Commissioners and that the Cession Agreement had signatures of women, minors, non-tribal persons and dead warriors and then the fraudulent documents were ratified.

"The tribes objected but no one in Washington would listen. I will never give up on getting Fort Reno back to the Cheyenne and Arapaho people. It is our land and I have all the documents and proof that says so," Bushyhead said. "I will just keep writing letters and sending packets until someone finally notices me."

Bushyhead said her life has been one of many gifts and laughter, but she has known sad times as well. She has buried four of her five children.

"I have buried all four of my Botone children, two of them in accidents and two of them from illnesses," Bushyhead said. "It is hard for a mother to lay her children to rest, but I know they are all waiting for me and I will see them again."

*EDITOR'S NOTE: This is the fifth in a series of stories that will showcase Cheyenne and Arapaho tribal elders. If you are an elder and are willing to share your history or if you would like to nominate an elder, please contact me at (800) 247-4612 x27608 or email: [dattocknie@c-a-tribes.org](mailto:dattocknie@c-a-tribes.org).*

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